

#15 ISSUE

The Valley Voice

The Voices of the Columbia Valley

QUICK RAINY-DAY ADVENTURE

Kootenay Park provided the perfect way to celebrate Trails Day weekend with an easy paved drive.

DRIVE-IN MOVIE NIGHT IN INVERMERE

The District of Invermere is getting the movie equipment setup on June 26th for a FireSmart themed evening.

STEP 2 OF BC'S RE-OPENING PLAN

Effective today, British Columbia residents can have gatherings, travel the province, and stay out later at bars and restaurants.

COVER PHOTO TAKEN AND SUBMITTED BY CAM HESS



HOW ARE WE DOING?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram @thevoicecv

OR

by email to news@thevoiceca.ca

Photo Credit: Jessie Blakley



LETTER FROM THE VOLUNTEERS

Dear Readers,

Thank you. It was hard for us to publish the article we did last week, and many of us were very concerned with potential backlash. While there were a few who spoke out negatively, most of the feedback and conversations were open, respectful, and helpful.

It's our hope that writing and publishing things that are controversial will spark conversation and change.

While the Chamber team clearly made no effort to connect with us, even after our article, our impact is clear in what they are doing and changing.

Please remember - the media is about expression of free speech. It's a chance to bring light to issues others sweep under the rug. We want to keep doing that.

Send in your controversy - we'll fact check and proof it, and you can stay anonymous, but let's all work together for positive change.

The VVV

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OUT GREEN HELL**

STEP 2 OF BC's RE-OPENING PLAN EFFECTIVE TODAY

EFFECTIVE TODAY, BRITISH COLUMBIA RESIDENTS CAN HAVE GATHERINGS, TRAVEL THE PROVINCE, AND STAY OUT LATER AT BARS AND RESTAURANTS.

**BC's Restart
Step 2: Starting June 15**

- BC recreational travel
- Outdoor spectators: up to 50 people
- Outdoor personal gatherings: up to 50 people
- Indoor & outdoor team sports for all ages
- Indoor faith gatherings: up to 50 people or 10% capacity
- Organized seated indoor gatherings: up to 50 people
- High-intensity indoor fitness classes
- Liquor service until midnight

BC'S RESTART PLAN

Step 2 of BC's Restart Plan comes into effect today with groups of up to 50 being allowed for outdoor personal gatherings and sporting events, indoor seated gatherings with an adequate safety plan, as well as movie theatres and banquet halls.

Religious organizations will be able to host indoor services again with an adequate safety plan in place. Up to 50 people or 10% of the buildings capacity, whichever number is greater, is acceptable. Liquor establishments will also be able to extend serving now until midnight. As for provincial travel, the ban was lifted on travel within the province. There is still an advisory for out-of-province non-essential travel. If you are travelling, plan ahead and be respectful of safety measures in place.

This transition into Step 2 of the re-opening plan is in line with key metrics for moving forward. Over 75% of adults are vaccinated with their first dose which exceeded the minimum threshold of 65%. These are the new regulations that come with moving to step 2:

- Recreational travel within British Columbia, including non-essential travel, is permitted.
- Outdoor and indoor(seated) personal gatherings allowed a maximum of 50 people.
- Indoor religious gatherings can allow a maximum of 50 people or 10% of the capacity within their location, whichever number is greater.
- Maximum of 50 spectators for outdoor sports.
- Restaurants, bars, and pubs can extend their liquor service until midnight
- Indoor sports games with no spectators permitted
- High-intensity fitness with safety plans permitted

The target date for the province to move into Step 3 is July 1st with the hope of moving into Step 3 come September 7th. Since the restart plan launched on May 25th, the provincial government has been working with communities and sector associations to help prepare for the transition Step 3 brings when public health orders are lifted. The restart plan was developed based on the data and guidance received from the BC Centre for Disease Control. The progression towards each step of the plan is closely measured by the number of vaccinations and case counts.

DRIVE-IN MOVIE NIGHT IN INVERMERE

The District of Invermere is getting the movie equipment setup on June 26th for a FireSmart themed evening.

The movie *Only The Brave* will be viewing along with FireSmart giveaways, clips, and more at the Lakeview Parking lot in Downtown Invermere.

Vehicles will be let in at 9:15pm with the movie airing around 10pm or once it's dark.

