

Justin Spilly  
PHOTO CREDIT

# The Valley Voice

*The Voices of the Columbia Valley*

## INSIDE THIS EDITION

### THIS TOO SHALL PASS

You've probably heard the phrase, "This too shall pass." It's one of those sayings that's simple yet so powerful.

### WINGS OVER THE ROCKIES NATURE FESTIVAL 2025

The Wings over the Rockies Nature Festival, May 5 - 11, 2025, is based out of Invermere, BC.

### WOMEN WHO SHAPED CANADA: CELEBRATING WOMEN'S HISTORY MONTH

March is Women's History Month, a time to recognize and celebrate the remarkable women who have made lasting contributions to Canada's history, culture, and progress.

### SPRING IS COMING: PREPARING YOUR HOME AND GARDEN FOR WARMER WEATHER

As winter loosens its grip and the days grow longer, it's time to prepare your home and garden for the arrival of spring.

**The Summit Youth Centre Hub**  
Connect + Inspire

**March @THE HUB**

**YOUTH OF THE MONTH: Reese**

**AFTER SCHOOL TIL' 8PM**

**SPRING BREAK 12-6PM**

PRIDE & ALLIES MON	TUE	OUTDOOR ACTIVITY 4PM WED	CANAL FLATS & EDGEWATER OPEN THU	JAM NIGHT! 5PM FRI	OPEN GYM SAT
POPCORN NIGHT 3	PAINTING 4	MAN HUNT 5	FORTNITE FRENZIE 6	POPCORN NIGHT 7 OPEN GYM @DTSS 1:30-5	OPEN GYM @DTSS 12-3PM 1
SEWING 10	YOUTH OF THE MONTH MEAL PICK 11	CAPTURE THE FLAG 12	BEADING 13	HIDE AND SEEK IN THE DARK 14 OPEN GYM @DTSS 1:30-5	15
BAKING 12-6PM 17	SEWING 12-6PM 18	KICK THE CAN 12-6PM 19	BAKING 12-6PM 20	BOARD GAMES 12-6PM 21	
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WEREWOLF 31					

# LETTER FROM THE VOLUNTEERS

Happy Women’s History Month! We’re proud to highlight the incredible contributions of women throughout history in this issue, so be sure to check out our featured article. And of course, St. Patrick’s Day is just around the corner—whether you’re celebrating with friends or just looking forward to a bit of luck, we hope it’s a great one for you!

We need to be honest with you—**this month, we struggled to put together enough content to keep the Valley Voice going. We rely on community submissions, and without them, we simply can’t continue.** If you or someone you know can contribute—whether it’s an article, a photo, a business ad, or even a short story—we

truly need them.

We are so grateful to everyone who has submitted content and supported us over the years. You make this publication possible. Our goal is to reach even more readers this year and keep building this amazing community-driven paper, but we can’t do it without you. If you love what we do, please share us with a friend. We’ve been around for four years now, and with your help, we’d love to grow even more.

Your support makes all the difference.

The Valley Voices Volunteers (VVV)

**MONS**  
**TEAM SPORTS**  
 (SOCCER, BASKETBALL & MORE!)

**TUES**  
**RACQUET SPORTS**  
 (PICKLEBALL, BADMINTON & MORE!)

**WEDS**  
**ARCHERY,**  
**DODGEBALL, CAPTURE THE FLAG & MORE!**

**AGE 5-13**  
**17-28TH MARCH**

**VALLEY SPORTS HUB**  
**SPRING BREAK**  
**SPORTS CAMP!**  
**AT COLUMBIA LAKE REC. CENTRE**

**MON-FRI**  
**9AM-3PM**

**THURS**  
**AIR HOCKEY,**  
**KICKBALL, BASEBALL,**  
**CRICKET & MORE!**

**FRI**  
**SPRING BREAK CUP!**  
**CAMP GAMES,**  
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### HOW ARE WE DOING?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram [@thevoicecv\\_official](https://www.instagram.com/thevoicecv_official)

OR

by email to [news@thevoiceca.ca](mailto:news@thevoiceca.ca)

# SUBMIT CONTENT

This only works if we all do. Your content is what DRIVES this publication. We need it all because we need you.

NEXT EDITION April 2, 2025

SUBMISSION DEADLINE April 1, 2025

## WE NEED

### BUSINESS ADS

Any and all businesses, organizations and entrepreneurs are welcome to submit a business ad for free. \*Ads must be refreshed periodically. Once an ad is out of date or stale, we will remove it.\*

### LOCAL PHOTOGRAPHY

Any and all are welcome and encouraged to submit their photos. Credit given when requested. Great way to get your art out to more eyes.

### PERSONAL INTEREST

Got something to say? Expert in something? Know how to handle a season with skill? Send it in! We'll edit it only if requested. We'd LOVE to publish your brilliant works.

### NEWS

Did you hear about it or see it? We could use your help! Snap a photo and send a blurb/article and we'll make sure it get included.

### BECOME A VOLUNTEER!

We are always looking for content curators, liaisons, photographers, and promoters.

Want to get involved?

Email us at [news@thevoicecv.ca](mailto:news@thevoicecv.ca)

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**VISIT US ONLINE**  
[thevoicecv.ca](http://thevoicecv.ca)

**VISIT US ON SOCIAL**  
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**Change of date!**

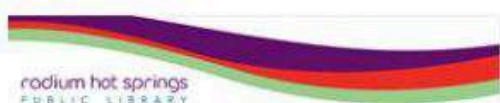
**Saturday, March 15th @ 11 am  
at Radium Hot Springs Public Library**

**Ages 5+**

Let's make a rainbow that leads to a  
pot of gold!



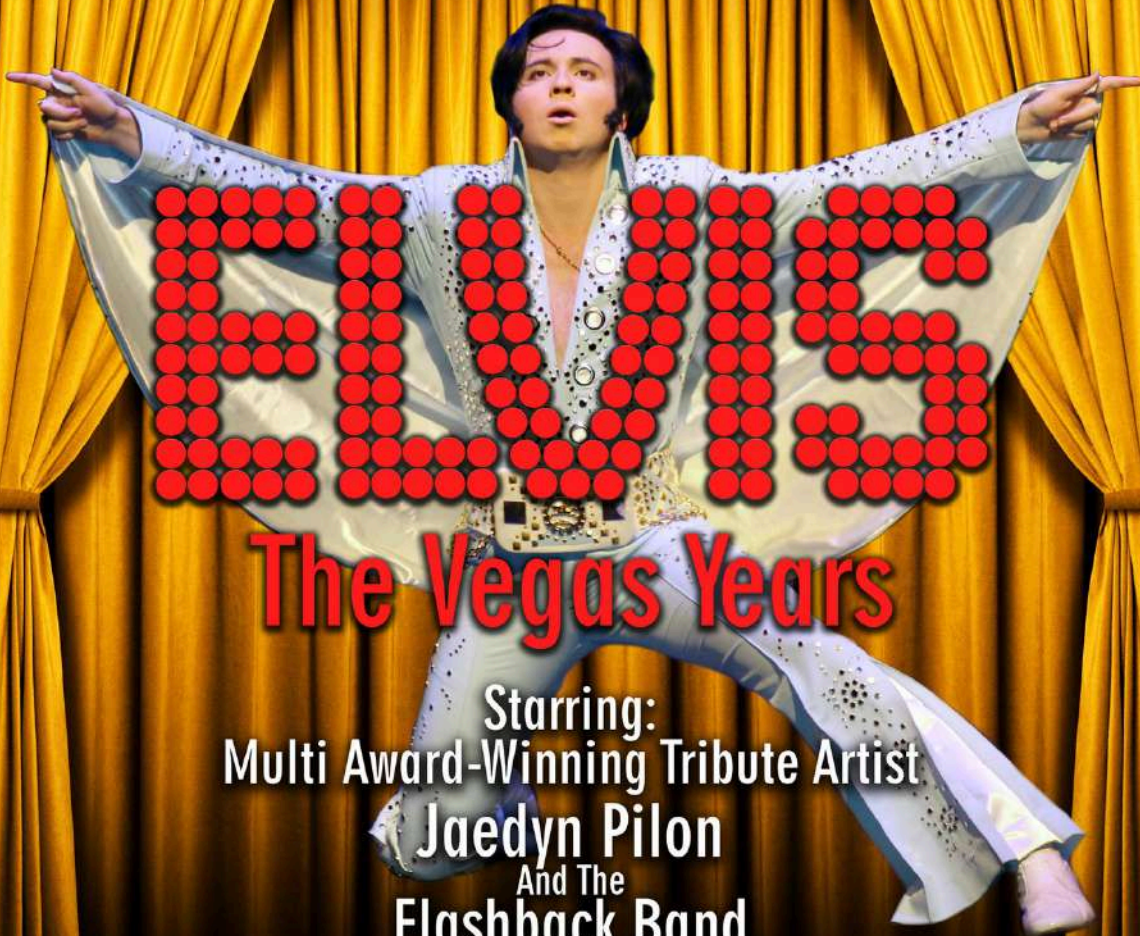
\*Children under 12 must be accompanied by an adult. Space is limited.



**Radium Hot Springs Public Library**

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<https://radium.bc.libraries.coop/>

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**Tickets: Early Bird Special - \$49** Fees Incl.

**After April. 16th - \$60** Fees Incl.

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PRESENTS



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**FOR MORE INFORMATION & TICKETS:  
<https://michaelcharles.us/>**

*Click on Tour, Sun Mar 30 Columbia Valley Centre*



# This Too Shall Pass

You've probably heard the phrase, "This too shall pass." It's one of those sayings that's simple yet so powerful. It might come off as just a cheesy saying, but when you stop and think about it, there's a lot of wisdom in those few words. It reminds us that nothing, good or bad, lasts forever. Whether you're dealing with a tough situation or a brief moment of joy, everything passes. And that's not just a philosophical idea - it's a really practical way to get through life.

The origins of this saying aren't totally clear, but it's found its way into just about every culture. The message is timeless - nothing is permanent. On the surface, it sounds like a way to get through hard times, but it works just as well when life is going great. It's like saying, "Don't get too attached, whether you're on a high or a low, because life changes."

