

#34 ISSUE

The Valley Voice

The Voices of the Columbia Valley

RECYCLING ETIQUETTE

City of Cranbrook is reminding residents on recycling etiquette.

CLEANBC ROADMAP TO 2030

The province launches their 9 year plan to reduce pollution while improving the economy.

MENTAL HEALTH EMERGENCY

State of Emergency declared by Ktunaxa Nation

COVER PHOTO: JEN BEWSKI



HOW ARE WE DOING?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram @thevoicecv

OR

by email to news@thevoiceca.ca



Photo Credit:
Jen Bewski

LETTER FROM THE VOLUNTEERS

Dear Readers,

We've received an amazing amount of feedback and comments from our recent home heating article. Energy efficiency and helping to reduce our carbon footprint is definitely important for many of our readers. Some even commented they're looking into a switch from natural gas heating!

We thrive on sharing knowledge and helping make our communities a better place. If there's something you want to know, see investigated, would like to see more research of, send it in to us! Our team will do the research if there's something YOU want to know.

As always, you can shoot us an e-mail to news@thevoicecv.ca, we love to chat.

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Photo Credit: District of Invermere

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**GAMER'S CORNER:
BACK 4 BORING**



MENTAL HEALTH EMERGENCY

STATE OF EMERGENCY DECLARED BY KTUNAXA NATION

A [press release](#) from October 25th, 2021 released by the Ktunaxa Nation declares a mental health state of emergency. The governments of the Ktunaxa Nation, Yaqit ?a-knuqit'it, ?akisqnuuk, Yaqaan Nu?kiy and ?aqam called for the state of emergency in reference to the ongoing mental health crisis that is plaguing the Ktunaxa territory.

Between the opioid crisis and COVID-19 pandemic, the community has faced ongoing challenges as presented by Shawn Janvier, Ktunaxa Nation Council Chief Administrative Officer in the press release.

"There are many challenges facing vulnerable Ktunaxa citizens in our areas," said Shawna Janvier, Ktunaxa Nation Council Chief Administrative Officer. "Many of these challenges stem from the impacts of past and present post-colonial trauma and these effects have been compounded by the current opioid crisis and the COVID-19 pandemic."

“Primary care providers have consistently noted that mental health intakes are the top reason for visits to primary care facilities yet the gap in services remains large. It is vital to the health of Ktunaxa Citizens that other governments meet us at the table with the mindset we are working from a government-to-government relationship,” added Janvier.

“It is too often we are seen as solely a service provider when in fact we are the Ktunaxa governments and we have fiduciary obligations and responsibilities to care for the health and well-being of our citizens regardless of where they reside.”

Yaqan Nuʔkiy Nasuʔkin (Chief) Jason Louie states in the release that the declaration of this State of Emergency is a call to all local, provincial, and federal governments to stand with them and show their support, recognizing this as a “shared State of Emergency”.

“A commitment to government-to-government planning and to making investments in immediate interventions that are culturally appropriate, sustainable and effective and that address the determinants of health is vital to assure the safety of these vulnerable Ktunaxa Citizens,” said Louie.

“The mental wellness of Ktunaxa youth and young adults is a particular concern as issues experienced by our young people have been compounded by the pandemic and lack of access to adequate support services,” added Louie.

As the winter season comes close and we begin to see a drop in temperature, more Ktunaxa citizens will be vulnerable and be at an increased risk of death and/or overdose. This is due to mainstream services being inaccessible due to outdated program requirements or because they simply don't exist.





DOWNTOWN INVERMERE MONSTER MASH SCAVENGER HUNT

BE ON THE LOOK OUT FOR FRIENDLY MONSTERS HIDING IN PARTICIPATING STOREFRONTS THROUGHOUT DOWNTOWN INVERMERE FROM OCTOBER 28TH-31ST.

FIND ALL OF THE MONSTERS AND BE ENTERED INTO A DRAW TO WIN 1 OF 3 \$50 GIFT CERTIFICATES FROM A PARTICIPATING BUSINESS OF YOUR CHOICE!

MONSTER MASH SCAVENGER HUNT SHEETS CAN BE FOUND ON THE INVERMERE BC EVENTS FACEBOOK PAGE, IN A PARTICIPATING BUSINESS AND IN THE LOBBY OF THE COLUMBIA VALLEY CENTRE.