Entrance fee is by donation with proceeds being put towards a new sprinkler protection unit to assist fighting interface fires. Registration for the movie night can be done here:

<https://www.eventbrite.ca/e/only-the-brave-drive-in-movie-tickets>





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VALLEY PROMOTIONS



HIGHWAY RESURFACING COMMENCES IN EAST KOOTENAY

Prepare for delays in your drive between Fairmont Hot Springs and Invermere and near Moyie.

41 kilometres of highway are set to be resurfaced between the two areas. A 14KM stretch of road on Highway 3 between Irishman Creek and Moyie Townsite will be resurfaced with an estimate end date around October. There will be several roads in Fairmont Hot Springs and Westside Road between Fairmont and Invermere which is a 27KM road set for resurfacing.

The resurfacing of these two areas are part of a bigger project which is expected to restore more than 500KM of highway in the southern interior of British Columbia.

WATER ADVISORY ALERT LIFTED FOR KIMBERLEY



Kimberley residents can stop boiling water for drinking as the City has lifted the community water quality advisory.

It is common for a water supply to have increased turbidity or cloudiness after a spring run-off due to the particles found within the water.

The Manager of Communication for the City of Kimberley has advised the water quality is considered good according to Interior Health Guidelines. Turbidity levels have dropped below 1 NTU which means it is safe for consumption.

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VALLEY PROMOTIONS

QUICK RAINY-DAY ADVENTURE

Kootenay Park provided the perfect way to celebrate Trails Day weekend with an easy paved drive.

Highway 93 is a scenic drive even in the rain, and very green right now. There is a 15 km no stopping area just east of Radium so be prepared that some planned hikes may not be possible. Ironically all bears, both Grizzlies and Black Bears have been outside of the no-stopping bear zone and prove they are wide awake and mobile. Make sure to review bear awareness information and be prepared.

If you are planning on doing any adventures in the national parks over multiple days, pick up a Discovery pass [pc.gc.ca/en/voyage-travel/](https://www.pc.gc.ca/en/voyage-travel/) admission. The pass can be purchased at Kootenay Park entrance but also available online. With the future looking promising for being able to travel outside of our own community, future explorations of the multiple parks close by is highly likely, so we opted for a Family pass. The Family pass is the same cost as 2 individuals so it's great if you're expecting the kids, grandkids or friends for a visit.

Marble Canyon is a short easy hike and with lots of water flowing right now, spectacular. Even in the rain, trails were in good shape and if you like waterfalls worth the walk.

The Paint Pots trail was the other stop. This is one hike that might be better in drier conditions. Wearing white is not recommended. One family encountered on the hike had us chuckling with the kids' comments of "so cool" to "I don't like walks anymore". The first part is a lovely stroll through a wooded area to a bridge. Once you've crossed the bridge it is a short walk to where we encountered coloured mud which was cool but also very wet & messy.



Photo: Marble Canyon - taken by Jen Bewski

Someone has strategically put down wood planks, skinny trees and metal piping so unless you want to be up to ankles in coloured muddy water or grass that is actually more muddy water, do the balancing act, orange mud is a great incentive not to step off. The trail was messy but fun and definitely different. There is a low waterfall area along the side of the trail, currently with more debris than water on it but when else do you get to see orange water running?

