



The Voices of the Columbia Valley

TheVoiceCV.ca

INSIDE THIS EDITION

TELL THE TRUTH?

Truth builds courage, clarity, and self-respect by asking us to speak honestly—sometimes wounding, often healing, and ultimately setting us free.

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For amateur photographers, winter offers a world of opportunity, but also a few chilly challenges.

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The snow-glazed landscapes and crisp air are a wonder to behold, but icy sidewalks, shorter days, and chilly temperatures can make it harder for older adults to stay active and engaged.

WHAT'S AN IDIOM, ANYWAY? PT 7

The Weird, Wild World of Everyday Expression

#106 Issue

Columbia Valley, BC



PHOTO CREDIT: JUSTIN SPILLY

➤ SUBMIT CONTENT

This only works if we all do. Your content is what DRIVES this publication. We need it all because we need you.

NEXT EDITION March 4th, 2025
SUBMISSION DEADLINE March 3rd, 2025

EVENTS

Any and all businessess, organizations and entrepreneurs and members of the public are welcome to submit an add of any size to promote local events. We WANT to promote your event, seriously, send it in.

LOCAL PHOTOGRAPHY

Any and all are welcome and encouraged to submit their photos. Credit given when requested. Great way to get your art out to more eyes.

BUSINESS ADS

Any and all businessess, organizations and entrepreneurs are welcome to submit a business ad for free. *Ads must be refreshed periodically. Once an add is out of date or stale, we will remove it.*

PERSONAL INTEREST

Got something to say? Expert in something? Know how to handle a season with skill? Send it in! We'll edit it only if requested. We'd LOVE to publish your brilliant works.

NEWS

Did you hear about it or see it? We could use your help! Snap a photo and send a blurb/article and we'll make sure it get included.

BECOME A VOLUNTEER!

We are always looking for content curators, liaisons, photographers, and promoters.

Want to get involved?

Email us at news@thevoicecv.ca

VISIT US ONLINE

thevoicecv.ca

VISIT US ON SOCIAL

@Thevoicecv_official

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At The Valley Voice, we believe every journey matters. With a little planning, a dash of community spirit, and some practical tools, winter travel can be both sustainable and satisfying. Here are our top tips for eco-friendly travel during the coldest months.

HOW ARE WE DOING?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram [@thevoicecv_official](https://www.instagram.com/thevoicecv_official)

OR

by email to news@thevoiceeca.ca



LETTER FROM THE VOLUNTEERS

Welcome to February! It's the shortest month of the year, yet somehow, it often feels like the longest stretch of winter. Here in the Columbia Valley, Kimberley, and Cranbrook, we know the feeling well: the holidays are behind us, the days are still short, and the cold can sometimes feel relentless. But this is also the month of heart—of Valentine's Day, of Family Day, and of looking forward to the upcoming school break. It's a time to hold onto the warmth of community, even when the thermometer says otherwise.

We want to take a moment to talk about resilience. Pushing through the bleakest parts of winter takes effort, but seeing the creativity and spirit in this valley makes it so much easier. Whether it's a photo of a frozen sunrise, a story about a local hero, or a simple recipe shared by a neighbour, your contributions bring light to these pages and to our days.

We also want to send out a massive, heartfelt thank you to everyone who continues to submit content and support us. As we

mentioned last month, our core team of volunteers has shrunk down quite a bit recently. It's been a challenge, but it has also shown us the incredible power of this community. Every article, every photo, and every hour volunteered helps keep The Valley Voice alive. We truly couldn't do this without you.

As we move deeper into 2026, our hope remains the same: to reach more readers and fill these pages with even more local voices. We've been proudly serving this region for four years now, and we are eager to grow. If you enjoy what you read here, please consider sharing The Valley Voice with a friend, a new neighbour, or a family member. Helping us reach a wider audience is the best way you can support our work.

So, let's embrace the chill, celebrate the love in our lives, and keep pushing through together. Spring is coming, but until then, let's make February memorable.

—The Valley Voice Volunteers (VVV) 

A MOTORCYCLE ADVENTURE DOCUMENTARY FILM EVENT

RIDING FROM CAIRO TO CAPE TOWN

BEYOND SAHARA



**Narrated by Charley Boorman
Hosted by Justin Sain**

February 21, 2026

Edgewater Community Hall

7:00 PM / Doors 6:30

By
Donation

*Fun
Travel
Culture
Adventure
Motorcycles*

*1 Tour
80 Days
16 Riders
17,800 km
11 Countries*



4818 Selkirk Ave, Edgewater

Valentine's Day

BAKE SALE FUNDRAISER



When: February 12 & 13 2026

Where: Western Financial
Group on Baker Street

All Proceeds to go
Angel Flight East Kootenay

Western Financial Group | 907 Baker Street - Cranbrook



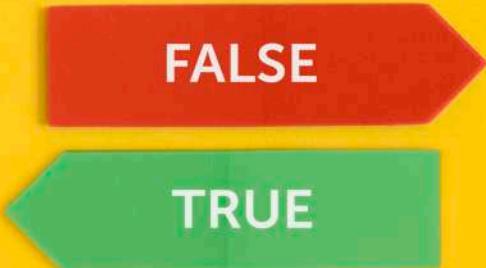


Galentine's Pajama Party

Key City Zumba
Friday Feb. 13th
6:00-7:30pm
St. Mary's School
gymnasium

\$ 12

"Fun & Sassy Girl" Zumba class



TELL THE TRUTH?

Truth builds courage, clarity, and self-respect by asking us to speak honestly—sometimes wounding, often healing, and ultimately setting us free.

Telling the truth is one of those things everyone claims to value, but few actually practice it when it gets uncomfortable. Truth is supposed to set us free, yet we often treat it like a wild animal we'd rather keep behind thick glass. But the moment we stop running from it, truth becomes something far more powerful than just "facts." It becomes a force that shapes us, sharpens us, and quietly demands that we live with a little more courage.

Roman emperor and philosopher, Marcus Aurelius, said it clearly centuries ago: "If anyone can refute me—show me I'm making a mistake or looking at things from the wrong perspective—I'll gladly change. It's the truth I'm after." That's a level of humility most of us only pretend to have. He isn't just talking about correcting opinions. He's talking about the willingness to let the truth change you when it demands growth.

What makes truth so powerful is that it's unforgiving but never malicious. It doesn't bully; it just reveals. And once something is exposed, you can't unsee it. We can ignore it, deny it, or bury it—and no matter how long we try to avoid it, eventually it rises back up and waits for us to be ready to face it.

English poet and philosopher, G.K. Chesterton, offered a sharper angle when he wrote, "There is a case for telling the truth; there is a case for avoiding the scandal; but there is no possible defence for the man who tells the scandal but does not tell the truth." It's almost prophetic in a time where "truth" often gets twisted into whatever makes the best headline, gains the most followers, or stirs the biggest outrage. We've normalized broadcasting scandals but lost our appetite for hon-



esty. And when scandal replaces truth, we lose the ability to see each other clearly.

Truth isn't just about accuracy—it's about alignment. When we speak the truth, even quietly, we line up our inner world with the world outside. And that alignment changes how we move through life. People sense it. You feel it. It becomes easier to stand, easier to breathe, easier to look someone in the eye. Telling the truth might sting for a moment, but living a lie is like carrying a stone in your shoe—you can keep walking, but eventually it tears you up.

American economist and social theorist Thomas Sowell put it clearly, stating, "When you want to help people, you tell them the truth; when you want to help yourself, you tell them what they want to hear." It reminds us that dishonesty is almost always an act of self-preservation, while truth-telling is an act of respect.

And the more we choose honesty, the less energy we waste holding up something that was never real.

Telling the truth isn't just a service to others—it's a liberation for ourselves. Every truth we speak, even the small ones, is a reminder that we're strong enough to face reality as it is, not as we wish it to be. And every time we choose honesty over comfort, we become a little more trustworthy, a little more grounded, and a little more free.

Truth doesn't ask for perfection—just sincerity. It doesn't require us to know everything, only to stop pretending that we do. And the more we practice it, the more we realize that truth isn't a weapon or a threat. It's a map. It shows us where we stand, where we're headed, and who we're becoming—because the truth, lived and spoken, really does set us free. And if we let it, it might just turn us into people worth believing.

Spaghetti Dinner

FUNDRAISER

SUNDAY, FEBRUARY 15TH | 5:00–8:00 P.M.

WILMER COMMUNITY HALL

Join us for an evening of community support, connection, and giving. Admission is by donation, and there will be silent auction items available to bid on. All proceeds will go directly to supporting Arya and her family.

Our Story



Arya was born prematurely at 27 weeks and 6 days and is currently receiving care in the NICU at BC Children's Hospital in Vancouver. Her parents have relocated to remain by her side and are facing significant financial strain while also being separated from their 5-year old daughter. There is currently no clear timeline for Arya to come home.