ONCE YOUR SHEET IS COMPLETE, SCAN IT OR TAKE A PICTURE OF IT AND SEND IT TO events@invermere.net OR DROP IT OFF AT ANY PARTICIPATING BUSINESS. (ENTRIES ACCEPTED UNTIL NOVEMBER 1ST).

COSTUMES ARE ENCOURAGED TO BE WORN WHILE LOOKING FOR MONSTERS. POST A PHOTO ON SOCIAL MEDIA AND TAG #INVERMEREBCEVENTS FOR AN EXTRA ENTRY!



Columbia Valley Youth Network UPCOMING EVENTS

OCTOBER

Register by email at
columbiavalleyyouthnetwork@hotmail.com



Online Activities Every Tuesday at 6:30pm

Kits included, delivery can be arranged

Radium Youth Night

October 21st -
6-8pm
At Radium Gym

Edgewater Youth Night

October 28th -
6-8pm
Meet at Community Hall

Canal Flats Amazing Race!

October 14th -
6-8pm

At the
Community Hall

Canal Flats Youth Night

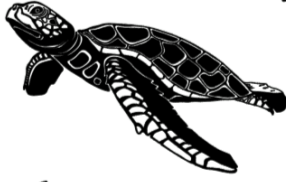
Every Thursday
6-8pm



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250-341-5216 with any
questions

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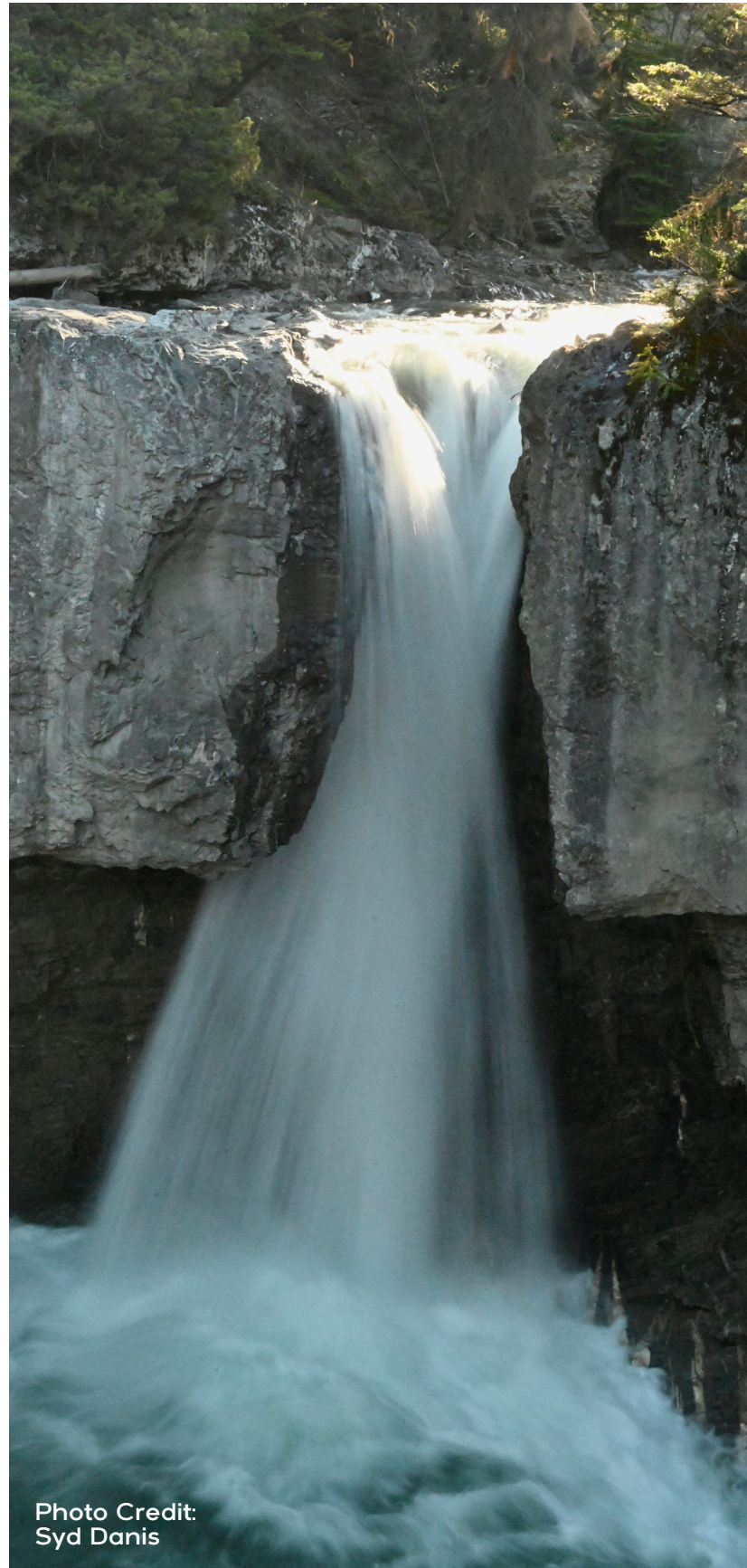