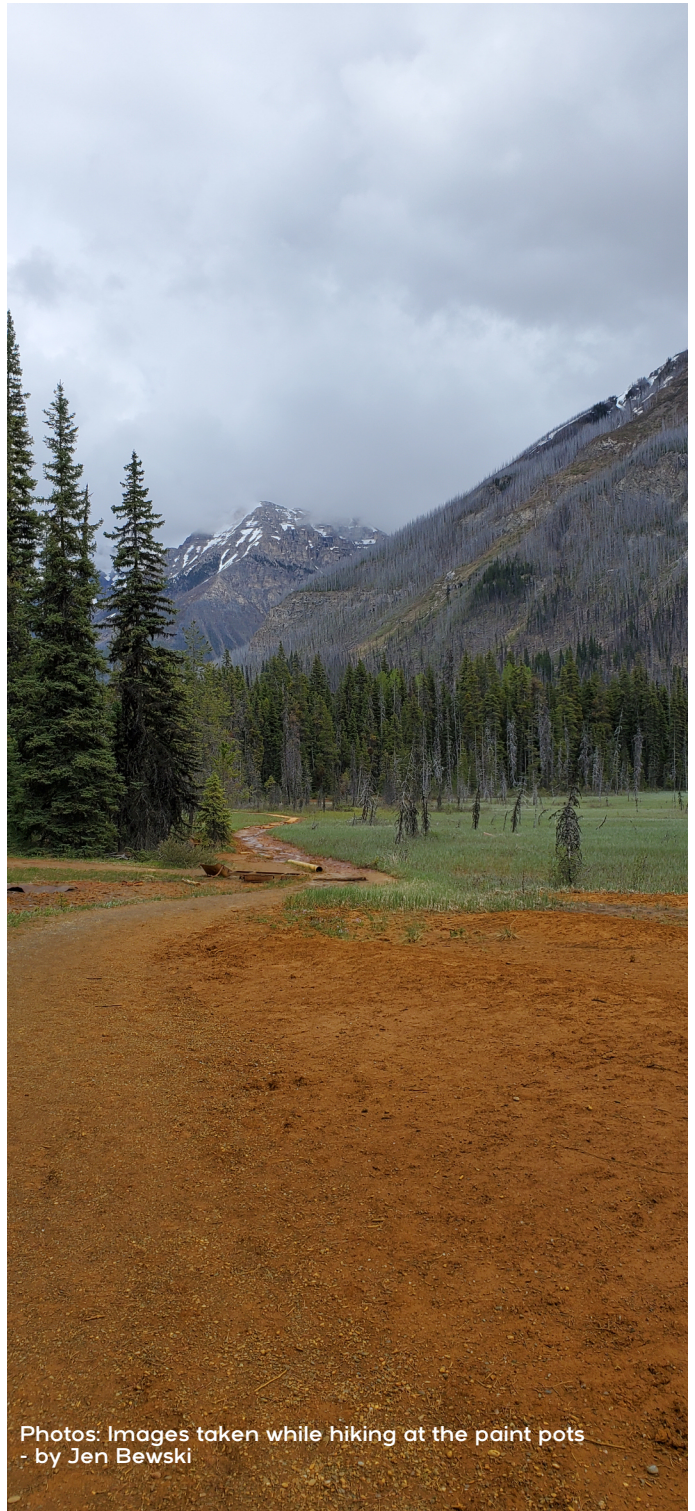
Extra quick add on is the Numa Falls viewing & picnic area. Longer trail after the falls is currently closed.

Before you go, check out parkscanada.gc.ca/kootenaytrails (on smart phone) for trail conditions and more trail specific information. Note if using a laptop, the link is pc.gc.ca/en/pn-np/bc/kootenay/activ/randonnee-hike/etat-sentiers-trail-conditions.

Look this up prior to entering the park. Once in the park remember no cell service.

Always remember pack it in, pack it out.

-Jen



Photos: Images taken while hiking at the paint pots - by Jen Bewski




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VALLEY PROMOTIONS

ARE YOU A SURVIVALIST? CHECK OUT GREEN HELL

JOSH GRIEVE

I'VE ONLY RECENTLY JUMPED INTO THE SURVIVAL GENRE OVER THE LAST YEAR OR SO, I CONSIDER MYSELF AN AVERAGE PLAYER WHEN IT COMES TO SURVIVAL GAMES.



I understand when I start the game, unless there's a tutorial, and even if there is, chances are I'll be given very little information to start the game. I'll have to figure out basically everything for myself. I get it.

Green Hell takes these survival mechanics and brings it to a whole new, realistic, level. You're in the jungle and the game has a fantastic atmosphere and locations that keep you on your toes. You'll feel threatened the entire time you are playing this game because you are never safe. At any point in time you could be attacked by other tribe members, jaguars, parasitic worms, scorpions, the list goes on. This is a survival game you shouldn't sleep on.

The story mode is a success which is difficult to achieve in survival games. You can try the survival mode instead, however I suggest going through the story tutorial first because you'll have to in the end anyways. The game has a great way of lulling you into a false sense of security at times while you're at camp either cooking, resting, or gathering yourself for your next venture into the jungle. There are a variety of difficulty levels to choose from that allow for a wide range of experiences across different play types. You can even create a custom game so you can choose the level of severity you have to survive in.

Whether you want to face continual threats of starvation, attacks from predators and hostile tribes, you have the option to customize the game completely for your play style. My number one tip for this game - only resource the items you need for the time. Getting too full can cause you to lose valuable resources you need in the moment.

VolunteerConnector.org is **FREE** to use and has many exciting features that will make volunteer recruitment and management easier for you.



VolunteerConnector



Be Prepared

I was not thrilled with the idea of letting my clueless 13-year-old son babysit his younger sisters, even though he begged me to. "What about a fire?" I asked, referring to my No. 1 concern.