Take, for example, your car breaking down. It happens to all of us, and when it does, it's easy to feel like the world is crashing down. You're stuck on the side of the road, it's hot or cold, and your phone's about to die. It's frustrating. But when you take a step back, you know deep down this

situation isn't permanent. You'll call for help, get a tow, and eventually, you'll be on your way. That stress and frustration are temporary too. The breakdown will pass, and so will the irritation that comes with it.

Or think about those little health annoyances we all experience. Maybe you woke up with a stiff neck, or you've been dealing with a headache all day. It feels like it will never end, but eventually, it does. Of course, it's annoying in the moment, but, This too shall pass, is a little nudge to pause for a moment and let the discomfort fade on its own instead of letting it take over. And when it does fade, you'll realize it didn't own your day.



The same applies to all those little squabbles with family, your spouse, or coworkers. How often have you gotten into a heated argument, thinking it was the end of the world? It feels like it will drag on forever, but it doesn't. Over time, cooler heads prevail, things get talked through, and the situation clears up. This too shall pass, is a way to remind yourself to take a breather and not let one argument take over your whole relationship. Just because you're angry today doesn't mean you have to stay angry forever.

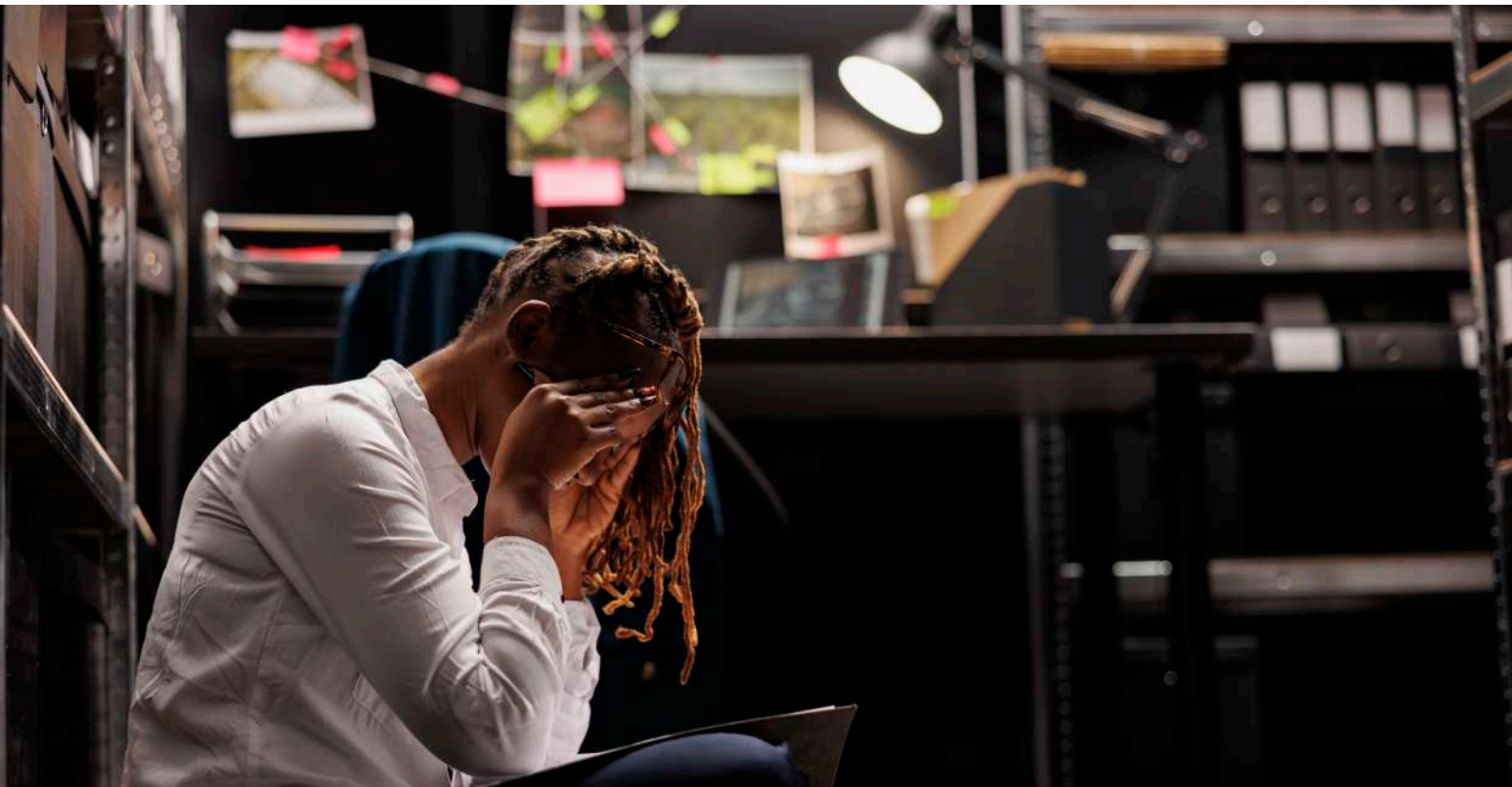
The same goes for joyful moments, for They too shall pass. It's natural to want to hold onto them, but clinging too tightly can lead to disappointment when they pass. No moment or feeling can ever be exactly the same again. In the same way challenging moments eventually fade, so do the happy ones. So, the best thing we can do is soak them in while they're here without clinging too tightly. Life's all about appreciating the moment, knowing it won't last forever, but that's okay - it makes those moments even more special.

But sometimes, the phrase, This too shall pass, hits hardest when we're dealing with loss. Losing a loved one is, without a doubt, one of the hardest

things we can experience. The grief feels overwhelming, and in those dark moments, it can feel like the pain will never go away. But it does. Not that the loss ever fully fades or that you - "get over it," but the intensity of the pain lessens. Grief becomes something you learn to live with, and in time, its sharp edge dulls. It's a painful process, but even in the darkest moments, This too shall pass, offers the hope that healing, while slow, will eventually come.

So next time you're dealing with something tough - whether it's your car breaking down, a bad headache, or the grief of losing someone close - remember, This too shall pass. It's a reminder that everything in life is temporary, even the tough stuff. And just like the weather or an itch you can't scratch, the hard times will eventually fade. Stay patient, stay grounded, and know that the next good moment is already on its way. The ups and downs are temporary and all part of our journey. And with each moment, you grow a little stronger, a little wiser, and a lot more ready for whatever comes next.

"New beginnings are often disguised as painful endings." Lao Tzu, ancient Chinese philosopher.



# VOLUNTEERS NEEDED

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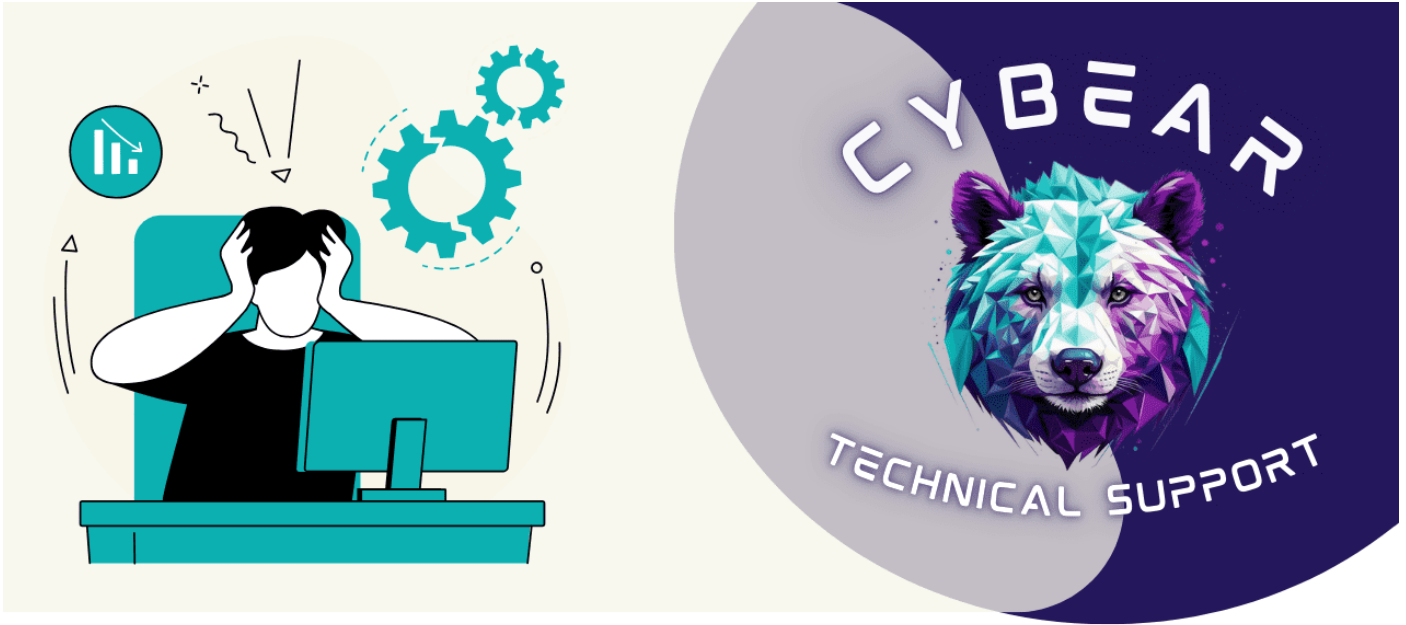
**Become a Hospice Society Volunteer!**

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Nav-CARE volunteers help improve the lives of people living with declining health by creating connections to community services and resources and providing caring, consistent emotional support.