If you're unable to attend but would still like to help, please send donations to:
caitlynfranzen1@hotmail.com

For questions, please contact Rhonda:
(250) 688-0705





6th Annual Ice Fishing Derby
Sunday, February 15th/26



6:00 am- 4:00 pm

Prizes for 1 st , 2 nd , 3 rd in	\$15 Adult
Mens, Ladies & Children	\$5 under 12
1 st for Best overall	100 Km radius
1 st for combined weight for couples	of Wasa

Registration:

By Telephone: 780-668-5977

In Person: Wasa Gas Station parking Lot 6 am-9am

Or online: adamsarmy.ca

Weigh in no later than 4 pm at the Wasa Lions
Grounds

Charity BBQ at weigh in!

****must be present to win prizes****

Here are five easy, highly photogenic photo ideas

1. The Pop of Red (Nature's Ornaments)

The Shot: Look for a bush of wild rosehips, mountain ash berries, or a red dogwood branch sticking out of a snowbank.

Why it works: Winter landscapes can be very monochromatic (white, grey, blue). A splash of bright natural red creates instant, striking contrast that grabs the viewer's eye.

2. The Leading Line (The Snowy Path)

The Shot: Find a freshly plowed road, a fence line, or a set of cross-country ski tracks that stretch away from you toward the mountains. Center the path in your frame so it leads the eye deep into the photo.

Why it works: This adds depth and perspective to your image, making the viewer feel like they are stepping right into the scene.

3. The Winter Sunburst

The Shot: Position yourself so the low winter sun is partially hidden behind the trunk of a pine tree or a mountain peak. Adjust your angle until just a sliver of light peeks through.

Why it works: Hiding the sun slightly prevents the photo from being "blown out" (too white) and often creates a beautiful "starburst" effect with the light rays.



FROZEN PHOTOGRAPHY

Tips for Capturing Winter Landscapes

There's something truly magical about winter in the Columbia Valley, Kimberley, and Cranbrook. Frost-dusted trees, shimmering ice, and snow-blanketed hillsides transform the familiar into a wonderland—inviting us to slow down and see our home with fresh eyes. For amateur photographers,

winter offers a world of opportunity, but also a few chilly challenges. Here are some expert tips to help you capture the Valley's frosty beauty, even when the thermometer dips.

1. Dress the Part:

Before you head out, layer up! Cold fingers can end a



photo session quickly, so invest in touch-sensitive gloves and warm, waterproof boots. Bring extra batteries and keep them close to your body—cold drains them fast.

2. Embrace the Light:

Winter's low sun creates long shadows and soft, golden light, especially early in the morning or late in the afternoon. Overcast days also offer gentle, even illumination—perfect for capturing subtle details in snow and ice.

3. Watch Your Exposure:

Snow can trick your camera's light meter, resulting in dull or grayish images. To keep your whites bright and true, try slightly overexposing your shots (+0.3 to +1 on your camera's exposure compensation). Check your photos on screen and adjust as needed.

4. Seek Out Contrast and Texture:

Look for shapes, patterns, and pops of color—red berries against white snow, animal tracks, or the intricate patterns of frost on a window. These details add visual interest and tell a deeper story of winter in the Valley.

5. Protect Your Gear:

Moisture is the enemy of electronics. Use lens hoods to keep falling snow off your camera, and let cold gear warm up slowly in a sealed bag when you return indoors to avoid condensation.

Winter is fleeting, but the images you capture can last a lifetime. So breathe in the crisp air, follow the light, and let your camera tell the story of this remarkable season. And if you snap a shot you love, share it with The Valley Voice—we'd be thrilled to showcase our community's winter wonders!

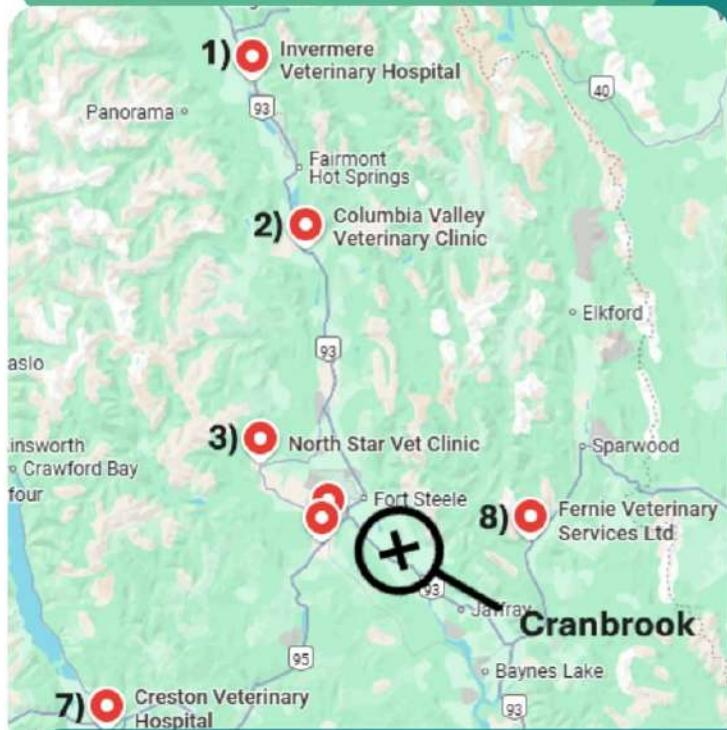




The East Kootenay Veterinary Group was formed with the mission to improve access to emergency veterinary services in our region. By providing dedicated after-hours and urgent care, we help ensure local pets receive the medical attention they need when they need it most.

Our goal is to support veterinary professionals by reducing burnout and improving work-life balance, allowing more veterinarians to remain in our community. This means better access to care for all pets now and in the future.

Together we are making emergency care more accessible for the Kootenays.



All emergent calls will be triaged by an experienced, registered veterinary technician who will help clients determine whether emergency service is required and, if so, direct them appropriately. Clients will be given clear direction on where emergency after hours service will be offered based on the day and nature of the emergency.

East Kootenay Veterinary Group Emergency Services

Our Locations

1) Invermere Veterinary Hospital

250-342-7007
4854 Athalmer Rd, Invermere, BC V0A 1K3

2) Columbia Valley Veterinary Clinic

250-349-0514
9039 Thunderhill Rd, Canal Flats, BC V0B 1B0

3) North Star Vet Clinic

778-481-5288
550 Mark St, Kimberley, BC V1A 2B8

4) Steeple Veterinary Clinic

250-489-3451
3410 Victor Rd, Cranbrook, BC V1C 7B7

5) Tanglefoot Veterinary Services

250-489-1655
315 Industrial Road F, Cranbrook, BC V1C 6N4

6) Cranbrook Veterinary Hospital

250-426-8517
106 5 Ave S, Cranbrook, BC V1C 2G2

7) Creston Veterinary Hospital

250-428-9494
1605 Dogwood St, Creston, BC V0B 1G0

8) Fernie Veterinary Services

250-423-2620
1161 7 Ave, Fernie, BC V0B 1M0



250-342-7007

All calls to our regular line after hours will automatically connect to triage.

Legion Legend

Our story is well known. Come join us for fun & memories, downtown at the Invermere Legion

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**WEDNESDAY, FEBRUARY 25TH
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**WEDNESDAY, MARCH 4TH
CAJUN CHICKEN DINNER!**

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**WEDNESDAY, MARCH 11TH
ROAST BEEF DINNER! WITH ALL THE
TRIMMINGS!**

**GUESTS
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**THURSDAY, MARCH 12TH @ NOON
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CALL JAN @ 250-342-1196**

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2027
MEMBERSHIP
AND YOU
COULD WIN A
NEW TRUCK!!**