Photo Credit:
Syd Danis

VALLEY PROMOTIONS



COLUMBIA VALLEY
 COMMUNITY FOUNDATION
— celebrating 20 years —



COMMUNITY GRANTING

accepting applications

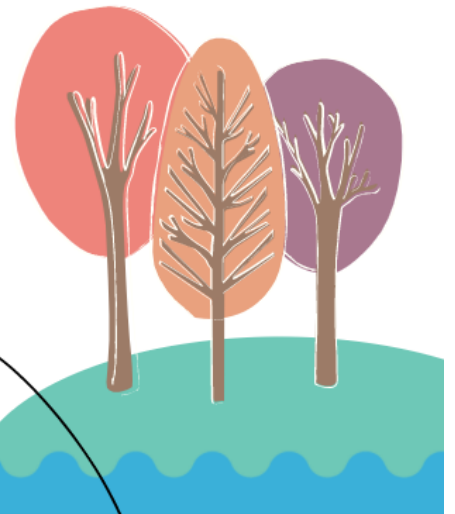
The Columbia Valley Community Foundation is thrilled to offer its annual Community Granting in support of community projects and initiatives that enrich lives in the Columbia Valley.

Funding is made possible through CVCF endowment funds built by generous donors over the last 20 years. Applicants are required to be qualified donees as per CRA requirements.

INFORMATION & TO APPLY:
www.valleyfoundation.ca

DEADLINE OCTOBER 31ST @ NOON

Also check out




KINDNESS *matters*

World Kindness Day Microgrants
 Supporting grassroots community kindness

www.valleyfoundation.ca

RECYCLING ETIQUETTE

CITY OF CRANBROOK IS REMINDING RESIDENTS ON RECYCLING ETIQUETTE.

The City of Cranbrook is celebrating six-months of their recycling cart program and reminding residents of the rules surrounding recycling carts. In order for the program to continue running smoothly, proper cart placement and avoiding over-filling bins is important.

In a statement reported by [The Cranbrook Townsman](#), the City of Cranbrook had the following comments,

“Proper cart placement is crucial for the mechanized trucks to be able to collect your recycling every two weeks. Roll your cart to the street with the wheels against the curb if there is one, or just off the road, on the shoulder or at the end of your driveway. Face your cart with the arrows on the cart lid pointing to the street, with the lid completely closed. Overflowing carts will not be collected as material will spill onto the street when it’s being emptied. Please don’t place your cart on top of windrows or snow piles,” the City asks. “Ensure to space your cart at least one metre (3.2 feet) away from any other obstacle (parked cars, poles, fire hydrants, etc.)”

The City of Cranbrook has a reminder system for curb-side recycling and garbage pick-up to help keep their citizens on track for when to have their bins out on the curb every week. Common items that are not accepted as garbage are newspapers, magazines, cardboard boxes, paper bags and household paper, plastic bottles and jugs, cartons for soup and dairy and metal cans.

You can sign-up for notifications by visiting the [City of Cranbrook website](#) or downloading the City of Cranbrook 311 app on your phone.



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April Williams
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website: www.marykay.ca/awilliams2

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VALLEY PROMOTIONS

SHORT-TERM RENTAL LICENSING

Radium is the first to adopt business licences for STRs.