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# VALLEY PROMOTIONS



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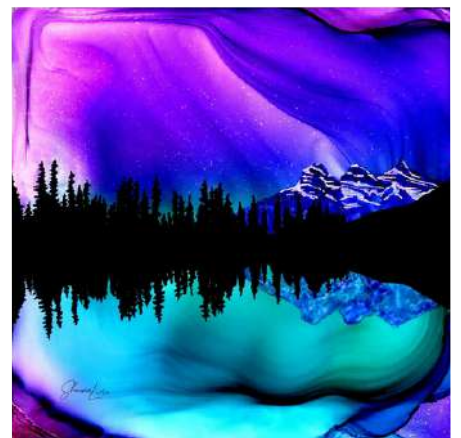
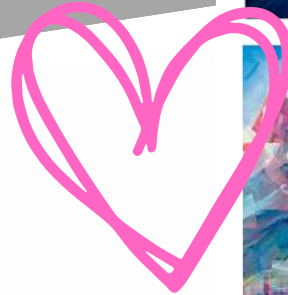
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# VALLEY PROMOTIONS



[hobbithousecollectibles.com](http://hobbithousecollectibles.com)

**Welcome to Hobbit House Collectibles!**

**Nestled just 4km south of Radium Hot Springs, we invite you to explore our whimsical collection of antiques and treasures at 8288 Hobbit Frontage Rd, Hwy 93/95. Our charming shop is bursting with unique finds that are sure to spark joy and nostalgia! Have you visited us before? Share your favorite discovery in the comments on Facebook! If you haven't, what kind of collectible are you hoping to find? Don't forget to swing by and say hello, we're open and ready to help you uncover your next great treasure! [#HobbitHouseCollectibles](#) [#AntiqueAdventure](#) [#RadiumHotSprings](#)**



# WINGS OVER THE ROCKIES NATURE FESTIVAL 2025

## Nurturing a Living Legacy with Nature

The Wings over the Rockies Nature Festival, May 5 - 11, 2025, is based out of Invermere, BC. For 28 years, we have hosted a premier 7 day nature festival to celebrate the Upper Columbia Valley.. Our mission is at the heart of everything we do: supporting and promoting conservation, education, stewardship, and sustainable economic development in our beautiful valley. This year's festival features over 90+ incredible events, including field excursions, engaging

luncheon and evening presentations, our annual photo contest and an incredible online auction. Highlights also include a special film screening of the documentary "Wildflowers", the much-anticipated music event with multi-award-winning Canadian legend Harry Manx, and our traditional Gala Celebration—a sit-down dinner and presentation featuring keynote speaker Dr. Rob Butler, renowned ornithologist, author, and artist.



**What we do together matters**

Last year, the non-profit Wings over the Rockies Nature Festival Society, through the Columbia Valley Foundation, created the Ross MacDonald Memorial Legacy Fund. This legacy fund provides funding for projects in the Columbia Valley that

support community environmental education and/or land-based conservation such as habitat restoration, maintaining or improving ecological conditions, or species at risk protection. Each year, the success of our festival, in part, contributes to this important legacy fund.

**Wings over the Rockies**  
NATURE FESTIVAL  
**MAY 5-11, 2025**

OUR **PLACE**  
IN **NATURE**

**Film Screening & Director's Presentation**  
*Wildflowers*  
Thursday, May 8, 2025

**Music Concert**  
Multi-award Winning  
*Harry Manx*  
Friday, May 9, 2025

**Gala Dinner**  
Keynote Speaker  
*Dr. Rob Butler*  
Saturday, May 10, 2025

PHOTO: PRIYA AND ARCHIE PHOTOGRAPHY

- Online Auction
- Photo Contest
- Events Calendar available March 27
- Online Ticket Sales begin April 8 at 10am MDT

**www.wingsovertherockies.org**



### The 2025 Theme

This year our events will center around the theme "Our Place in Nature." Through thought-provoking presentations, immersive field experiences, and inspiring discussions, our keynote speaker, presenters, and field leaders will guide attendees in celebrating the wonders of nature while deepening our understanding of our place within it. Together, we'll explore perspectives that connect us to our diverse cultures, rich histories, and our shared

responsibility for the planet we call home.

The 2025 online Events Calendar preview will begin March 27, 10:00 AM MDT. On-line ticket sales will begin April 8, 10:00 AM MDT. [www.wingsovertherockies.org](http://www.wingsovertherockies.org).

Come join like-minded lovers of nature and enjoy the wonders of the Upper Columbia Valley.

**Photos Credits:** Claude Rioux and Pat Morrow





# Columbia Valley Skating Club

presents



# Wonderland Ice Show



## Saturday, March 15, 2025

### Eddie Mountain Memorial Arena

### 2 to 4 p.m.



#### Entrance fees

\$10 - General admission

\$5 - Ages 12 and under

Fundraiser

Silent auction

Concession



## 50/50 tickets on sale now!

Draw at 4 p.m. on March 15.

Winner announced at the ice show.

[rafflebox.ca/raffle/cvsa](http://rafflebox.ca/raffle/cvsa)



*Edgewater / Radium Ladies Auxiliary Presents:*



# ST. PATRICK'S TEA

**Where:**

**Edgewater Community Hall**  
4818 Selkirk Ave, Edgewater

**When:**

**2-4<sup>PM</sup> Saturday**

**March 15th, 2025**

**Cost:**

**\$7.00 at the door**

**WHITE ELEPHANT SALE**  
**BAKE SALE / BOOK SALE**  
**RAFFLE & DOOR PRIZES**

**VALLEY PROMOTIONS**

# Karaoke Night

March 15

9pm

Heat  
\$5 Wave  
Shots

1926  
Social  
House

JAXaudio



March is Women's History Month, a time to recognize and celebrate the remarkable women who have made lasting contributions to Canada's history, culture, and progress. From political pioneers to groundbreaking scientists, fearless activists, and artistic innovators, Canadian women have played a vital role in shaping the nation.

We're going to highlight some of the most influential Canadian women who have made history through their courage, intellect, and unwavering determination.

### **1. Nellie McClung - Champion of Women's Rights**

Nellie McClung (1873-1951) was one of Canada's most prominent suffragists and activists. As a key member of the Famous Five, she played a crucial role in the Persons Case of 1929, which led to women being legally recognized as "persons" under Canadian law. This ruling allowed women to be appointed to the Senate and marked a significant victory in the fight for gender equality.

Beyond her political activism, McClung was an accomplished author and public speaker. Her advocacy for women's suffrage and labor rights helped shape the landscape of Canadian democracy, making it more inclusive for future generations.

### **2. Viola Desmond - Civil Rights Pioneer**

Viola Desmond (1914-1965) was a Black businesswoman and activist who became a symbol of Canada's early civil rights movement. In 1946, she refused to leave a whites-only

section of a Nova Scotia movie theater, an act of defiance that led to her arrest and conviction.

Desmond's courageous stand against racial segregation helped spark a broader movement for racial equality in Canada. In recognition of her legacy, she was posthumously granted a free pardon in 2010, and in 2018, she became the first Canadian woman to appear on a regularly circulating \$10 bill.

### **3. Roberta Bondar - Canada's First Female Astronaut**

Dr. Roberta Bondar (born 1945) made history in 1992 when she became the first Canadian woman to travel to space as a payload specialist on the Space Shuttle Discovery. A physician, scientist, and neurologist, Bondar's research on the effects of space travel on the human body has been instrumental in advancing space medicine.

After her mission, Bondar continued to inspire through her work in science education and environmental conservation. Her groundbreaking achievements in space exploration opened doors for future generations of Canadian women in STEM fields.

#### 4. Kim Campbell - Canada's First Female Prime Minister

Kim Campbell (born 1947) broke barriers in 1993 when she became Canada's first—and so far, only—female prime minister. Though her tenure was short, she made significant strides in representing women in political leadership.

Before becoming prime minister, Campbell served in several high-profile cabinet positions, including Minister of Justice and Attorney General, where she played a key role in reforms related to gun control and sexual assault laws. Her trailblazing career paved the way for more women to enter Canadian politics.

#### 5. Emily Carr - Pioneering Canadian Artist

Emily Carr (1871-1945) is one of Canada's most celebrated painters and writers, known for her vivid depictions of Indigenous culture and the rugged landscapes of British Columbia. In a time when the art world was largely dominated by men, Carr defied societal expectations and pursued a career in the arts, becoming a leading figure in Canadian modernism.

Her work, deeply influenced by the Indigenous peoples of the Pacific Northwest, helped preserve cultural heritage and contributed to a broader appreciation of Canada's diverse history. Today, her legacy lives on through her paintings, books, and the many artists she continues to inspire.

#### 6. Jeanne Mance - Canada's First Nurse

Jeanne Mance (1606-1673) was a pioneering figure in Canadian healthcare. As one of the founders of Montreal, she established Hôtel-Dieu, the city's first hospital, in 1645. Mance's dedication to providing medical care to settlers and Indigenous communities laid the foundation for modern healthcare in Canada.

Her legacy as a compassionate and skilled caregiver continues to be recognized, with numerous hospitals and healthcare institutions bearing her name.

#### 7. Buffy Sainte-Marie - Musician,

#### Activist, and Educator

Buffy Sainte-Marie (born 1941) is a renowned Cree singer-songwriter, activist, and educator whose work has championed Indigenous rights and social justice for decades. Her music, blending folk and rock influences, has tackled important issues such as war, environmental conservation, and Indigenous sovereignty.

A recipient of numerous awards, including an Academy Award and several JUNO Awards, Sainte-Marie has used her platform to advocate for Indigenous education and cultural preservation. Her influence on Canadian music and activism remains profound.

#### 8. Pauline Vanier - Humanitarian and Advocate

Pauline Vanier (1898-1991) was a dedicated humanitarian who worked to support refugees and war victims during and after World War II. As the wife of Canada's Governor General Georges Vanier, she played a crucial role in promoting social welfare and international cooperation.

She later helped establish L'Arche, a global movement supporting people with intellectual disabilities. Vanier's lifelong commitment to humanitarian causes has left an enduring impact on Canada's approach to social justice and community service.



### 9. Mary Two-Axe Earley - Indigenous Women's Rights Advocate

Mary Two-Axe Earley (1911-1996) was a Mohawk activist who fought tirelessly against gender discrimination in Canada's Indian Act. For decades, Indigenous women who married non-Indigenous men lost their official status and rights under the law.

Her advocacy led to legislative changes in 1985, restoring status to thousands of Indigenous women and their children. Two-Axe Earley's perseverance played a key role in advancing the rights of Indigenous women across Canada.

### 10. Adrienne Clarkson - Trailblazing Governor General

Adrienne Clarkson (born 1939) became Canada's first Governor General of Asian descent in 1999. Born in Hong Kong, she and her family immigrated to Canada as refugees during World War II.

Clarkson's tenure as Governor General was marked by efforts to promote multiculturalism, the arts, and reconciliation with Indigenous peoples. As a journalist, author, and diplomat, her contributions have had a lasting influence on Canadian society.

### The Legacy of Canada's Trailblazing Women

These extraordinary women, among many others, have shaped Canada in profound ways. Their courage, intelligence, and perseverance have helped break barriers, challenge injustices, and pave the way for future generations.