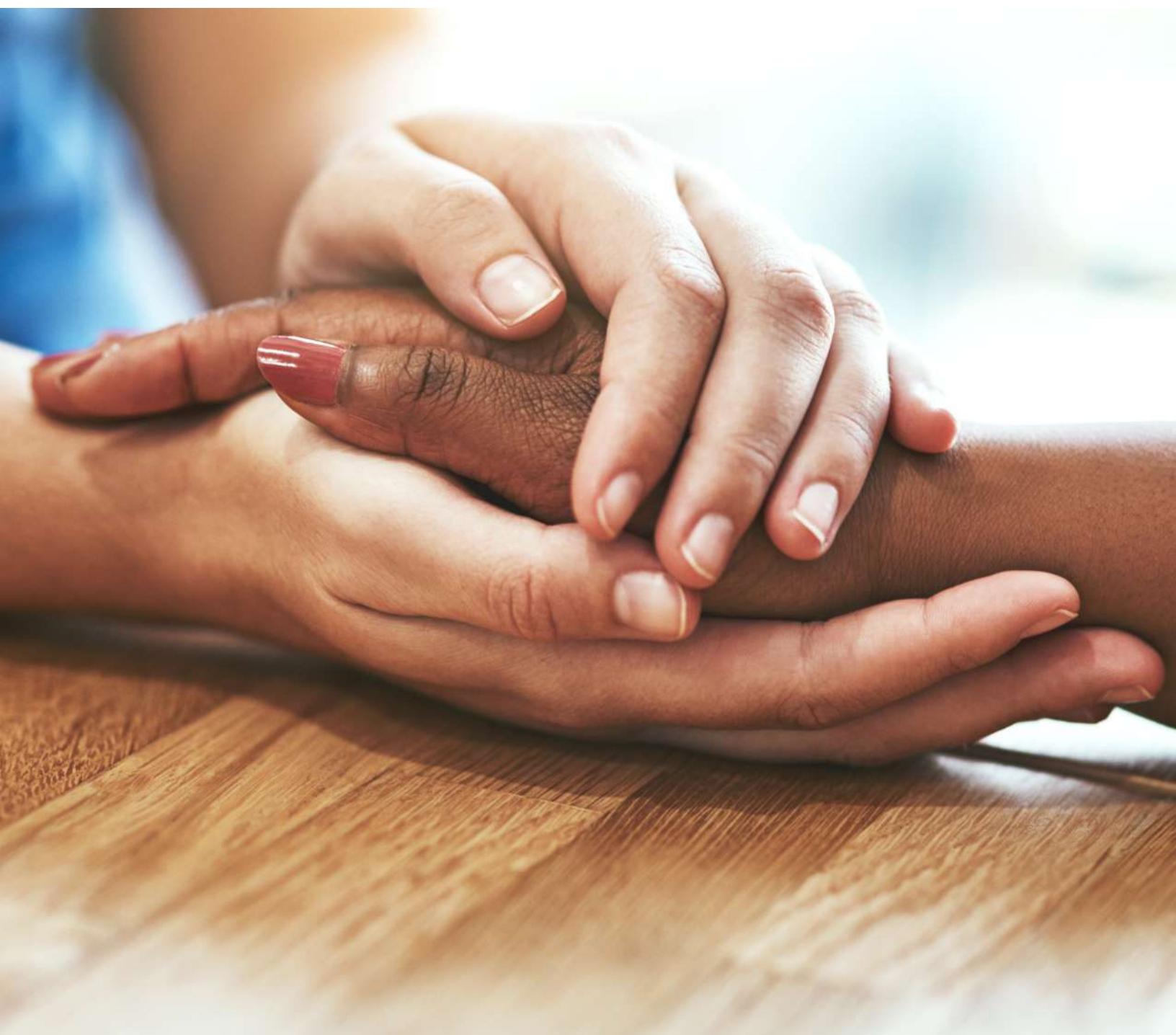


**MEAT DRAW 3 DAYS A WEEK WEDNESDAY, FRIDAY AND SATURDAY!!
STARTS AT 6:30 PM, TIL THE MEAT IS GONE!**

*The community get-together place... Where you're not just a face...
Bring a friend and ADD TO THE LEGEND.*

MENTAL HEALTH MATTERS

Coping with Cabin Fever in February

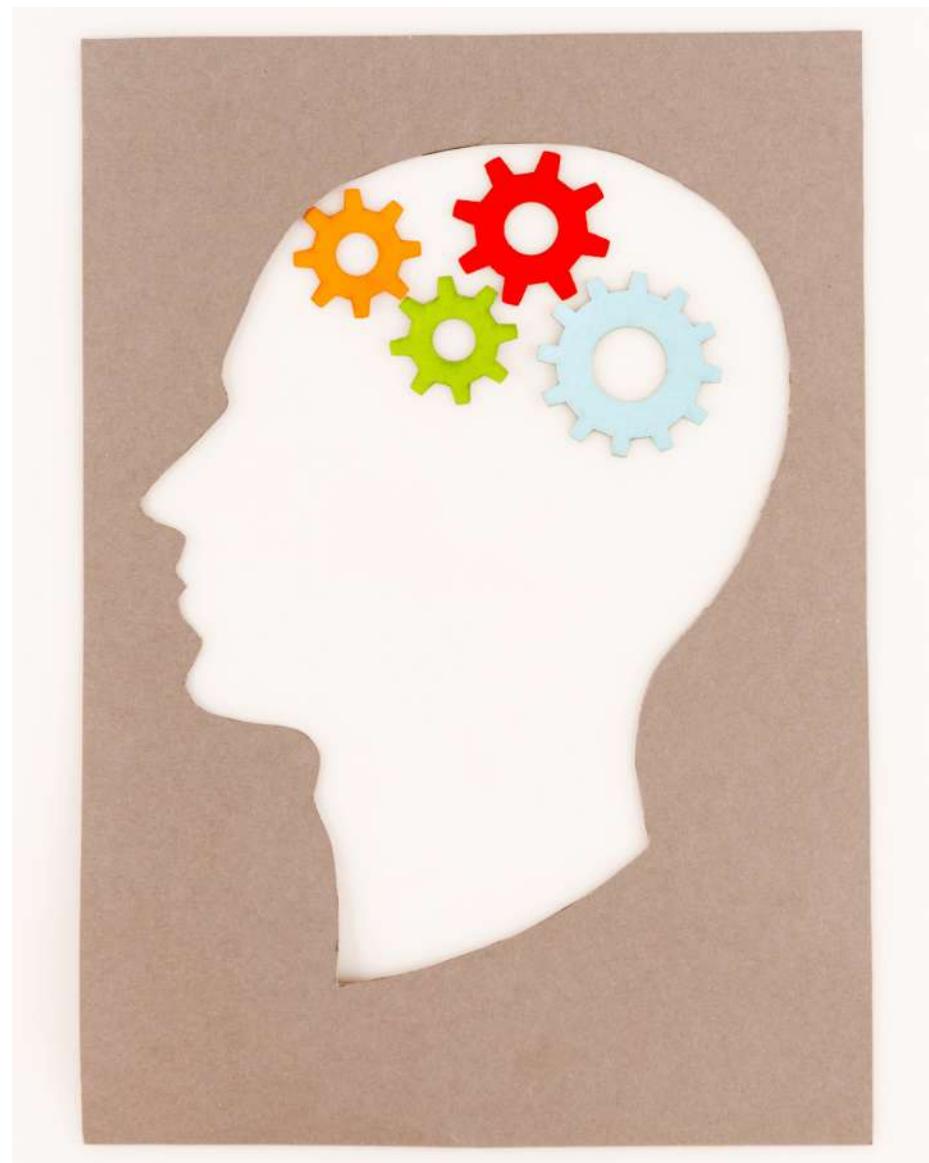


As February settles over the Columbia Valley, many of us feel the winter stretching on—long nights, snowy days, and the slow countdown to spring. It's no wonder that "cabin fever" can seep in, bringing feelings of restlessness, irritability, or even sadness. The good news? There are practical ways to nurture your mental health and weather the winter, one day at a time.

First, remember that you're not alone. Many people experience a dip in mood or energy during the colder months. Acknowledging those feelings is the first step toward taking action. One of the simplest ways to boost your well-being is to get outside, even briefly. A short walk in the fresh air, sunlight on your face, or the crunch of snow under your boots can have a powerful effect on your mood.

Staying connected is just as important. Reach out to friends, family, or neighbors for a chat or a shared coffee—whether in person or by phone. Community centers, libraries, and faith groups often offer winter programs, workshops, and social gatherings that provide a welcome sense of belonging.

Structure can help, too. Try keeping a daily routine, even if it's simple: regular wake-up times, meals, and a balance of activity and rest. Setting



small goals—like trying a new recipe, reading a book, or working on a craft—can bring satisfaction and break up the monotony of the season.

For those who need extra support, local resources are available. Many health clinics offer counseling services, and the Canadian Mental Health Association's BC branch has helpful programs and phone lines. Don't hesitate to reach out if you're struggling—seeking help is a sign of strength.

Above all, be gentle with yourself. Winter is a season of slowing down and turning inward. With a few mindful strategies and a little help from your community, you can keep cabin fever at bay and nurture your mental health until spring's thaw returns to the Valley.

If you have tips or stories about winter wellness, share them with The Valley Voice—we're here to listen and support, every season of the year.



**COLUMBIA VALLEY
FOOD BANK**

Buy a Food Basket For A Household



Households of all sizes benefit from our food baskets.

Two Person Food Basket



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Choose a donation option here from \$74.00 to \$335.00.

Tax receipts provided.



Households of 1, 3, 5 and 7 people



Households of 2, 4, 6 and 8 people

Help Relieve Hunger in the Columbia Valley

We provide one week of food per household. When more support is needed an emergency food basket is a solution.



Emergency Food Baskets (\$39.00)



Emergency Food Basket



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PRESENTS

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SATURDAY MARCH 14TH, 2026
12PM - 4PM

THIS EVENT IS YOUR ONE STOP
SHOP FOR COMMUNITY ACTIVITIES,
INFORMATION AND REGISTRATION!