The Village of Radium Hot Springs enacted a bylaw on August 18th geared towards regulating short-term property rentals in the village. The bylaw states that any person who engages their property as a short-term rental will require a business licence in order to operate.

As stated in the bylaw <https://radiumhotsprings.ca/wp-content/uploads/2021/09/Bylaw-No.-466-2021-Short-Term-Rental-Business-1.pdf> a person who carries on with a short-term property rental “without holding a valid licence for that business, breaches any term or condition of their licence, or violates any provision of this bylaw, commits an offence of this bylaw and is liable on conviction to a fine or penalty of up to \$10,000 for each offence.”

After cries from the community and local business owners regarding the impact short-term property rentals has on the local economy and community, the village is enacting the bylaw in efforts to regulate them better.

This bylaw is currently in effect and property owners who are operating short-term rentals in the Village of Radium Hot Springs are required to apply for a business licence. Applications for the licence can be found on the village website <https://radiumhotsprings.ca/> and questions can be directed towards the village bylaw officer Kent Kebe <mailto:bylaw@radiumhotsprings.ca>.



Ignite Your Life Weekend Virtual Workshop

Ignite Your Life



- Create Lasting Change -

We invite you to join us for the 2nd Annual Ignite Your Life Womens' Workshop which will be held virtually this year on November 13th & 14th.

Join us, and the amazing lineup of speakers, as we embark on a road of Growth, Evolution, and Healing. If you are interested in finding out more about this event check us out on Facebook at [Igniteyourlifebc](https://www.facebook.com/igniteyourlifebc) or contact us at (250) 341-1118.

Proceeds from ticket sales will go towards a bursary at David Thompson High School entitled the Rise & Shine Bursary, which will support young women who have shown strength and resilience in the face of adversity.



Sholeh Fabbri
Former
Executive
Producer of
ET Canada



Marlo
Ellis



Susan
Clarke



Kate
Horn



Kelly
Kaur



Amanda
Joy



Jocelyn
Hastie



Louise
Amuir



Dr. Donna
McArthur



Bev
Janisch



CLEANBC ROADMAP TO 2030

**THE PROVINCE LAUNCHES THEIR 9 YEAR PLAN TO REDUCE
POLLUTION WHILE IMPROVING THE ECONOMY.**

In a [press release](#) from the province dated October 25th, 2021, British Columbia is launching a “stronger, more ambitious climate plan” that is set to deliver on reducing pollution while building a stronger economy for the province.

The CleanBC Roadmap to 2030 plan allows the province to continue implementing its effective climate control methods while having the ability to introduce new ideas and solutions that can further impact climate change. This plan also is set to help British Columbia achieve the Paris emission reduction targets for 2030 with a goal to reach net-zero by 2050.

“Here in B.C., the threat of climate change is no longer decades or even years away. The impacts are all around us, from devastating wildfires to intense heat waves and droughts,” said Premier John Horgan. “The scale of the climate emergency demands that we act with even greater urgency than ever before. By bringing people and businesses together, we can rise to the challenge and seize the opportunity to build a stronger, more resilient B.C. for everyone. That’s what this plan is all about.”

Since 2018, the province has been supporting a shift from fossil fuels to clean alternatives by making the later more affordable. The CleanBC Roadmap to 2030 builds on those efforts and is set to help power more communities across the province utilizing clean, renewable hydro electricity made right in the province.



“The CleanBC Roadmap updates B.C.’s climate and clean economy plan to put the province on a path that will cut pollution in line with our emissions targets and support affordability for people and businesses along the way,” said Colleen Giroux-Schmidt, vice-president of corporate relations, Innergex Renewable Energy Inc., and co-chair of B.C.’s Climate Solutions Council. “The plan incorporates extensive input from the independent Climate Solutions Council, and the challenge before us all now is to roll up our sleeves, harness all available resources and partners to ensure B.C. can navigate and thrive in the transition to a net-zero world.”

Seaspan Ferries was highlighted as recently completed a pilot project supported through CleanBC which tested biofuel performance. They are also working on a project that is dedicated towards increasing battery storage system side aboard two of its vessels utilizing new battery technology.