As we celebrate Women's History Month, it's essential to recognize the ongoing contributions of women across all fields—science, politics, activism, business, and the arts. Their stories serve as an inspiration and a reminder of the importance of continuing the fight for equality and representation.

From the suffragists of the early 20th century to modern leaders advocating for social justice, the legacy of Canadian women is one of resilience and progress. Their voices, struggles, and triumphs have shaped the nation into what it is today.

This March, let's take the time to honor these women, learn from their experiences, and commit to supporting gender equality in every aspect of society.





**Rotary**

Club of Radium Hot Springs



**We are doing it again!!!!**

**CASH  
CREDIT  
DEBIT**

**THE ROTARY CLUB OF RADIUM HOT  
SPRINGS WILL BE HOSTING**

**BINGO NIGHT**

Radium Hot Springs Centre  
4863 Stanley St,  
Radium Hot Springs

**March 20th**

**5 BINGO GAMES ... CASH PRIZES  
50/50 DRAW & DOOR PRIZES**

**A fun night!  
Snacks, pop & water for sale.**

Must be 19 years or older.  
Know your limit, play within it!  
BC Gaming Licenses 154995 & 154996

**Doors open 6:30 – Games start 7 pm**

# BOOK BITES



## DIY Pom Pom Poppers

Wed, Mar 19  
3:30 - 4:45pm



**Ages 9-12**

# VALLEY PROMOTIONS





# COLUMBIA VALLEY FOOD BANK

## Buy a Food Basket For A Household



Two Person  
Food Basket

Households of all sizes benefit from our food baskets.



Five Person  
Food Basket



Eight Person  
Food Basket

Choose a donation option here from \$74.00 to \$335.00.

Tax receipts provided.



Households of 1, 3, 5 and 7 people



Households of 2, 4, 6 and 8 people

## Help Relieve Hunger in the Columbia Valley

We provide one week of food per household. When more support is needed an emergency food basket is a solution.



Emergency Food Basket



Emergency Food Baskets (\$39.00)



# MARCH ST. PATRICK'S DAY CELEBRATION COCKTAILS & SHOTS

## IRISH GOLD

A smooth and refreshing whiskey cocktail with a hint of fruitiness.

### Ingredients:

1 oz Irish whiskey  
½ oz peach schnapps  
2 oz ginger ale  
Splash of orange juice  
Garnish with a lime wedge

### Directions:

Fill a glass with ice.  
Pour in 1 oz of Irish whiskey and ½ oz of peach schnapps.  
Add 2 oz of ginger ale and a splash of orange juice.  
Stir gently to mix.  
Garnish with a lime wedge and enjoy!

## GREEN DUBLIN DROP

Drop the shot into the beer and chug!  
A St. Paddy's Day tradition.

### Ingredients:

½ pint of Guinness  
½ shot Irish cream  
½ shot Irish whiskey

**Directions:** Pour ½ pint of Guinness into a pint glass.

In a separate shot glass, layer ½ shot of Irish cream on top of ½ shot of Irish whiskey.

Drop the shot glass into the Guinness.  
Chug immediately for the full effect!



## SHAMROCK SHOOTER

A sweet and minty shot that goes down smooth!

### Ingredients:

½ oz crème de menthe  
½ oz Irish cream  
½ oz vodka

**Directions:** Stir ingredients in a wine glass over ice. Garnish with edible rose petals or a lemon twist.

## LUCKY LEPRECHAUN

A tropical green cocktail that brings the luck of the Irish!

### Ingredients:

1 oz coconut rum  
½ oz Midori  
½ oz blue curaçao  
2 oz pineapple juice  
Garnish with a cherry

**Directions:** Fill a shaker with ice. Pour in 1 oz coconut rum, ½ oz Midori, and ½ oz blue curaçao. Add 2 oz pineapple juice. Shake well until chilled. Strain into a glass over ice. Garnish with a cherry and serve!



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# Troubleshooting Common Audio Issues in Amateur Radio Setups

Amateur radio operators rely on clear audio quality to ensure smooth communication. However, various audio issues can disrupt transmissions, causing frustration and inefficiency. Whether you're experiencing weak signals, distortion, or background noise, understanding and troubleshooting these common audio problems can significantly improve your setup's performance. This guide will explore the most frequent audio issues in amateur radio and provide practical solutions to resolve them.

## Common Audio Issues in Amateur Radio

### 1. Distorted Audio Output

#### Symptoms:

- Audio sounds garbled, muffled, or overly modulated.
- Reports from other operators indicate your signal is difficult to understand.

#### Causes:

- Overdriven microphone gain.
- Faulty microphone or cable.
- Improper modulation settings.

#### Solutions:

- Adjust Microphone Gain: Start with a low gain setting and gradually increase it while monitoring the signal on another receiver or through an online SDR.
- Check Microphone and Cables: Swap out the microphone and cables to determine if they are the source of the problem.
- Proper Modulation Settings: Ensure the radio's modulation is set correctly for the mode you are operating (AM, FM, SSB, etc.).

### 2. Background Noise or RF Interference

#### Symptoms:

- High noise levels in the transmitted audio.
- Unwanted hum or buzzing sounds.

#### Causes:

- Electrical interference from household appliances or power lines.
- Poor grounding or shielding.
- RF feedback from high-powered transmissions.

#### Solutions:

- Identify Interference Sources: Turn off nearby electronic devices one by one to identify the source of interference.
- Improve Grounding: Ensure your station is properly grounded to reduce RF interference.
- Use Ferrite Chokes: Install ferrite chokes on power cords and microphone cables to minimize RF feedback.
- Relocate Equipment: Increase the distance between the radio, power supply, and computer to reduce

### 3. Low Audio Output

#### Symptoms:

- Other operators report that your signal is weak.
- Difficulty being heard in a net or pileup.

#### Causes:

- Low microphone gain settings.
- Faulty microphone.
- Poor antenna efficiency or transmission issues.

#### Solutions:

- Increase Microphone Gain: Adjust the gain to an optimal level, ensuring a clear but not overdriven signal.
- Test with a Different Microphone: If available, try using a different microphone to determine if the issue is hardware-related.
- Check Antenna and Transmission Line: Ensure your antenna system is functioning correctly and that SWR levels are within acceptable limits.

### 4. Echo or Feedback in Transmissions

#### Symptoms:

- Your transmitted signal includes an unwanted echo or looping effect.

#### Causes:

- RF feedback entering the audio chain.
- Incorrect settings on digital modes.
- Open microphones picking up external sound.

#### Solutions:

- Use Shielded Cables: Replace unshielded audio cables with properly shielded ones.
- Adjust Digital Mode Settings: Ensure VOX and audio processing settings are correctly configured.
- Lower Microphone Gain: High gain can sometimes cause audio feedback.
- Reposition the Microphone: Move it away from speakers or other noise sources.

### 5. Hum or Buzzing Sounds

#### Symptoms:

- A persistent low-frequency hum or high-pitched buzz in the

transmission.

#### Causes:

- Ground loops in the power supply.
- AC interference from household wiring or fluorescent lights.
- Poor-quality power adapters.

#### Solutions:

- Check Grounding: Ensure a common ground connection between all station equipment.
- Use a Different Power Source: Try using a battery or a different power supply to see if the noise disappears.
- Eliminate Ground Loops: Use isolation transformers or ground loop isolators to reduce hum.

### 6. Poor Audio in Digital Modes

#### Symptoms:

- Weak or distorted digital transmissions (PSK31, FT8, RTTY, etc.).
- Decoding errors when receiving digital signals.

#### Causes:

- Incorrect audio level settings.
- Interference from other equipment.
- Software configuration issues.

#### Solutions:

- Adjust Audio Levels: Ensure proper input and output levels in both the radio and software settings.
- Use a Dedicated Sound Card Interface: A high-quality external sound card interface can improve digital mode performance.
- Check Cables and Connectors: Loose or damaged cables can introduce noise and signal degradation.



## 7. Unintended Voice-Activated Transmissions (VOX Issues)

### Symptoms:

Your radio transmits unexpectedly when not speaking.

### Causes:

Background noise triggering VOX.  
VOX sensitivity set too high.

### Solutions:

**Lower VOX Sensitivity:** Adjust the VOX threshold to prevent activation from ambient noise.

**Use Push-to-Talk (PTT) Instead:** If VOX issues persist, consider switching to manual PTT operation.

### Preventive Measures for Maintaining Audio Quality

To avoid common audio issues in amateur radio, consider the following best practices:

**Regularly Inspect Equipment:** Check cables, connectors, and microphones for wear and tear.

**Maintain Proper Grounding:** Ensure your radio setup is well-grounded to prevent unwanted noise and interference.

**Optimize Operating Environment:** Keep your shack free from excessive

electronic noise sources.

**Use High-Quality Accessories:** Invest in quality microphones, headphones, and audio interfaces for better performance.