IF YOU ARE A SPORT, RECREATION OR LEISURE
BUSINESS, NON-PROFIT OR COMMUNITY GROUP, MAKE
SURE YOU SIGN UP FOR A TABLE TO LET OUR
COMMUNITY KNOW ABOUT YOUR GREAT ACTIVITIES!

CONTACT EVENTS@INVERMERE.NET

THE ART OF ICE

Sculpting with Nature's Miracle



In the Columbia Valley, winter doesn't just cover our landscape; it transforms it. While we often bundle up against the chill, there is a quiet sect of artists among us who see the dipping mercury not as a nuisance, but as a medium. From the intricate carvings at winter festivals to the humble backyard slide, ice sculpting is a practice that turns the coldest days into the brightest art.

There is something inherently magical about working with ice. It is a material that demands patience and respect. Unlike clay or wood, ice is transient. It captures light in a way no other medium can, bending sunshine into prisms by day and glowing with an ethereal inner fire when lit by candles at night. For local sculptors—whether they are wielding chainsaws at a competition or kitchen spoons in a snowbank—the act of creating something so temporary is a lesson in being present.

You don't need to be a professional artist to tap into this frozen creativity. Across Kimberley and Cranbrook, we see families freezing balloons filled with coloured wa-



ter to create "ice marbles" for their walkways. We see elaborate forts with windows made of clear river ice. These small acts of creation do more than decorate a yard; they change our relationship with the season. Instead of hiding from the cold, we engage with it.

For those looking to try their hand at this chilly craft, the key is preparation. Professionals suggest starting with

"slush molding"—mixing snow and water to create a cement-like paste that freezes solid overnight. For clearer ice, boiling water before freezing it (to remove air bubbles) can result in glass-like clarity perfect for sun catchers or ice lanterns.

As February unfolds, take a walk through your neighbourhood. Look for the glint of a frozen sculpture or the glow of an ice luminary.

These frozen masterpieces remind us that beauty in the Valley isn't just found in the enduring mountains, but also in the fleeting, fragile moments of winter. So, grab your mittens and a bucket—nature has provided the canvas, the rest is up to you.

PRICE LIST

Want to advertise your business or services?

All designs come with 2 rounds of revisions. Any additional rounds will be estimated on a case-by-case basis. Please note that services do not include any printing or stock photography costs. Final files will be formatted to fit your desired needs.

VECTOR LOGO DESIGN	VECTOR SIGN DESIGN
Single Concept \$62	Single Concept \$44
2 Concepts \$107	Price based on existing Logo, Logo Design sold separately.
3 Concepts \$125	
LETTERHEAD DESIGN	LABEL DESIGN
Price based on existing Logo, Logo Design sold separately. First round includes 2 layouts.	Single Concept \$35
	2 Concepts \$44
	Price based on existing Logo, Logo Design sold separately.
FLYER DESIGN	BROCHURE DESIGN
Single Layout Concept \$35	Tri-Fold \$44
MENU DESIGN	
Priced Per Page \$86	
KIDS COLOURING MENU	
8.5" X 11" \$35	
11" X 17" \$44	
MAGAZINE DESIGN	
Starting at \$314	
Prices vary based on the amount of pages.	
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Single Sided \$53	
Double Sided \$71	
CUSTOM COLOURING PAGE	
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Sierra Says

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- BARS
- ETC.

Sierra Franklin
MovingMountainsHypnotherapy@gmail.com

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Radium Hot Springs

February 19th

5 BINGO GAMES ... CASH PRIZES

50/50 DRAW & DOOR PRIZES

A fun night!
Snacks, pop & water for sale.

**CASH
CREDIT
DEBIT**

Must be 19 years or older.

Know your limit, play within it!

BC Gaming Licenses 154995 & 154996

Doors open 6:30 - Games start 7 pm



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EVENT SPONSOR



February is often thought of as the month of love—and what better way to celebrate than by caring for ourselves and each other?

WINTER WELLNESS FOR SENIORS

Staying Active and Connected

February brings its own blend of beauty and challenge—especially for our senior community. The snow-glazed landscapes and crisp air are a wonder to behold, but icy sidewalks, shorter days, and chilly temperatures can make it harder for older adults to stay active and engaged. Yet, winter doesn't have to mean isolation or inactivity. With a little planning and creativity, seniors can enjoy a season filled with warmth, movement, and meaningful connections.

At The Valley Voice, we've gathered practical tips, local resources, and inspiring ideas to help older adults thrive through February and beyond.

Embracing Movement Indoors and Out

Staying active is essential for physical health, mood, and independence. Even

when the weather isn't inviting, there are plenty of ways for seniors to keep moving:

1. Gentle Indoor Exercise:

Local community centers and seniors' groups often host indoor fitness classes suited for all abilities—think chair yoga, stretching, or gentle aerobics. Can't make it in person? There are excellent free online programs designed for older adults, from seated routines to balance exercises. Even a few minutes a day can boost circulation, energy, and mood.

2. Walking Safely Outdoors:

For those who love a brisk walk, winter offers quiet beauty and peaceful trails. Choose well-cleared paths, wear sturdy boots with good tread, and consider walking poles for extra

stability. Microspikes or ice cleats can help prevent slips on icy patches. Walking with a friend or group not only increases safety but makes the outing more social and enjoyable.

3. Active Hobbies:

Dancing in the living room, doing household chores to music, or tending to indoor plants can all help keep the body moving. Activities like tai chi, light weights, or even hallway "laps" are simple ways to stay fit.

Cultivating Social Connections

Isolation can creep in during winter, but nurturing social ties is as important as physical wellness. Connection brings joy, purpose, and resilience.

1. Join Local Groups:

Many community

centers, libraries, and churches in the Valley offer winter programming for seniors—book clubs, craft circles, coffee mornings, and more. Don't hesitate to try something new or reconnect with an old hobby; these gatherings are welcoming and often a highlight of the week.

2. Virtual Visits:

If travel is difficult, technology can bridge the gap. Video calls with family and friends are easier than ever with user-friendly apps. Some organizations offer "tech help" sessions for seniors to get started. Virtual game nights, movie watch parties, or even online classes can keep you connected and learning.

3. Volunteer:

Giving back is a powerful way to beat the winter blues. Whether it's knitting for local charities, mentoring youth, or helping with community projects, volunteering keeps you active and engaged with others.

Nourishing Body and Mind

Winter wellness isn't just about movement; it's also about fueling the body and mind with what they need.

1. Eat for Warmth and Health:

Nutritious, warming meals are winter's best medicine. Soups, stews, and casseroles packed with vegetables, lean proteins, and whole grains are both comforting and easy to digest. Keep healthy snacks handy, and stay hydrated—even when it's cold, our bodies need plenty of fluids.





2. Mind Your Mood:

Shorter days can lead to the “winter blues.” Open blinds during daylight hours, sit near windows, or bundle up and step outside for a few minutes to soak in natural light. If low mood persists, reach out to your healthcare provider or a local support group—there’s no need to face it alone.

3. Challenge Your Brain:

Puzzles, crosswords, reading, or learning something new (like a craft or language) can help keep the mind sharp and spirits high.

Staying Safe in Winter

Winter brings unique risks, but a few

precautions can make a world of difference.

1. Prepare for Slick Surfaces:

Keep walkways and steps clear of ice, use sand or cat litter for traction, and ask for help if shoveling becomes too much. Wear bright or reflective clothing to stay visible during shorter days.

2. Ready Your Home:

Check that heating systems are working well and keep extra blankets handy. Store emergency supplies—like flashlights, batteries, and non-perishable food—in case of power outages.

3. Medication and Health Needs:

Make sure you have enough medication on hand and know how to reach your healthcare team. Many pharmacies offer delivery, and some clinics provide virtual appointments in winter.

Local Resources for Seniors

- Columbia Valley Seniors Centre, Kimberley Seniors Centre, and Cranbrook Seniors Hall: All offer regular activities, social events, and information sessions.
- Public Libraries: Host workshops, book clubs, and tech support for seniors.

- Volunteer Organizations: Many coordinate friendly check-in calls, rides to appointments, or meal delivery for those in need.
- HealthLink BC (8-1-1): For non-emergency health advice, available 24/7.

Celebrating Connection and Community

February is often thought of as the month of love—and what better way to celebrate than by caring for ourselves and each other? Reach out to friends, neighbors, or family, whether it's for a shared meal, a walk, or a simple phone call. If you know a senior who might be feeling isolated, a small gesture can make all the difference.

And remember: it's never too late to try something new, join a group, or ask for help. The Valley is rich with resources and neighbors who care. Staying active and connected isn't just about getting through winter—it's about making the most of this beautiful, snowy season.

If you have tips, stories, or favorite winter pastimes to share, The Valley Voice invites you to write in. Together, let's keep our community warm and welcoming, every day of the year.