"LIGHT UP THE HOLIDAYS" DECORATING CONTEST & TOUR

All District of Invermere residents, businesses & organizations are invited to participate and light up the town in anticipation of the Holiday season. Join us decking your homes and businesses with lights and holiday decor. Then take the Light up the Holidays Decorating Tour to view displays!

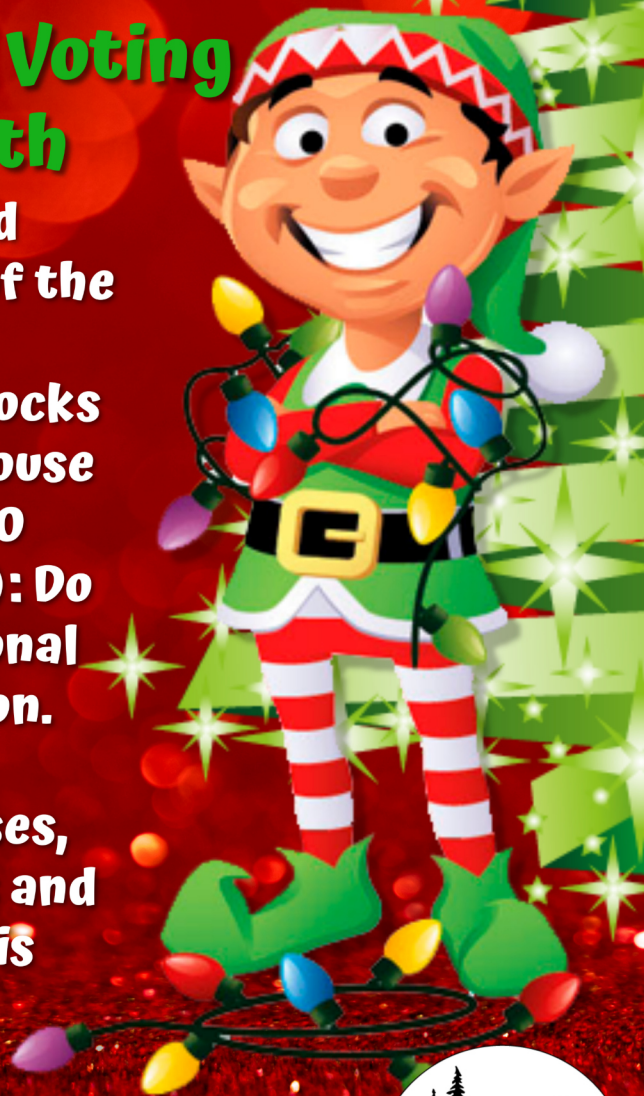
Tour & General Public Voting December 6th-20th

A winner will be chosen and awarded cash prizes for each of the following categories:

- 1. Best Decorated:** Knock our socks off with the best decorated house in Invermere. Top prize \$100
- 2. Clark Griswold (Most lights):** Do your best impression of National Lampoon's Christmas Vacation. Prize \$75
- 3. Best Commercial:** Businesses, organizations, churches, clubs and school groups may enter this category. Prize \$50

\$10 Entry.

**Register on [eventbrite.ca](https://www.eventbrite.ca) until Nov 25th!
Visit Invermere BC Events on Facebook
for full details!**



"LIGHT UP THE HOLIDAYS"

CONTINUED:

This is the time of year when residents, businesses and organizations would be registering and preparing floats for the Light Up Santa Claus Parade held the 3rd week in November. Due to the ongoing COVID-19 pandemic, the Invermere Light Up activities & Santa Claus Parade will again be postponed to 2022 ☹️.

This difficult decision comes after discussions with Interior Health and considerations related to pandemic measures which would include proof of vaccine requirements (Proof of full vaccination would be required for participants to attend), plus the volatility of rules around public gatherings.

Instead, the Light Up the Holidays Decorating Contest and Tour will be taking place.

The event welcomes District of Invermere community members to sign up their houses, organizations or businesses by November 25th and then decorate with holiday lights and other decorations by December 6th. The public can then take a self-guided tour of mapped locations across the District of Invermere until December 20th and help determine the winners by public voting.