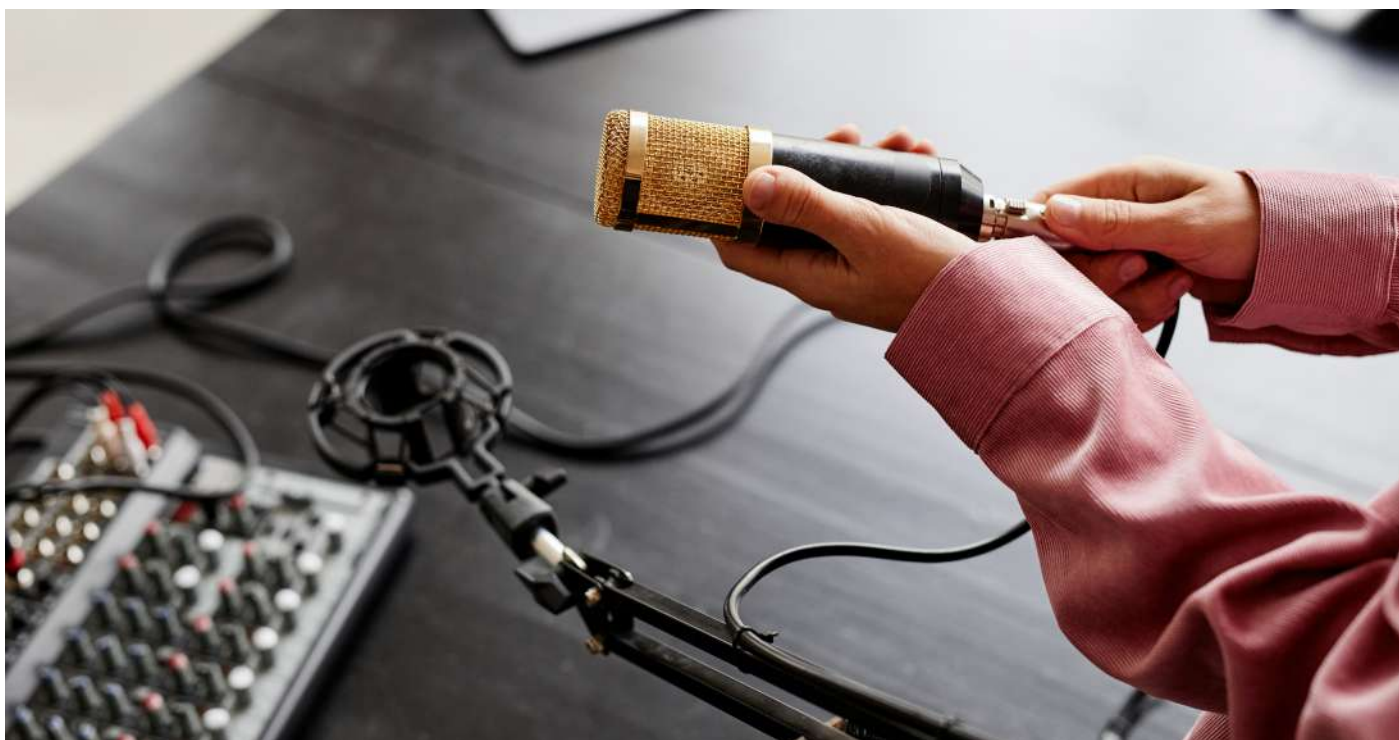
**Monitor Your Signal:** Use an SDR or a second receiver to listen to your transmissions and make necessary adjustments.

Audio quality is a critical factor in amateur radio communication. By identifying and troubleshooting common audio issues, operators can enhance their station's performance and ensure clear, effective transmissions. Whether it's adjusting microphone settings, eliminating interference, or improving grounding, these solutions will help you maintain optimal audio quality in your amateur radio setup.



Originally posted on

<https://cranbrookarc.ca/>

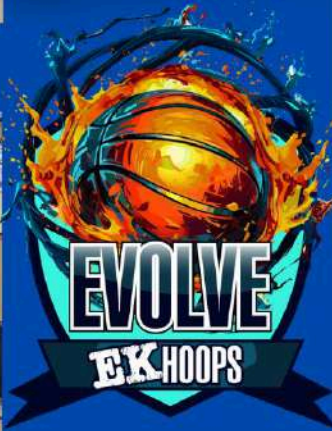




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For more information email

Pat Chisholm pchish@telus.net or

Shellie Hollister shollister@cranbrookpubliclibrary.ca

Workshop will be held at the MTS #1212-2nd St.North, Cranbrook



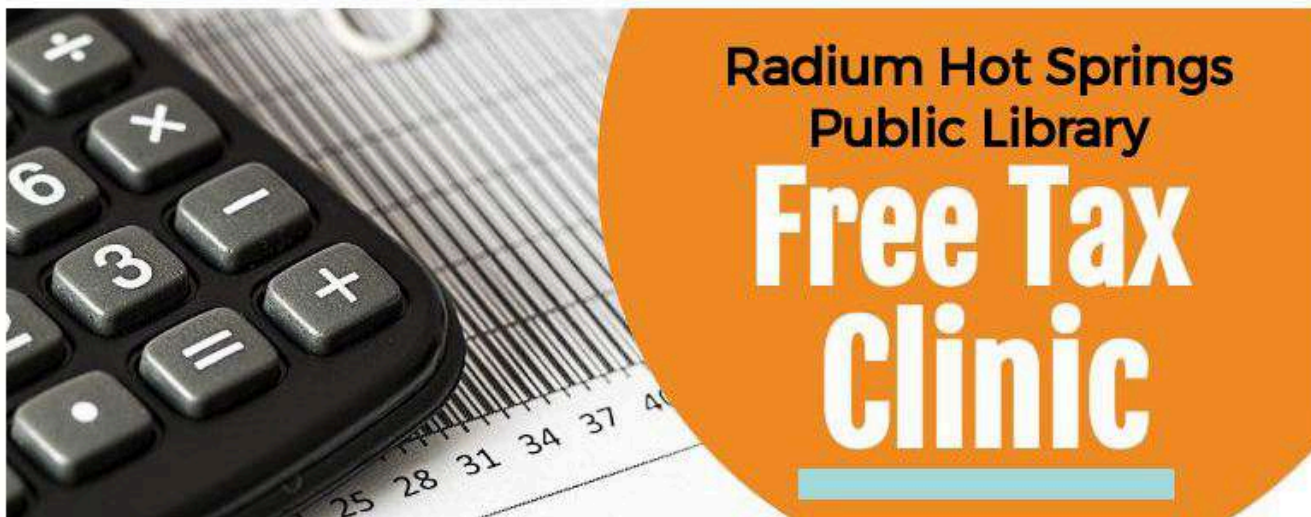
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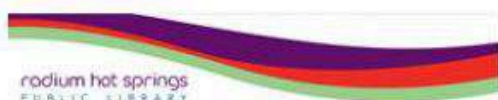
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- We will ask you to fill out a quick intake form before you submit your documents
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- Please connect with the library via email or phone if you feel you may need more time connecting with a tax preparer.



### Radium Hot Springs Public Library

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# Spring is Coming: Preparing Your Home and Garden for Warmer Weather

As winter loosens its grip and the days grow longer, it's time to prepare your home and garden for the arrival of spring. A little effort now will help ensure a smooth transition into the warmer months ahead. Here are some easy and effective ways to get your home and yard ready for spring.

## Refresh Your Home

 **Deep Clean** - Open the windows and let in the fresh air while tackling dust, grime, and clutter that accumulated over winter. Focus on windows, carpets, and any neglected corners.

 **Inspect for Winter Damage** - Check your roof for missing shingles, clean out gutters, and inspect your home's exterior for any cracks or damage caused by snow and ice.

 **Service Your HVAC System** - Have your air conditioning unit serviced before the heat arrives. Replace filters to keep air quality fresh.

 **Switch to Lighter Décor** - Swap out heavy blankets and dark colors for light, airy fabrics and pastel hues to welcome the change in season.

## Prep Your Garden and Yard

 **Clean Up Debris** - Clear out dead leaves, branches, and any debris left

over from winter. This will help prevent mold and pests from settling in.

 **Prepare the Soil** - Loosen compacted soil, add compost or fertilizer, and get garden beds ready for planting.

 **Prune and Trim** - Cut back dead branches on trees and shrubs to encourage new growth.

 **Lawn Care** - Rake away thatch, reseed bare spots, and apply a light fertilizer to give your lawn a fresh start.

 **Check Outdoor Fixtures** - Inspect and clean patio furniture, power wash decks, and check for any repairs needed on fences or walkways.

Spring is the perfect time for renewal, and a little effort now will help your home and garden flourish. With these simple steps, you'll be ready to embrace the sunshine and enjoy the beauty of the season ahead!  

# *Ktunaxa Interpretive Centre*

## Beading Workshop

### Berry Earrings with Darcy Roshau



The Ktunaxa interpretive Centre is holding a beading workshop.

Come learn how to bead a one-of-a-kind set of Berry Earrings. All supplies are provided for \$55.00 per person due upon registering.

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MISSION WASA RD.  
CRANBROOK, BC

**March 21, 2025  
@ 12:30 to 4:30**

To RSVP

Please contact Cindy Currie  
at 250-417-4001

[bookings@tkamnintik.com](mailto:bookings@tkamnintik.com)

# VALLEY PROMOTIONS

# ***Ktunaxa Interpretive Centre***

## **Beading Workshop**

### **Pine Needle Basket with Loraine Allard**



The Ktunaxa interpretive Centre is holding a weaving workshop.

Come learn how to weave a one of a kind Pine Needle Basket.

All supplies are provided for \$55.00 per person due upon registering.

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MISSION WASA RD.  
CRANBROOK, BC**

**March 27, 2025  
@ 12:30 to 4:30**

**To RSVP**

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Feb 11 · 🌐

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Thank you Deb and Barb for your support!





## MARCH BREAK ON A BUDGET

### The History of St. Patrick's Day and How It's Celebrated in Canada

March is a month of transition—winter slowly melts into spring, students eagerly anticipate March Break, and vibrant green decorations begin to appear in anticipation of St. Patrick's Day. While this Irish holiday is often associated with parades, parties, and lively festivities, it also has a rich history that dates back centuries.

For those looking to enjoy March Break on a budget, St. Patrick's Day offers a perfect opportunity to celebrate without spending much. Let's explore the origins of the holiday, how it made its way to Canada, and ways to partake in the fun affordably.

#### The History of St. Patrick's Day

St. Patrick's Day, observed on March 17, honors the patron saint of Ireland, St. Patrick. Born in Roman Britain in the late 4th century, he was kidnapped at the age of 16 and brought to Ireland as a slave. After escaping years later, he became a Christian missionary and returned to Ireland to spread Christianity.

One of the most well-known legends about St. Patrick is that he used a three-leaf clover (shamrock) to explain the concept of the Holy Trinity to the Irish people. Over time, March 17 became a day to celebrate both his contributions and Irish heritage.

Although St. Patrick's Day started as a religious observance, it evolved into a

global celebration of Irish culture, particularly in places with large Irish immigrant populations—including Canada.

#### How St. Patrick's Day Came to Canada

Canada's connection to Ireland runs deep. During the 19th century, waves of Irish immigrants arrived in the country, bringing their traditions with them. By the early 20th century, major Canadian cities—particularly Montreal, Toronto, and St. John's—were hosting St. Patrick's Day parades and festivities.

Today, millions of Canadians—both Irish and non-Irish—celebrate the holiday in various ways, from community events to family-friendly activities. The day is marked by parades, concerts, pub gatherings, and plenty of green attire.

If you're looking to celebrate St. Patrick's Day without breaking the bank, there are plenty of fun and affordable ways to join in.