Movement Monday

United Way helping seniors remain independent.

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January 12	1-3pm
February 9	1-3pm
March 9	1-3pm



hobbithousecollectibles.com

Welcome to Hobbit House Collectibles!

Nestled just 4km south of Radium Hot Springs, we invite you to explore our whimsical collection of antiques and treasures at 8288 Hobbit Frontage Rd, Hwy 93/95. Our charming shop is bursting with unique finds that are sure to spark joy and nostalgia! Have you visited us before? Share your favorite discovery in the comments on Facebook! If you haven't, what kind of collectible are you hoping to find? Don't forget to swing by and say hello, we're open and ready to help you uncover your next great treasure! #[HobbitHouseCollectibles](#) #[AntiqueAdventure](#) #[RadiumHotSprings](#)

WHAT'S AN IDIOM, ANYWAYS? PT. 7

The Weird, Wild World of Everyday Expression

An idiom is a phrase or expression that has a meaning different from the literal definitions of the individual words. In other words, if you take it literally, it won't make much sense—like "When hell freezes over" or "You have a chip on your shoulder."



LET SLEEPING DOGS LIE

Don't stir up old problems, arguments, or sensitive issues. If something is currently peaceful, it's usually wiser to leave it alone rather than risk causing trouble.

The phrase dates back to at least the 14th century and appears in English literature as early as Geoffrey Chaucer (1343-1400), often called "the Father of English literature." It comes from a very literal piece of wisdom: waking a sleeping dog might get you bitten. Over time, it became a metaphor for avoiding unnecessary conflict.

Let sleeping dogs lie...or at least back away very, very quietly, and step away from the drama nap.



SNAKE IN THE GRASS

Someone who appears harmless or friendly but is actually deceitful or dangerous.

The phrase traces back to ancient Rome, from Virgil's Eclogues (one of ancient Rome's greatest poets, 70-19 BC): "Latet anguis in herba" - "A snake lurks in the grass." It warned of hidden danger beneath calm appearances.

Not all greenery is friendly, which explains why my instincts keep telling me to wear hiking boots.

Idioms are frequently used in everyday language to convey ideas more vividly or creatively. They often originate from old stories, cultural traditions, or historical events, and many have been passed down for centuries. Let's take a look at a few of them, and I'll promise not to "Spill the beans."

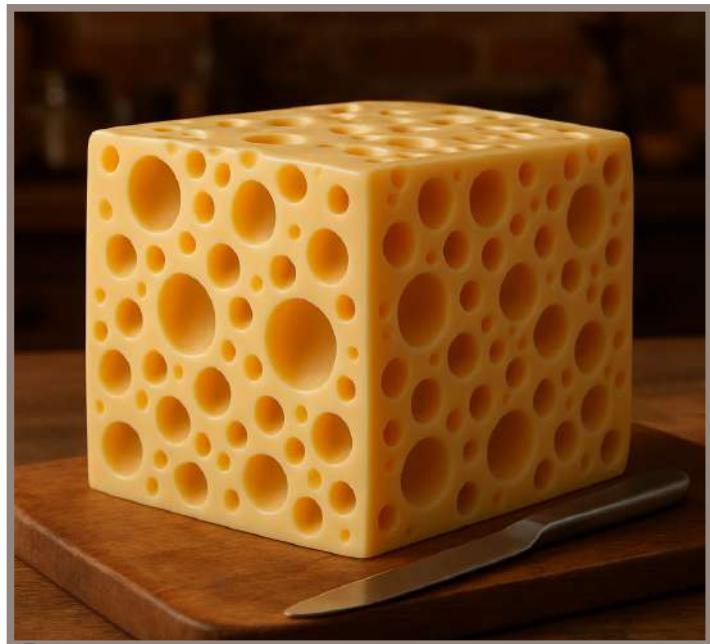


TO HAVE A CHIP ON YOUR SHOULDER

You carry resentment or defensiveness, often from past insults, and are quick to take offence. You hold a grudge or feel resentment.

In 19th-century America, young men would place a literal chip of wood on their shoulder and dare others to knock it off—an open invitation to start a fight.

Carried that chip so long it started charging rent.



MORE HOLES THAN SWISS CHEESE

Something full of flaws, gaps, or weaknesses—especially an argument, plan, or story. Inspired by Emmental Swiss cheese, famous for its holes. The phrase became popular in the early 20th century as a flashy way to describe faulty logic, comparing something unreliable to the famously holey cheese.

Turns out confidence doesn't fill holes, it just decorates them—with fewer holes. Structural integrity? Optional.

WHAT'S AN IDIOM, ANYWAYS? PT. 6

CONTINUED

Idioms are tiny storytelling shortcuts—drop one, and everyone instantly knows the vibe.



AIR YOUR DIRTY LAUNDRY

To publicly reveal private problems, secrets, or embarrassing matters.

The phrase comes from an old French proverb, "Il faut laver son linge sale en famille," One must wash one's dirty laundry within the family. Warning that private problems should be handled at home, not in public. It dates back to a time when laundry was washed in shared spaces, making "dirty laundry" an obvious—and embarrassing—thing to expose.

Some things feel lighter once shared—others just wrinkle.



WHEN HELL FREEZES OVER

Something that will never happen—or only under impossible circumstances.

Used as early as the 17th century by Dante, playing on the idea of hell as eternally hot. Dante was a medieval Italian poet best known for *The Divine Comedy*, which shaped how the Western world imagines heaven, hell, and human consequence.

When hell freezes over...guess I'll bring a sweater and my regrets, and I'll finally reply to that email, apparently with climate conditions attached.

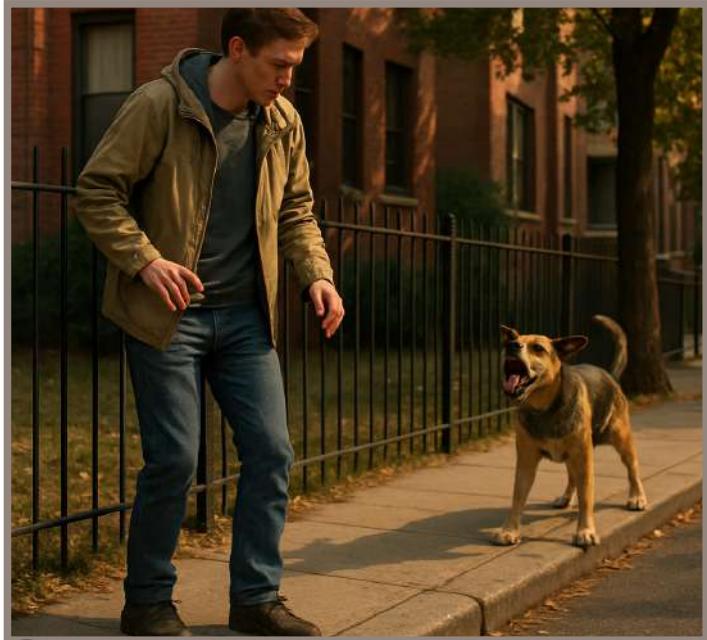


WE'RE OFF TO THE RACES

Meaning something has started energetically or successfully, often with momentum and optimism right out of the gate.

The phrase comes from horse racing, where once the gates open and the horses surge forward, there's no easing into it—the race is fully underway. By the early 20th century, it was commonly used to describe any fast or promising start.

We're off to the races...the excitement arrived before the plan did, and I'm already questioning our footwear choices.



ONCE BITTEN, TWICE SHY

After a bad experience, you become more cautious and hesitant about repeating it.

The idea dates back to ancient Roman and medieval proverbs, with early English versions appearing in the 14th century. The imagery is simple and universal: get bitten once, and you're naturally wary the next time.

Turns out memory is a very good survival tool. Call it caution or call it overthinking—experience has a long memory.



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March 4

Annette Borrows Deciding About Disclosure and your Human Rights

April 1

Jay Townsend Potpourri of Employment – includes Annual Earning Exemptions (AEE) including reporting self-employment, value in contract and gig work, what to expect from your CLBC Employment Services

April 29

Christina Baird L.I.F.E. Services overview

**ALL DATES BEGIN AT
6 PM PACIFIC 7 MOUNTAIN**

Founded in 2023, Diverse Family Roots Society is the only grassroots, non-profit, parent-led support network—the only one of its kind in the Kootenays—supporting families with children or loved ones with diverse abilities and disabilities.

Diverse Family Roots Society is grateful to live, work, and raise our families on the traditional territories of the Sinixt, Sylix, Ktunaxa, and Secwépemc peoples, and honours all Indigenous, Métis, and Inuit peoples who steward this land.



PERSON CENTERED PLANNING

PRESENTED BY SHELLY NESSMAN, PLAN



“What is a good life for my loved one and how do we plan for it?”