See full details and sign up on Eventbrite.ca now until November 25th: <https://www.eventbrite.ca/e/light-up-the-holidays-decorating-contest-tour-registration-page-tickets-196080009587>

Businesses are encouraged to decorate storefronts after Remembrance Day and be decorated by November 20th for when the town lights get turned on as a kickoff to the holiday season and local shopping! However, you have until December 6th to decorate for this contest.

Each participating house, organization and business will be listed on a map. Winners will be chosen based on the highest number of votes received by members of the public.

Stay tuned on how to vote and more upcoming holiday announcements!

Be sure to register by November 25th and help Light Up Invermere!

Story Time

with the Invermere Library

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November 20-30

Online through Fundables

New and gently-used items or gift certificates accepted until Nov. 17

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3:00PM TO 8:00PM

WED.
3:00PM TO 8:00PM

THUR.
3:00PM TO 8:00PM

FRI.
1:00PM TO 8:00PM

FREE FOOD

Upstairs Hang Out

Outdoor Chill Zone

Friday Skate Night



Virtual Reality

Music Room

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STRICTLY ENFORCED COVID-19 PROTOCOLS IN PLACE
****MASKS MANDATORY****

SECOND VACCINE DOSAGE NEEDED

PROOF OF FULL VACCINATION REQUIRED FOR MOST SETTINGS IN THE PROVINCE.



As of October 24th, 2021 it is required to have both doses of the COVID-19 vaccine in order to be permitted to attend certain events and settings. This has permitted event restrictions to be eased as full capacity for indoor events is now allowed, the previous mandate allowed for 50% of the venue capacity. This does not impact capacity limits in place for certain regions where regional health orders are in place. The change to capacity for indoor events applies to indoor sporting events, concerts, theatre, movie theatres, dance and symphony events, organized events, weddings, and funerals.

In a statement reported by [myeastkootenaynow.com](https://www.myeastkootenaynow.com/20128/event-restrictions-ease-as-two-dose-vaccine-requirements-begin/), <https://www.myeastkootenaynow.com/20128/event-restrictions-ease-as-two-dose-vaccine-requirements-begin/> Dr. Bonnie Henry hopes this is the first step to removing additional restrictions,

“We’re hoping to leverage the benefits of the vaccine card, and this is an important first step of that. We’ll be monitoring carefully and looking at whether we can take away additional restrictions, depending on how things evolve in the next few weeks,”

The federal government has also announced they are working on a standardized proof of vaccination system on a national level. This is to allow for international travel from anywhere in the country. The federal vaccine certificate has been introduced to eight provinces who have adapted the system with the remaining provinces expected to come on board by November 30th. The certificate is expected to include a QR code with minimal personal information.

Travellers will be required to provide proof of vaccination anytime they are travelling through the country by air, rail, or ship as of October 30th with a short transition period where travellers can provide a negative COVID-19 test within 72-hours of travel.

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VALLEY PROMOTIONS



BACK 4 BORING

THE NEW ZOMBIE SHOOTER LEAVES MUCH TO BE WANTED.

I'm a massive zombie and horror fan. I will always give a zombie, horror, survival, or thriller game a try just because of the genre alone. Back 4 Blood recently released on console and PC from the creators of the ever-popular zombie shooter series Left 4 Dead. I personally was extremely excited for this game and have been following all the updates since its announcement. I played both Left 4 Dead games extensively and consider them some of the greatest zombie shooter games of all time.

Back 4 Blood does a really good job of capturing that horde like feeling of being chased down by fast-moving zombies in a mission-based campaign. You start the game by choosing cards that provide you with additional perks such as increased health, stamina, or ammo capacity. From there, you set out with your team of four through the destroyed ruins of a city killing as many zombies as you can while trying to find the next safe house.

Does this sound familiar? Well, if you've ever played Left 4 Dead and picked up Back 4 Blood, you will soon realize it's the same game with some slight adjustments. The card system is unique and provides the ability to create your own custom build of a character. However, the cards you receive don't have a massive impact on your overall gameplay. You're also limited in the number of cards you can bring in with you on each mission, starting with only one for the first part of the game.

After playing 2 hours of the game I realized I was playing Left 4 Dead with an updated skin. Unfortunately, there is nothing unique enough about the game to make it a staple in the zombie shooter genre. You're left feeling like you haven't progressed or made any effort while tediously grinding through different areas killing zombies.