"Mom," he said, rolling his eyes, "I'm a Boy Scout. I know how to start a fire."



iPod Knowledge

Once I'd finished reviewing my daughter's homework, I gave her an impromptu quiz. "What is a group of whales called?" I asked. "I'll give you a hint—it sounds like something you use to listen to music."

"An iPod?" she guessed. "Close," I said. "But what I'm thinking of is a little smaller."

"A Shuffle!"



The Exit Interview

After giving birth, I quit my job. The exit questionnaire asked, "What steps would have prevented you from leaving?"

My answer: "Birth control."



Face Palm Moment

A middle school in New Ipswich, New Hampshire, encourages freethinking.

A sign outside the school reads, "You are unique—just like everyone else."

A LITTLE FUN

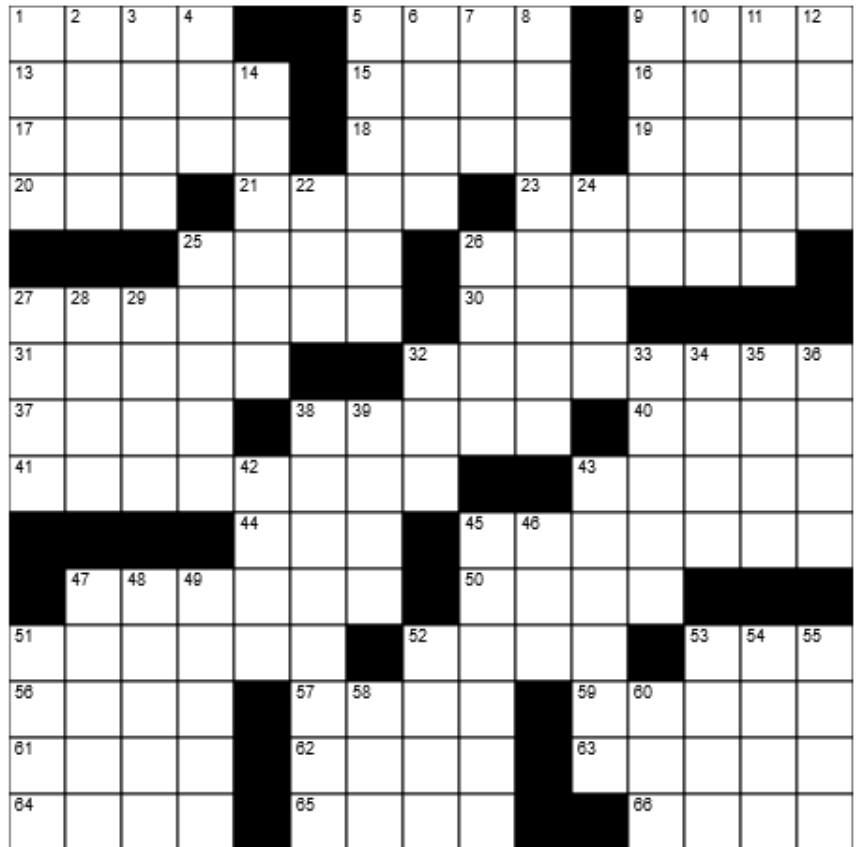
BestCrosswords.com - Puzzle #1 on 6/15/2021

Across

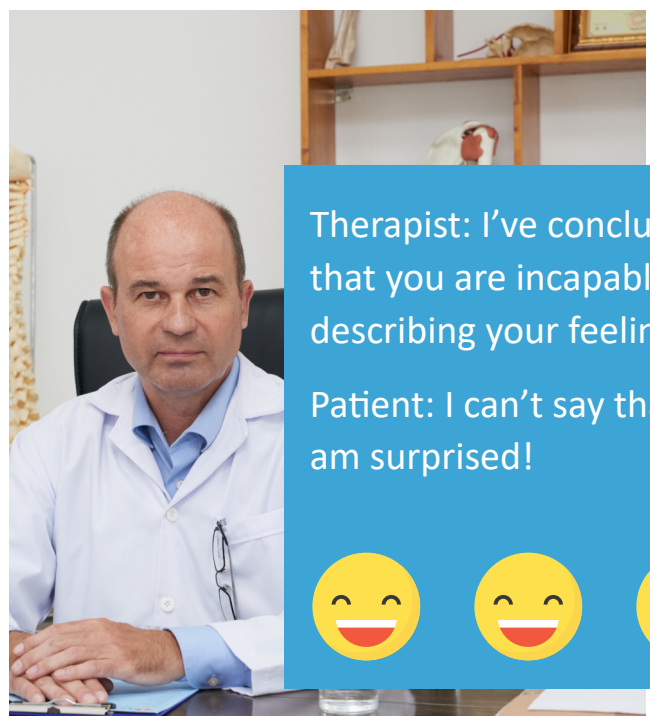
1- The doctor ____; 5- Yard tunneler; 9- Graph prefix; 13- Tied; 15- Enthusiastic vigor and liveliness; 16- Holiday lead-ins; 17- Scoff; 18- Barber's call; 19- Network of nerves; 20- DDE's rival; 21- Savvy about; 23- Like anaerobic soil; 25- It's used to walk the dog; 26- Stir up; 27- Cavalry soldier; 30- Henpeck; 31- Firm; 32- State of USA; 37- "The Morning Watch" author; 38- Bottom line; 40- "Song of the South" song syllables; 41- Affluent; 43- Judge, e.g.; 44- On in years; 45- Go along with; 47- Baseball deals; 50- Barbershop request; 51- Potential mate; 52- DEA agent; 53- Barker and Bell; 56- Hostelries; 57- According to the Bible, he was the first man; 59- Russian drink; 61- ____-majesté; 62- Spanish snack; 63- Cruising vessel; 64- Ancient theaters; 65- Paradise lost; 66- Dreg;