Founded in 2023, Diverse Family Roots Society is the only grassroots, non-profit, parent-led support network—the only one of its kind in the Kootenays—supporting families with children or loved ones with diverse abilities and disabilities.

This three-part online series aims to support you to think about future planning for your loved one.

Bring your questions, thoughts, ideas and concerns and take part in this important conversation.

Director of Family Support and Leadership at PLAN and Co-Founder of “In the Company of others”



Register with QR code or email
diversefamilyroots@gmail.com

**OFFERED: FEB 18TH, MAR 18TH, MAY 13TH
6PM PACIFIC 7PM MOUNTAIN**



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FREE EVENT

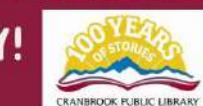
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MIKE SELBY

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For the Love of Grandkids!



WITH DONNA GYLANDER

Raising grandchildren with disabilities can bring unique financial and emotional challenges for grandparents, along with added stress. At the same time, they play a powerful role in providing love, stability, and advocacy. Join us in a safe space to connect, share experiences, and support one another.

**Feb 11, Mar 11, Apr 8, May 6
6PM PACIFIC 7PM MOUNTAIN**

To Register use QR code or email:
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CRA & Tax Info Session

Thursday, February 26th @ 11am-12:30pm



The CRA will host a virtual information session about personal taxes, benefits and credits, CRA services and tools, and how to be scam smart.

Join us for a screening at the library, or **click on the link in the description** and join the conversation from home!

No registration required.



250-342-6416
publiclibrary@invermere.net
invermere.bc.libraries.coop

Spirits for the V-Day Spirit!

Here are four festive shots and cocktails perfect for February and Valentine's Day in the Valley.



❖ Velvet Valentine

1 oz raspberry liqueur (like Chambord)
1 oz vanilla vodka
Splash of half-and-half

Instructions: Fill a shaker with ice. Add raspberry liqueur, vanilla vodka, and a splash of half-and-half. Shake well and strain into a chilled shot glass. Garnish with a fresh raspberry, if desired.



❖ Cupid's Arrow Shot

1 oz white chocolate liqueur
1 oz strawberry liqueur

Instructions: Pour the white chocolate liqueur into a shot glass. Slowly layer the strawberry liqueur on top by pouring over the back of a spoon. Enjoy!

❖ Winter Rose Martini

2 oz gin
0.75 oz fresh lemon juice
0.5 oz rose syrup (or simple syrup with a dash of rose water)
1 egg white (optional, for froth)

Instructions: Add all ingredients to a shaker without ice and shake vigorously (if using egg white). Add ice and shake again. Strain into a martini glass.



❖ Fireside Romance

1.5 oz bourbon
0.5 oz sweet vermouth
0.25 oz cherry brandy
Dash of bitters

Instructions: Fill a mixing glass with ice. Add bourbon, sweet vermouth, cherry brandy, and bitters. Stir well and strain into a rocks glass with a large ice cube.

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To register use QR code or email:

diversefamilyroots@gmail.com

**Feb 25 Mar 25
Apr 22 May 20**

**6PM PACIFIC
7PM MOUNTAIN**

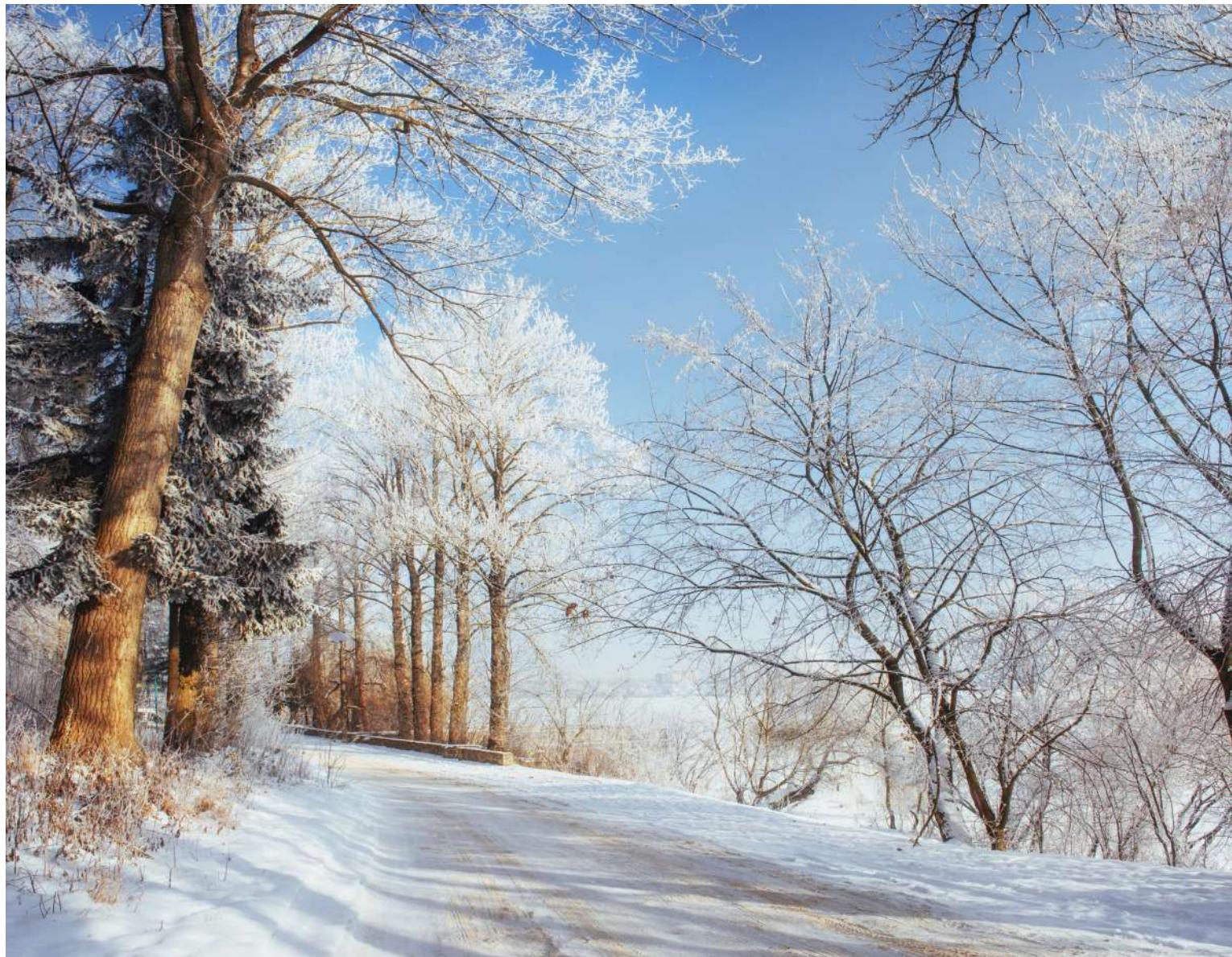
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SUSTAINABLE WINTER TRAVEL

Eco-Friendly Tips for Getting Around

As the Columbia Valley settles into the heart of winter, familiar routines shift to accommodate snowy roads, icy sidewalks, and bone-chilling temperatures. While winter can tempt even the most eco-conscious among us to hop into a warm car and drive solo, this season also offers plenty of

opportunities to rethink how we get around—and reduce our environmental footprint in the process.

At The Valley Voice, we believe every journey matters. With a little planning, a dash of community spirit, and some practical tools, winter travel can be both

sustainable and satisfying. Here are our top tips for eco-friendly travel during the coldest months.



CARPOOLING: SHARE A RIDE, SHARE THE WARMTH

Carpooling is one of the most effective ways to cut down on emissions, save money, and make winter travel more enjoyable. When two or more people share a ride, it means fewer cars on the road, less congestion, and a lighter load on both the environment and your wallet.

How to Make Carpooling Work in Winter:

- Find Your Crew: Start with neighbors, co-workers, or fellow students who have similar schedules and destinations. Community bulletin boards, social media groups, and local apps can help connect drivers and passengers.
- Plan Ahead: Set a regular schedule and pick-up locations. Allow for a little extra time in case of snowy conditions or the need to clear off vehicles.
- Take Turns Driving: Rotating drivers makes carpooling fair and gives everyone a break from winter driving.
- Stay Safe: Make sure all vehicles are winter-ready with snow tires, emergency kits, and plenty of windshield washer fluid. If the weather turns nasty, don't be afraid to change plans or stay off the roads.

Carpooling isn't just about getting from A to B—it's a chance to connect, swap stories, and share a little warmth on chilly days.