JOSH GRIEVE

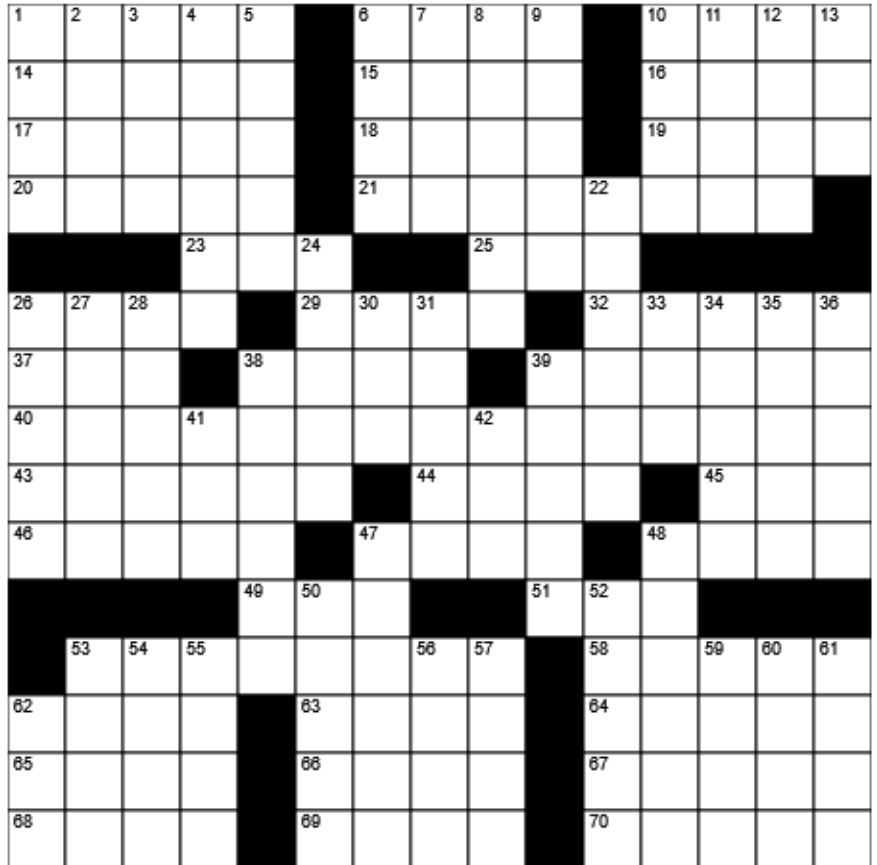
A LITTLE FUN

Across

1- Expeditiously; 6- Guns; 10- Patriot Nathan;
 14- Melon, e.g.; 15- Belinda Carlisle's "Should ___ You In?"; 16- Hurler Hersher; 17- Put a new price on; 18- Actress Rowlands; 19- Wading place; 20- Compensate; 21- Distaste; 23- Heston's org.; 25- Bullpen stat; 26- Catch sight of; 29- ___ Abby; 32- Gulf; 37- Snake eyes; 38- Equal a bet; 39- Stable scene; 40- One recording the past; 43- Banner; 44- Fall short; 45- Common Market abbr.; 46- Actress Witherspoon; 47- Kitchen addition; 48- Piedmont province; 49- Affirmative action?; 51- Mayday!; 53- Young bird; 58- Grammarian's concern; 62- Bay; 63- Langston Hughes poem; 64- Grain stores; 65- Draft classification; 66- Emptiness; 67- Former Russian rulers; 68- Dispatched; 69- Goes wrong; 70- Michael of R.E.M.;

Down

1- Pearl Mosque city; 2- Ovid, e.g.; 3- Mercury or Saturn; 4- Crevice; 5- Gardening tool; 6- Latvian capital; 7- Hgt.; 8- Facade; 9- Fab Four name; 10- Kachina doll maker; 11- Buck follower; 12- Boxer Spinks; 13- Building add-on; 22- Of religious rites; 24- I don't give ___!; 26- Early anesthetic; 27- Pigs; 28- Deputised group; 30- New Haven collegian; 31- High up; 33- Like cool cats; 34- Pains; 35- Article of bedding; 36- Paris "thanks"; 38- Believable; 39- Weeps; 41- Shakespearean contraction; 42- Gangster's gun; 47- Magazine VIP; 48- Help; 50- Martini garnish; 52- Ejects; 53- Not one; 54- Uniform; 55- Show to a table; 56- Black, in Bordeaux; 57- Deities; 59- Jai ___; 60- Hiker's snack; 61- "___ quam videri" (North Carolina's motto); 62- Long-leaved lettuce;