Down

1- Ingrid's "Casablanca" role; 2- Having a sound mind; 3- Locks up; 4- Miss-named?; 5- Wise counselor; 6- Muffin topper; 7- Loose; 8- Spellbind; 9- Lost in Paris?; 10- Declares; 11- Knot again; 12- Wait ____!; 14- Sagging; 22- Comic Louis; 24- Eastern discipline; 25- Warble; 26- "Puppy Love" singer; 27- Warm up; 28- Anger; 29- Hurler Hershiser; 32- Siouan speaker; 33- Seraglio; 34- "Garfield" canine; 35- Run into; 36- Saab model; 38- Put up with; 39- Track numbers; 42- List heading; 43- Crafty; 45- Cossack chief; 46- Boxer's warning; 47- Adjusted pitch; 48- Wash cycle; 49- Lost; 51- Silage storage tower; 52- Neck part; 53- Clublike weapon; 54- Tennis great Arthur; 55- Fast fliers; 58- June honoree; 60- Actor Kilmer;



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Therapist: I've concluded that you are incapable of describing your feelings.

Patient: I can't say that I am surprised!



GET INVOLVED

There are MANY ways you can get involved with this awesome online publication! We hope to hear from you.

BUSINESS ADS

Any and all businesses, organizations and entrepreneurs are welcome to submit a business ad for free. *Ads must be refreshed every 3 months*

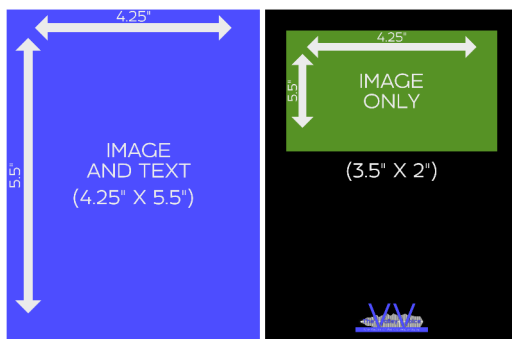
FOR A FULL-PAGE PLACEMENT

Donate a product or service for giveaway through the Valley Voice. Help us give back to the readers and we will help place you. Though, we will likely reserve this to one per issue. Businesses can choose to host more than one giveaway through Valley Voices to obtain additional feature pages.

Business Ad Sizing Rules

IMAGE AND TEXT
If you have a completed ad that you are submitting, use the image and text sizing below, 4.25"x5.5"

IMAGE ONLY
If you are submitting image with separate word copy, use the image only sizing below, 3.5"x2", with the understanding the copy will be sized to fit the remainder.



FOR A FULL-PAGE FOOD WRITE UP

We will ask you to provide the meal set you want tasted, at no charge, to our public food writer. (One of the front facing volunteer positions through the Valley Voice where anonymity is not always possible.) You will be notified when to expect the critic and they will introduce themselves. Once the meal has been completed, you can expect a full-page review, complete with photography of your food, to appear in a future issue.

TO GET ON THE COVER

This one is really easy... take the best photo. If the best photo has been submitted by a business, it's the business who will be credited on the front page.

BECOME A VOLUNTEER!

We are still looking for content curators, front-facing liaisons, photographers, and promoters.

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