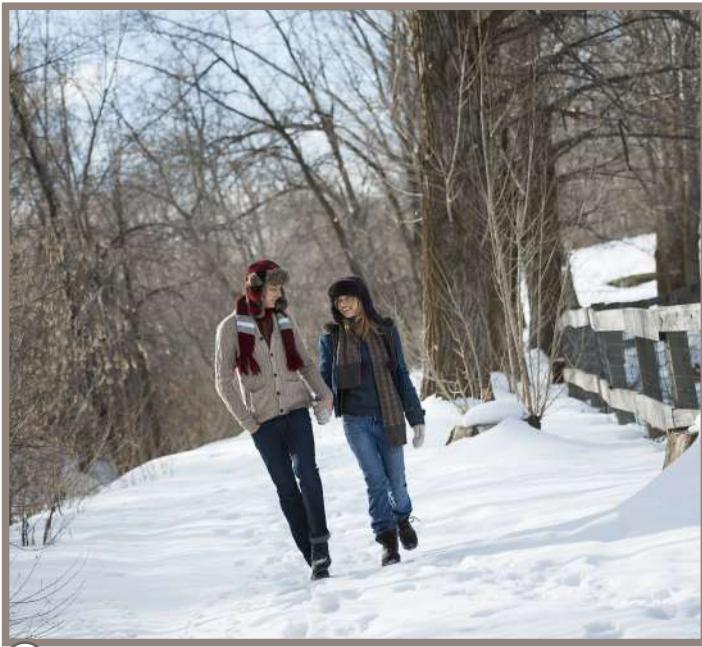
PUBLIC TRANSPORTATION: RELIABLE, AFFORDABLE, & GREEN

Public transportation systems in the Valley may not rival those of big cities, but they are a lifeline for many—especially in winter. Buses are more efficient than single-occupancy vehicles, moving more people with fewer emissions. Plus, you can sit back, relax, and let someone else do the driving!

Winter Transit Tips:

- Know the Schedule: Check your local transit website for winter schedules, weather delays, and route changes. Many systems offer real-time tracking apps so you can avoid long waits in the cold.
- Bundle Up: Dress in layers and keep gloves, hats, and scarves handy for those brisk walks to and from bus stops.
- Be Prepared: Carry a small flashlight or wear reflective gear for early morning or evening commutes. Keep a reusable travel mug with you for a hot drink on the go.
- Try It for Special Events: Even if you don't use public transit daily, consider it for outings, festivals, or trips to the ski hill. Many events offer free or discounted shuttle service.

By supporting public transit, you're investing in cleaner air, less traffic, and a more connected community.



ACTIVE TRAVEL: WALKING, SNOWSHOEING, BIKING

Walking and Snowshoeing:

- Choose Safe Routes: Stick to well-plowed sidewalks, trails, or community paths. Many towns prioritize clearing walkways near schools, downtowns, and community centers.
- Dress the Part: Layer up, wear waterproof boots with good grip, and use walking poles for added stability.
- Make It Social: Invite a friend or neighbor for a “walking bus” to the store, library, or coffee shop. It’s safer, more fun, and a great way to catch up.

Winter Biking:

- Gear Up: Fat-tire bikes are designed for snowy conditions, while studded tires can turn a regular bike into a winter commuter.
- Stay Visible: Short days mean more darkness. Use bright lights front and back, wear reflective clothing, and obey road rules.
- Plan Your Route: Some towns maintain winter cycling paths or multi-use trails. Check local maps for the best options.

Active travel not only cuts emissions—it boosts your mood, fitness, and resilience against the winter blues.



GREEN DRIVING: MAKE EVERY TRIP COUNT

Sometimes, driving is unavoidable. When you do need to drive, a few simple strategies can make your travel more eco-friendly—even in the depths of winter.

- Combine Errands: Plan your trips so you can accomplish several tasks in one outing, reducing overall mileage.
- Drive Smoothly: Accelerate and brake gently, and avoid idling for long periods. Modern engines don’t need extended warm-ups—just 30 seconds is enough before you start driving gently.
- Maintain Your Vehicle: Keep your car in top shape with regular oil changes, tire checks, and maintenance to maximize fuel efficiency.
- Pack Light: Remove roof racks, snow gear, or other heavy items when not in use—they decrease your car’s aerodynamics and fuel economy.

For those considering a new vehicle, winter is a great time to research electric or hybrid options. Many models now come with all-wheel drive and excellent cold-weather performance.



COMMUNITY SOLUTIONS: THINK BIGGER

Sometimes, the best ideas come from working together. Community-driven solutions can make winter travel greener and more accessible for everyone.

- **Support Local Shuttle Programs:** Many ski hills, festivals, and markets offer shuttles or group buses. Using them reduces parking hassles and emissions.
- **Advocate for Better Infrastructure:** Speak up for more sidewalks, bike lanes, and transit options in your town. Community voices matter in shaping greener futures.
- **Share Rides Beyond the Commute:** Organize group trips to grocery stores, medical appointments, or cultural events—especially for seniors or those without cars.



ECO-FRIENDLY TRAVEL EXTRAS

- **Keep Reusables Handy:** Pack a reusable shopping bag, coffee mug, and water bottle for errands and outings.
- **Offset When You Can:** For long trips, look into carbon offset programs or donate to local tree-planting initiatives.
- **Explore Local:** February is a wonderful month to rediscover treasures close to home—a cozy café, art gallery, or winter market—without burning extra fuel.

A Greener Winter, Together

Winter travel in the Valley is about more than just getting from point A to point B—it's about building community, caring for our beautiful landscape, and making choices that matter for generations to come. Whether you carpool, hop on a bus, walk, or bike, every small step adds up.

If you have creative winter travel tips, carpool stories, or favorite transit routes to share, The Valley Voice would love to hear from you. Here's to a season of safe, sustainable journeys—and the joy that comes from traveling together.



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Return to Silent Hill (2026)

Movie Review



IMAGE CREDIT: [Variety.com](#)

"Return to Silent Hill" marks a chilling, atmospheric comeback for the cult horror franchise, and director Christophe Gans delivers a film that's both a love letter to longtime fans and a haunting introduction for newcomers.

Story & Themes:

Inspired by the plot of the beloved "Silent Hill 2" game, the film follows James Sunderland (Jeremy Irvine) as he returns to the fog-shrouded

town searching for his lost love, Mary. What unfolds is a hallucinatory blend of psychological torment and supernatural horror, with the story diving deep into grief, guilt, and the shadows we carry. The script wisely balances faithfulness to the game's narrative arcs with a few fresh twists, keeping viewers guessing without alienating those familiar with the source material.

Visuals & Atmosphere:

The film's greatest

strength is its relentless mood. Gans masterfully conjures the eerie, claustrophobic streets and decaying interiors that define Silent Hill. The use of practical effects and unsettling sound design create an immersive sense of dread, while the monsters—especially fan favorites like Pyramid Head—are brought to life with grotesque artistry. The fog, the flickering lights, the ever-present radio static: it's all here, and it's as unsettling as ever.

IMAGE CREDIT: FirstShowing.net**Performances:**

Jeremy Irvine brings vulnerability and intensity to James, and supporting turns from Hannah Emily Anderson and the rest of the cast flesh out a desperate, haunted ensemble. While some of the dialogue can veer into melodrama, the performances ground the supernatural horror in real emotional stakes.

Overall Impression:

"Return to Silent Hill" isn't just a retread; it's a thoughtful, suspenseful horror film that understands what made the games so enduring. Occasional pacing hiccups and a few heavy-handed moments aside, the film delivers scares, atmosphere, and heart.

Final Verdict:

A tense, visually striking journey into fear and regret, "Return to Silent Hill" earns a strong four out of five stars—a must-see for horror fans and series devotees alike.

★ Rating: 4 out of 5



SPRING BREAK CAMP

MARCH 23 - MARCH 26 2026 8:30 AM - 4:00 PM

MARCH 23/2026 ALL ABOUT GAMES/SPORTS

**A DAY FILLED WITH GAMES FUN
INDOOR/ OUTDOOR GAMES ALL DAY!
LUNCH INCLUDED (HOT DOG, MINI CHIPS , JUICE OR WATER)**

MARCH 24TH/2026 ART AND SCIENCE

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CRAFTS, GAMES, SCIENCE FUN, AND MORE....
LUNCH INCLUDED (PANCAKE DAY, MINI CHIPS , JUICE OR WATER)**

MARCH 25TH/2026 LEGO DAY

**A DAY FILLED WITH LEGO THEME FUN
LEGO CHALLENGES, GAMES, SCAVENGER HUNT, INDOOR/OUTDOOR ACTIVITIES
AND MORE....
LUNCH INCLUDED (GRILL CHEESE, MINI CHIPS , JUICE OR WATER)**

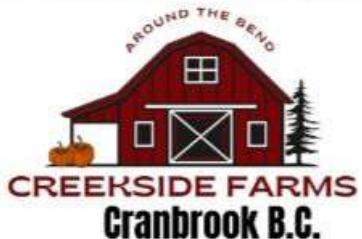
MARCH 26TH/2025 ROBLOX / MINECRAFT DAY

**A DAY FILLED WITH ROBLOX / MINECRAFT FUN
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Romeo is a Dead Man

Game Review

(PS5, Xbox Series X|S, PC)



IMAGE CREDIT: [Eurogamer.net](https://www.eurogamer.net)



IMAGE CREDIT: [Xbox](#)

"Romeo is a Dead Man" takes a bold swing at classic literature, reimagining Shakespeare's tragic romance as a stylish, action-packed adventure with a darkly comedic twist. The game drops players into the heart of Verona, but this time, Romeo is less star-crossed lover and more reluctant antihero—caught in a supernatural conspiracy spinning far beyond the original play.