## Budget-Friendly Ways to Celebrate St. Patrick's Day in Canada

### 1. Attend a Free St. Patrick's Day Parade

Many Canadian cities host free parades to celebrate Irish culture, complete with marching bands, bagpipers, and traditional dance performances. Some of the biggest parades take place in:

- **Montreal** - One of the longest-running St. Patrick's Day parades in North America.
- **Toronto** - A massive celebration featuring Irish music and floats.
- **St. John's, Newfoundland** - A strong Irish heritage makes this a must-see event.

### 2. Host a St. Patrick's Day Movie Night

Skip the expensive outings and have a budget-friendly movie night at home. Some great films to watch in honor of the holiday include:

- *The Secret of Kells* (2009) - An animated Irish fantasy film.
- *Brooklyn* (2015) - A touching story about Irish immigrants in North America.
- *Leap Year* (2010) - A romantic comedy set in Ireland.

Make it extra festive with some green snacks, like popcorn dyed with green food coloring or mint chocolate treats.

### 3. Make DIY St. Patrick's Day Crafts

For families with kids, DIY crafts are a great way to celebrate while keeping costs low. Some fun ideas include:

- Making shamrock decorations from construction paper.
- Creating leprechaun hats using felt or old hats.
- Painting rainbow and gold coin art for fun St. Paddy's decor.

These crafts use low-cost materials that you likely already have at home.

### 4. Cook a Traditional Irish Meal at Home

Eating out on St. Patrick's Day can be pricey, but you can enjoy traditional Irish flavors at home for a fraction of

the cost. Consider making:

- Irish soda bread - A simple, delicious bread that's easy to bake.
- Colcannon - A hearty dish of mashed potatoes with cabbage.
- Shepherd's pie - A budget-friendly comfort food classic.

If you're in the mood for something sweet, try making green cupcakes or shamrock-shaped sugar cookies.

### 5. Check Out Local Specials

If you want to celebrate but don't want to overspend, check for special promotions. Many pubs offer:

- Discounted green beer or Irish whiskey tastings.
- Live music events with no cover charge.
- Food deals on Irish classics like fish and chips.

Going earlier in the day can also help avoid high prices and large crowds.

### 6. Enjoy Free Virtual Events

With online streaming, you can enjoy St. Patrick's Day concerts and performances for free. Some options include:

- Live-streamed Irish dance performances from cultural organizations.
- Online storytelling events featuring Irish folklore.
- Free virtual cooking classes for Irish dishes.

Checking YouTube or social media pages for Irish cultural groups can lead you to plenty of cost-free entertainment.

### 7. Take a Nature Walk and Look for "Four-Leaf Clovers"

If you're looking for a completely free activity, take a nature walk and challenge yourself (or the kids) to find a four-leaf clover. While the legend says they bring luck, they're also a great way to appreciate the beauty of nature.



## Why Celebrate St. Patrick's Day?

Beyond the fun and festivities, St. Patrick's Day is a wonderful reminder of Canada's diverse cultural heritage. The Irish played a significant role in shaping the country, from building infrastructure to contributing to politics, arts, and business.

Even if you're not Irish, taking part in the celebrations is a great way to:

- ✓ Learn about Irish history and folklore.
- ✓ Enjoy community events and cultural performances.
- ✓ Celebrate with friends and family without overspending.

Whether you're watching a parade, cooking a homemade Irish meal, or enjoying free local events, there are plenty of ways to have fun without

breaking the bank.

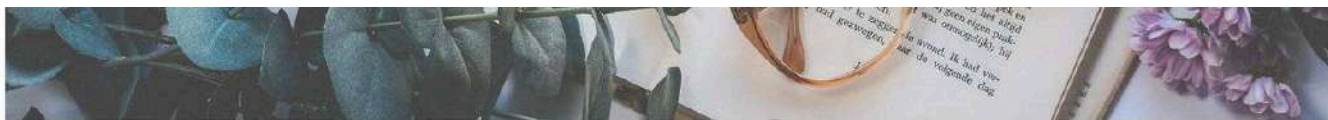
## Bringing the Celebration Home

With March Break offering a well-deserved pause for students and families, St. Patrick's Day is a great way to bring people together in a fun, festive, and budget-friendly way.

From the deep historical roots of the holiday to the lively parades and cozy at-home celebrations, there's no shortage of ways to embrace the Irish spirit—all without straining your wallet.

So this March 17, don your greenest outfit, whip up some homemade Irish treats, and take part in a celebration that has been cherished for generations. Sláinte! (Cheers!) 🍀





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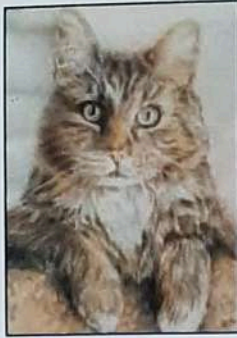
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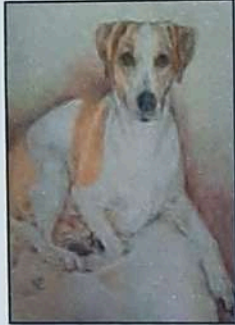


Lasting Memories & Big Laughs!

# VALLEY PROMOTIONS



# PET *and people* PORTRAITS



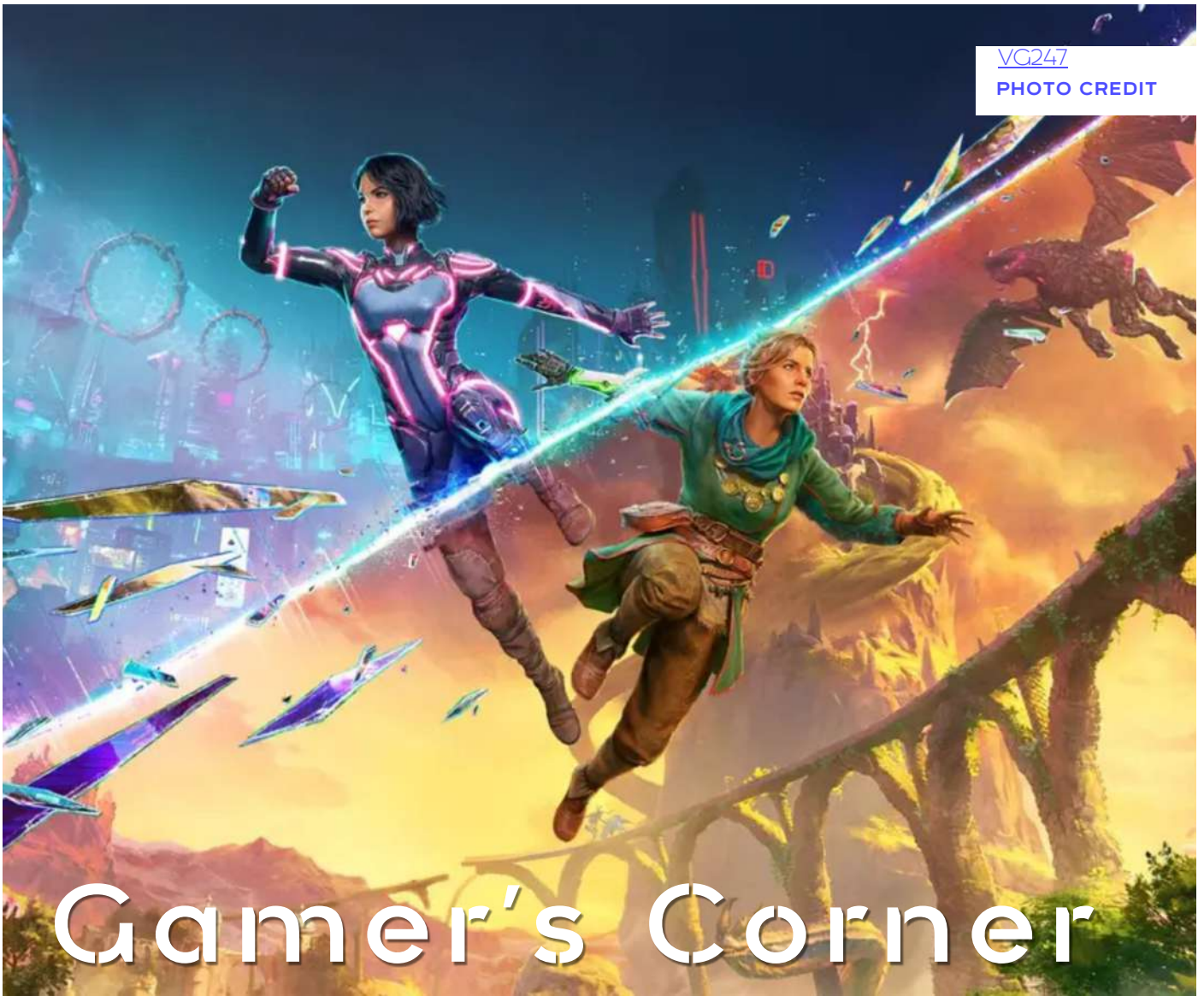
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## Game Review: Split Fiction

"Split Fiction," developed by Hazelight Studios and directed by Josef Fares, is a cooperative action-adventure game released on March 6, 2025, for PlayStation 5, Xbox Series X/S, and PC. Renowned for their previous co-op successes, Hazelight Studios continues this tradition, delivering a game that intertwines engaging gameplay with a compelling narrative.

### Gameplay and Mechanics

Designed exclusively for cooperative play, "Split Fiction" requires two players to collaborate, either locally or online, to navigate its challenges. Players assume the roles of Mio and Zoe, two writers ensnared within their own stories due to a scientific experiment

gone awry. This predicament forces them to traverse realms blending science fiction and fantasy elements. Each level introduces unique mechanics, ensuring a fresh and dynamic experience throughout the game. For instance, players might find themselves commanding dragons in one segment and wielding laser swords in another, necessitating constant teamwork and adaptation. The game also features "Side Stories," optional missions accessible through portals, offering additional content and varied gameplay mechanics. (ES. WIKIPEDIA.ORG)

(ES. WIKIPEDIA.ORG)



## Narrative and Themes

The storyline revolves around the contrasting genres of science fiction and fantasy, reflecting the protagonists' writing backgrounds. While this dichotomy offers diverse settings and scenarios, some critics feel that the emphasis on the rivalry between the genres occasionally detracts from the overall narrative cohesion. Despite this, the character development of Mio and Zoe is well-executed, with their evolving relationship adding depth to the story.