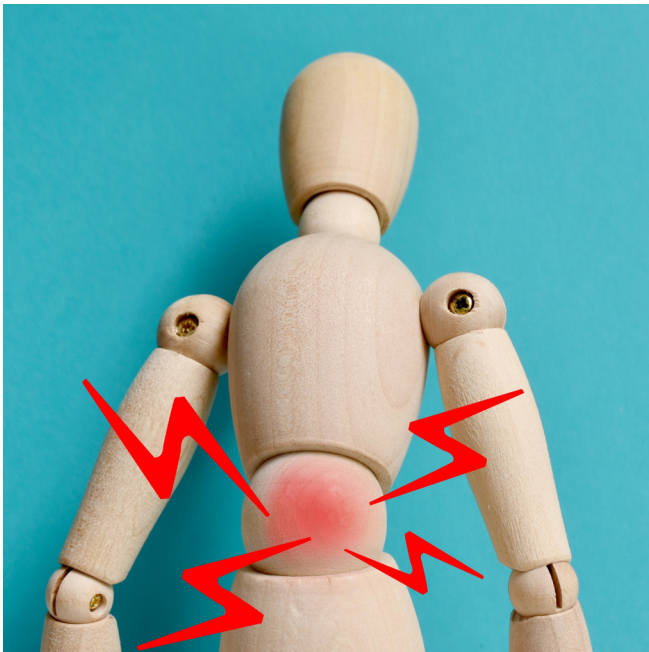
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		3	9				5	
1			3		7	6	9	4
9	4							2



Q: What's the best thing about Switzerland?

A: Not sure, but the flag is a big plus.





That's Mean

An aching back sent me stumbling to the drugstore for relief. After a search I found what I was looking for: a selection of heating pads specifically for people with back pain—all on the bottom shelf.



Old McDonald

While waiting in line at the Department of Vehicle Services for my new license plate, I heard the clerk shout out, "E I E I O." "Here," the woman standing next to me answered. Curious, I asked if she was married to a farmer, or maybe taught preschool. "Neither," she replied. "My name is McDonald."



Child Naivety

In honor of Memorial Day, the teacher I worked with read the Constitution to her third-grade class. After reading "We the people," she paused to ask the children what they thought that meant. One boy raised his hand and asked, "Is that like 'We da bomb?'"



Win the Race

There were only two people in line ahead of me at the electronics store, yet the wait was dragging on forever. Finally the customer behind me muttered, "Mr. Hare must be on vacation." Only then did I notice the name tag on the man at the register. It read: "Mr. Turtle, sales associate."

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VolunteerConnector

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Business Ad Sizing Rules

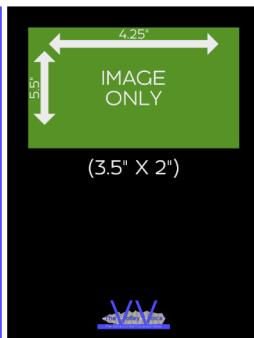
IMAGE AND TEXT

If you have a completed ad that you are submitting, use the image and text sizing below, 4.25"x5.5"



IMAGE ONLY

If you are submitting image with separate word copy, use the image only sizing below, 3.5"x2", with the understanding the copy will be sized to fit the remainder.



FOR A FULL-PAGE FOOD WRITE UP

We will ask you to provide the meal set you want tasted, at no charge, to our public food writer. (One of the front facing volunteer positions through the Valley Voice where anonymity is not always possible.) You will be notified when to expect the critic and they will introduce themselves. Once the meal has been completed, you can expect a full-page review, complete with photography of your food, to appear in a future issue.

TO GET ON THE COVER

This one is really easy... take the best photo. If the best photo has been submitted by a business, it's the business who will be credited on the front page.

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