Gameplay & Mechanics:
Blending narrative-driven exploration with fast-paced combat, "Romeo is a Dead Man" keeps players on their toes. The combat system is fluid and surprisingly deep, mixing swordplay with unlockable mystical abilities tied to Shakespearean motifs. Dialogue choices influence the branching story, allowing for a range of outcomes—tragic, re-

demptive, or somewhere in between.

Visuals & Audio:

The game's art direction is a standout, with moody, gothic cityscapes, dramatic lighting, and expressive character design that give the familiar setting a fresh, cinematic flair. The soundtrack cleverly fuses classical themes with modern beats, amplifying tension and emotion in equal measure.

Story & Atmosphere:

While steeped in Shakespearean references, the writing is witty and accessible, offering nods to both die-hard fans and newcomers. Juliet, Mercutio, and other familiar faces are reimagined with depth and agency, and the supernatural elements add an intriguing layer of suspense. At times, the pacing stutters

s—some missions feel padded and certain plot twists can border on melodrama, but the overall journey is compelling.

Overall Impression:

"Romeo is a Dead Man" isn't afraid to take risks, and most of them pay off. The game's blend of action, branching narrative, and literary charm create a unique experience, even if a few rough edges remain. Occasional technical hiccups and uneven pacing prevent it from achieving perfection, but it's a memorable, inventive ride.

Final Verdict:

A bold, atmospheric adventure that breathes new life into a classic tragedy—"Romeo is a Dead Man" earns a strong four out of five stars.

★ Rating: 4 out of 5

Kimberley Clue

Help Us

Same game ...
live in person.

Solve

The

Mystery

Family Day Afternoon
Monday Feb 16th
Platzl Gazebo - 1pm

Who, Where, How?



Join us for a FREE fun outdoor family-friendly activity.
Whether you've played the board game before or not, we will provide
you will all the clues and rules you need to solve
the mystery.

Entry into the game is FREE and you can
pre-register at the following link:

<https://kootenayorienteering.com/events/view/6084>

Check-in and walk-up registration: 1230-1pm, Game 1-230pm
There will be PRIZES

Donations at the event supporting the Kimberley Heritage Museum's Interpretive Heritage Panel Project will be gratefully accepted, and all donations over \$25 get a tax receipt.

CRANBROOK SEEDY SATURDAY

February 14th ~ 10:00 a.m.-3:00 p.m.

Cranbrook Public Library : Manual Training School

1212- 2nd street North, Cranbrook, BC

Seedy Saturdays are fun events where you can pick up and/or swap locally grown seeds, get favorite varieties that other gardeners and seed savers are sharing (as well as the stories that come with them), meet and chat with other gardeners, and browse displays about seed saving, composting and more. Whether you are a first-time or master gardener, seed enthusiast or experienced seed saver there really is something for everyone.

Exchanging and educating the public about seed saving and environmentally responsible gardening practices.

This is a FREE event sponsored by Kimberley Cranbrook Food Network, Cranbrook Public Produce Garden & Cranbrook Public Library



Easter EGGstravaganza

April 4th/2026 10:00-12:30
April 4th/2026 1:30- 4:00

FAMILY EVENT

EGG HUNT	Adult \$ 7.00
(AGE GROUP EGG HUNTS)	Child \$ 14.00
EASTER GAMES	Ages 0-3 Free
(Game stations)	Game pass \$5.00
Craft Station	
Concession	
(Cash only)	

This is a registration required event, limited spots available

Family event, parental supervision is required

Registration Please Email
aroundthebendcreeksidefarms@gmail.com

Location : Cranbrook B.C.



Baby Goose

Learn songs and rhymes!
Meet new friends!

For babies and their caregivers.

When: Tuesdays, Feb 17 – Mar 24 • 10:30 – 11:30 AM

Where: Invermere Public Library

*Drop-ins are welcome; registration is required.

To register or learn more contact:

Misty Hawes
Community Literacy Outreach Coordinator

✉ mvcoordinator@cbal.org
📞 or text 250-409-4251
🌐 cbal.org

Decoda
Literacy Solutions

cbal
Columbia Basin Alliance for Literacy

Invermere Public
LIBRARY

President supported by
Columbia Basin
Trust



Edgewater

Community Garage

Sale

Edgewater Community Hall
Saturday February 28, 2026

10:00am - 2:00pm

20 Tables Full of Goods
\$\$ Cash is Best \$\$

Kids Toys
Clothes
Artwork
Tools
Kitchen items
Gardening
Home Decor
Pet Stuff
Fresh Baking



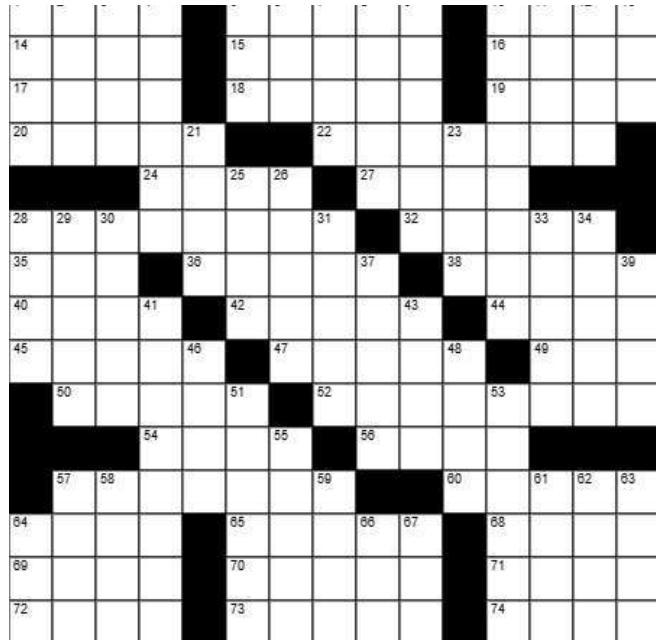
For More Information
or Book a Table
Email: Nicole
ngionette@hotmail.com



A LITTLE FUN

ACROSS

1- Prefix with conference; 5- Teheran native; 10- Furthermore; 14- Destroy; 15- Examine account books; 16- Chimney grime; 17- Writer Sarah ___ Jewett; 18- Sound of a horse; 19- Attack a fly; 20- ___ is human; 22- More substantial; 24- Hiker's snack; 27- Some TVs; 28- Aquatic rodent; 32- ___ Is Born; 35- Tell it like it isn't; 36- Newly married woman; 38- Early photo color; 40- Woody Guthrie's son; 42- Continental identity of a Chinese person; 44- Sketch; 45- Tractor pioneer John; 47- Unit just above a yard; 49- Give ___ rest!; 50- Stately; 52- Lay beneath; 54- At the apex of; 56- Scandinavian capital; 57- Rainy season; 60- Alpine song; 64- Amos or Spelling; 65- Vehicles with runners; 68- Rescue; 69- Juniors, perhaps; 70- Refrain in a children's song; 71- Math course; 72- Nautical speed unit; 73- "WarGames" org.; 74- Normandy battle site;

**Down**

1- Horse's gait; 2- Monetary unit of Greece; 3- ___ dancing is popular with cowboys!; 4- Vigor; 5- Golfer Woosnam; 6- Feel bad about; 7- Take ___ view of; 8- Chad neighbor; 9- Home of Odysseus; 10- Aided; 11- Actor Rob; 12- Fly; 13- Giant Mel; 21- Former Virginia senator Charles; 23- Soviet news service; 25- ___ avis; 26- Rainbow maker; 28- Dressed; 29- Broadcaster; 30- Martinique volcano; 31- French farewell; 33- The cruellest month?; 34- Gaucho's rope; 37- Jack Sprat could ___ fat; 39- Apart; 41- Person who plays the cathedral pipes?; 43- Actor Beatty and others; 46- Breaks bread; 48- Be dependent; 51- Give some slack; 53- Perches; 55- Salk's conquest; 57- Earth's satellite; 58- Yes ___?; 59- At no time, poetically; 61- Pub missile; 62- Heinous; 63- Kid's building block; 64- Sound of disapproval; 66- Cinco de Mayo, e.g.; 67- Turf;

8	6			3	2			
3		5		7			8	
9		2		1	5			6
1			4			3		
		6		2		5		
		4			1			8
4			5	6		8		3
	8			4		1		9
			1	8			4	5