(POLYGON.COM)

## Visuals and Performance

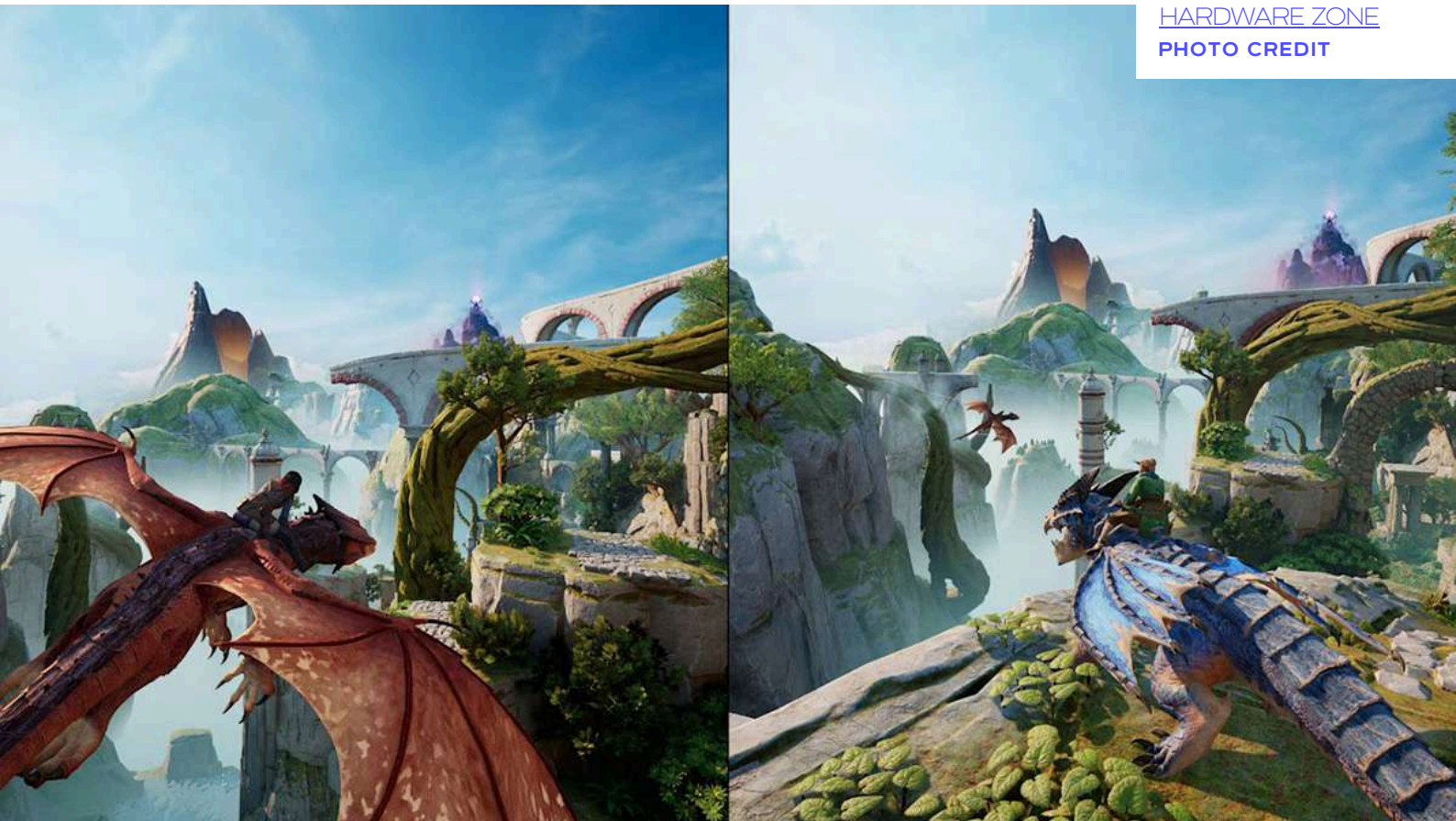
Utilizing Unreal Engine 5, "Split Fiction" boasts impressive visuals that enhance the immersive experience. The game's art direction effectively contrasts the dark, sleek aesthetics of sci-fi environments with the vibrant, lush landscapes of fantasy realms. Performance across platforms is stable, providing smooth gameplay without significant technical issues.

(AS.COM)

## Critical Reception

Upon release, "Split Fiction" received widespread acclaim. Critics praised its innovative co-op mechanics, diverse level design, and the seamless integration of varying gameplay elements. The game's ability to continually introduce new mechanics and scenarios keeps the experience engaging from start to finish. However, some reviews pointed out that the persistent focus on the sci-fi versus fantasy rivalry felt outdated and occasionally hindered the narrative's flow. (POLYGON.COM)

"Split Fiction" stands as a testament to Hazelight Studios' commitment to cooperative gaming experiences. Its blend of inventive gameplay, compelling character dynamics, and stunning visuals make it a noteworthy addition to the action-adventure genre. Despite minor narrative criticisms, the game's strengths in co-op mechanics and level variety solidify its position as a potential Game of the Year contender.



# Pineapple Cough Syrup



- Pineapple contains bromelain, an enzyme that helps thin mucus and reduce inflammation.
- Soothes sore throats.
- Boosts the immune system.
- Reduces congestion.



- Pineapple
- Honey
- A pinch of sea salt

Blend and sip on this refreshing juice all day!



## VALLEY PROMOTIONS


# MAR

## 22 - 30

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SPRING  
BREAK 2025

<p style="text-align: center;"><b>SATURDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">22</span></p> <p><b>Science Saturday:</b> <b>March: Mysterium!</b> Drop-In   10:30 AM - 12:00 PM Ages 5+</p> <p style="text-align: center; color: red; font-style: italic;">Voting Opens for the Mini Art Show at the Library</p>	<p style="text-align: center;"><b>SUNDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">23</span></p> <div style="text-align: center;">  <p style="font-size: 10px; color: red; font-style: italic;">Don't forget to send a photo to staff@cranbrookpubliclibrary.ca for the cake decorating contest! Due March 30th</p> </div>	<p style="text-align: center;"><b>MONDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">24</span></p> <p><b>LEGO Building</b> Drop-In   1:00 PM - 2:30 PM All Ages</p>	<p style="text-align: center;"><b>TUESDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">25</span></p> <p><b>Family Storytime</b> Drop-In   6:30 PM - 7:00 PM All Ages</p>
<p style="text-align: center;"><b>WEDNESDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">26</span></p> <p><b>Spring Cleaning Crafts</b> Drop-In   10:30 AM - 12:00 PM All Ages Help us clean out leftover craft supplies and let your imagination go WILD!</p>	<p style="text-align: center;"><b>THURSDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">27</span></p> <p><b>Wee Play</b> Drop-In   10:30 AM - 11:45 AM Ages 0-23 months</p> <p><b>Science Saturday on a Thursday:</b> <b>Mysteries of March!</b> Drop-In   1:30 PM - 3:00 PM Ages 6+</p>	<p style="text-align: center;"><b>FRIDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">28</span></p> <p><b>Therapy Dog Storytime- Therapeutic Paws of Canada</b> Registration   10:30 AM - 11:30AM All Ages (with an adult)</p>	<p style="text-align: center;"><b>SATURDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">29</span></p> <p><b>Science Saturday:</b> <b>Mysterious Mystery of March!</b> Drop-In   10:30 AM - 12:00 PM Ages 6+</p> <p><b>Learn To Grow for Kids! Gardening Workshop</b> <b>Registration   1:00PM - 3:00 PM</b> Ages 4+ with parent, Limit 50</p> <p style="text-align: center; color: red; font-style: italic;">Sunday, March 30 - Last Day of Voting for the Mini Art Show</p>

# MAR

## 15 - 21

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SPRING  
BREAK 2025




<p style="text-align: center;"><b>CONTESTS</b></p> <p><b>Mini Art Contest</b> <i>(Submissions Due March 21)</i> March 15 - 30   All Ages</p> <p><b>Cake Decorating Contest</b> March 15 - 30   All Ages</p> <p><b>Candy Guessing Contest</b> March 15 - 30   All Ages</p> <p><b>Colouring Contest</b> March 15 - 30   Ages 0 - 12</p> <p><b>Cartastic Naming Challenge</b> March 15 - 30   All Ages</p>	<p style="text-align: center;"><b>SATURDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">15</span></p> <p><b>Science Saturday:</b> <b>March the Mysterious!</b> Drop-In   2:00PM - 3:30 PM Ages 5+</p> <p style="text-align: center; font-style: italic;">First Day to Pick Up Canvases for the Mini Art Show</p> <p style="text-align: center; font-style: italic;">Cake Decorating Contest Starts</p> <p style="text-align: center; font-style: italic;">Colouring Contest Starts</p>	<p style="text-align: center;"><b>SUNDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">16</span></p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>MONDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">17</span></p> <p><b>LEGO Building</b> Drop-In   1:00 PM - 2:30 PM All Ages</p>
<p style="text-align: center;"><b>TUESDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">18</span></p> <p><b>Family Storytime</b> Drop-In   6:30 PM - 7:00 PM All Ages</p>	<p style="text-align: center;"><b>WEDNESDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">19</span></p> <p><b>Book Bites: Activity</b> Drop-In   3:30 PM - 4:45 PM Ages 9 - 12</p>	<p style="text-align: center;"><b>THURSDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">20</span></p> <p><b>Wee Play</b> Drop-In   10:30 AM - 11:45 AM Ages 0-23 months</p> <p><b>Science Saturday on a Thursday:</b> <b>Mysteries of March!</b> Drop-In   1:30 PM - 3:00 PM Ages 5+</p>	<p style="text-align: center;"><b>FRIDAY</b> <span style="border: 1px solid black; padding: 2px 5px;">21</span></p> <p style="text-align: center; font-style: italic;">Last Day to Submit Canvases for the Mini Art Show</p>



# Movie Review: Queen of the Ring

**Release date:** March 7, 2025 (USA)

**Director:** Ash Avildsen

**Based on:** *The Queen of the Ring: Sex, Muscles, Diamonds, and the Making of an American Legend*; by Jeff Leen

"Queen of the Ring" is a 2025 biographical drama that delves into the life of Mildred Burke, a trailblazer in women's professional wrestling during the mid-20th century. Directed by Ash Avildsen, the film offers a raw and inspiring portrayal of Burke's relentless pursuit to redefine women's roles in a male-dominated sport.

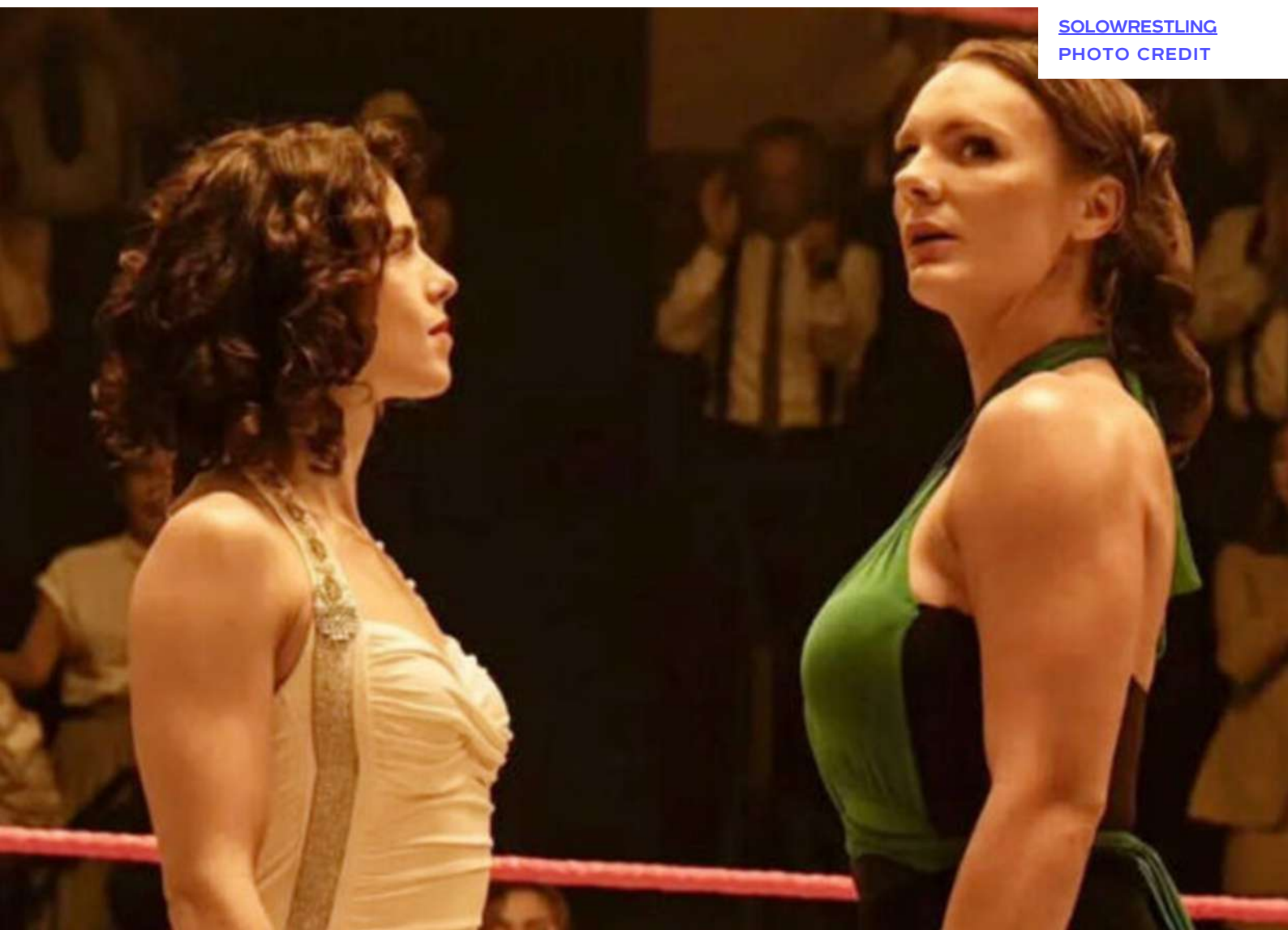
## Plot Overview

Set against the backdrop of the 1930s and 1940s, the narrative follows Mildred Burke, portrayed by Emily Bett Rickards, from her humble beginnings working in a diner to becoming a wrestling sensation. As a single mother, Burke faces societal prejudices and personal challenges, yet her passion for wrestling propels her into the ring.

The film explores her tumultuous relationship with promoter Billy Wolfe, played by Josh Lucas, highlighting the complexities of power dynamics and personal ambition. The storyline also sheds light on the camaraderie and rivalries among female wrestlers, emphasizing their collective struggle for recognition and respect.

## Performances

Emily Bett Rickards delivers a compelling performance as Burke, capturing both her physical prowess and emotional depth. Her dedication to embodying a wrestling icon is evident, with critics noting her impressive physical transformation and nuanced portrayal. The supporting cast, including Kailey "Kamille" Latimer as June Byers and Toni "Storm" Rossall as Clara Mortensen, brings authenticity to the wrestling scenes, reflecting the film's commitment to honoring the sport's history.



### Direction and Cinematography

Avildsen's direction balances the grit of wrestling with the personal stories of the characters. The cinematography captures the intensity of the matches, immersing the audience in the visceral world of early women's wrestling. The film's pacing allows for both high-energy sequences and reflective moments, providing a comprehensive look at Burke's journey.

### Critical Reception

The film has garnered positive reviews for its storytelling and performances. Critics have praised its exploration of a lesser-known chapter in sports history, with Rotten Tomatoes highlighting it as "an engaging sports biopic which hits all the right notes." (ROTTENTOMATOES.COM) Audience reactions have been favorable, with viewers appreciating the film's inspirational narrative and strong performances. One reviewer noted, "It was a very inspirational movie about

an era of wrestling not many people know about." (ROTTENTOMATOES.COM)

### Themes and Impact

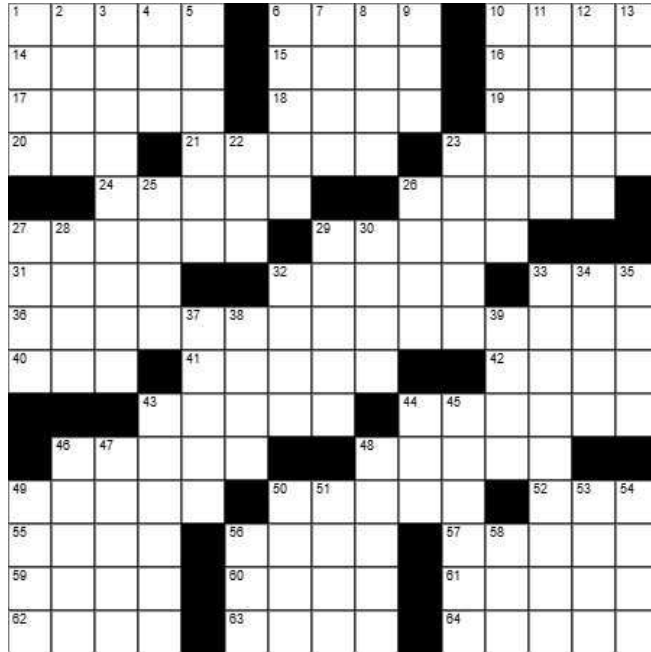
"Queen of the Ring" addresses themes of discrimination, resilience, and empowerment. It sheds light on the challenges female wrestlers faced, including sexism and exploitation, while celebrating their determination to break barriers. The film serves as both a historical account and a source of inspiration, highlighting the importance of representation and equality in sports.

"Queen of the Ring" is a poignant tribute to Mildred Burke and the pioneering women of professional wrestling. Through compelling performances and insightful storytelling, the film honors their legacy and underscores the enduring fight for gender equality in sports.

# A LITTLE FUN

## Across

1- Pertaining to people; 6- Jai \_\_\_\_; 10- Ah, me!; 14- Once \_\_\_\_ time...; 15- Fragrant neckwear; 16- Boot bottom; 17- Turkish coins; 18- Teri of "Tootsie"; 19- Falafel holder; 20- Hill dweller; 21- Lathers; 23- Showed again; 24- Open-mouthed; 26- More pleasant; 27- Edible nut; 29- Brewer's need; 31- What \_\_\_\_ mind reader?; 32- Make fun of; 33- Fannie \_\_\_\_; 36- In spite of; 40- Unbuttered, as toast; 41- High times?; 42- Annapolis inst.; 43- Olds model; 44- Hosted; 46- Burrowing animals; 48- More frigid; 49- Ancient linear unit; 50- Burning of another's property; 52- Hail, to Caesar; 55- Soothing succulent; 56- Airline since 1948; 57- Arm joint; 59- Hammer part; 60- \_\_\_\_ precedent; 61- Esther of "Good Times"; 62- Flat sound; 63- Checkup; 64- Cancels a dele;



## Down

1- Hawaiian native dance; 2- \_\_\_\_ arms (angry); 3- Death rate; 4- Santa \_\_\_\_, California; 5- Capital of the Bahamas; 6- Pond scum; 7- Jump; 8- Televises; 9- Syr. neighbor; 10- Facet; 11- France's longest river; 12- Communion table; 13- Playwright O'Casey; 22- Decide; 23- Ascended; 25- Chew on; 26- Rocket launcher; 27- Magic stick; 28- Latin love; 29- Type of question; 30- Breaks bread; 32- God with a hammer; 33- Wretchedly unhappy; 34- Diarist Frank; 35- Holy smokes!; 37- Small bay; 38- Some digits; 39- Il \_\_\_\_ (Mussolini); 43- Foreigners; 44- Green prefix; 45- Pit-workers; 46- Some hybrids; 47- Woodwind section members; 48- Religion of the Muslims; 49- Hats; 50- Author Haley; 51- Pro \_\_\_\_; 53- Unit of potential difference; 54- Female sheep; 56- Legal conclusion?; 58- Used car locale;

	1	6	8	9		2		
		2			7			
9		5	2	6			4	
	2						1	
7	8	9	1		2	4	6	3
	6						9	
	5			8	9	1		6
			7			3		
		7		2	5	9	8	



Why is the letter A like a flower?

A bee comes after it!

