

## The Voices of the Columbia Valley



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An update by Doug Clovechok

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#### THE DOE'S AND DON'TS OF FAWNING SEASON

The increase as the first few weeks of June marks the peak of the deer fawning season.

Your weekly community magazine

## The Voice of the Columbia Valley

### Your voice, your valley, your magazine

## LETTER FROM THE VOLUNTEERS

#### THANK YOU

To you, our loyal readers. We know things have been a bit rocky, and we're doing our best to try and keep everything running in tip-top condition with fewer hands.

We have had some reports of slow loading in the reader and are working to address that as well, though we would like to remind you that we've made it so you can just download the edition and read it at your leisure. A great option for anyone experiencing issues. We will also continue to put the new articles into blog posts each week to make them easier to access and consume.

Now, thanks to housing issues and folks having to move out of the valley, we're several hands sort. If you'd like to help us stay ahead of the game, we would LOVE your help.

This works best when we work together.

The VVV



## PRIDE MONTH June 1 - 30-2022

## TABLE OF CONTENTS



#### How are we doing?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram @thevoicecv

OF

by email to <u>news@thevoiceca.ca</u>

# TRANS-BORDER HEALTH CARE

#### An update by Doug Clovechok

Prior to Covid-times I had initiated conversations with then Alberta Health Minister Tyler Shandro regarding Trans-Border Health Care for our constituents in Columbia River-Revelstoke.

This conversation included MLA's

from all five constituencies bordering Alberta.

I have been reaching out to new Alberta Health Minister Jason Copping for some time now and today I received his response.

AR 198493

JUN 0 2 2022 Doug Clovechok MLA Columbia River – Revelstoke Room 016 Parliament Buildings Victoria BC V8T 2T8 doug.clovechok.mla@leg.bc.ca

Dear MLA Clovechok:

Thank you for your letter regarding your constituents' access to health care in Alberta. There is a strong relationship across our Rocky Mountain border for travel, trade, and tourism and I recognize this is an important matter for our two provinces. Please be assured that Alberta's government is committed to providing quality and accessible health care in accordance with the Canada Health Act.

As I am sure you can appreciate, Alberta's health care system has faced additional pressure throughout the COVID-19 pandemic, as COVID-related cases have taken up many available hospital beds and resources. As part of our pandemic response, Alberta Health Services (AHS), our provincial health authority, had to make tough choices regarding care for out-of-province patients this included temporarily restricting scheduled surgeries for out-of-province patients in order to manage Alberta's hospital capacity, and pausing transfers of out-of-province intensive care unit (ICU) patients. However, AHS has continued to provide care to those this restriction did not apply to out-of-province. Additionally, we have continued to accept children for programs where AHS is the western Canadian referral centre, and adults and children in cases where transfer conditions would preclude safe and time-sensitive transfer within the home province.

Supporting access to primary care, including to physicians, particularly in areas close to provincial borders and in rural Alberta, is an important priority for the Government of Alberta. We are working to improve workforce capacity by expanding scope of practice, launching additional recruitment and retention initiatives, investing in new technologies to better connect rural patients with providers, and identifying appropriate service delivery to meet community needs – including mobile health services.

....12

MLA Doug Clovechok Page 2

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Alberta's government AHS recognizes the need to provide health care to those beyond Alberta. A number of intergovernmental agreements, as well as informal agreements, exist to support non-Albertans to receive the care that they need in Alberta. Given the concerns that you have raised, and recognizing the opportunity to build from previous discussions, I have asked Alberta Health officials to connect with their British Columbia counterparts to re-engage in this important matter. I look forward to joint efforts to ensure clear and consistent processes across our health authorities to help residents in our border areas your constituency access the primary care that they need.

Thank you again for writing and advocating for your constituents.

Sincerely,

Jason Copping Minister of Health

I look forward to gathering all parties together to bring this to fruition.

care system and improving access to health care is my priority.

After all, we share a Canadian health

**Classification: Protected A** 

## radium hot springs

## SUMMER STUDENT JOB OPPORTUNITY

## **Children's Summer Program Assistant**

## Up to 20 hours per week for 8 weeks

## Start Date: June 30, 2022

Looking for a part-time summer job? The Radium Library is hiring! We're looking for a dependable, creative, hard-working, and enthusiastic individual to assist the Children's Program Coordinator with the annual Summer Reading Program.

## JOB SUMMARY

The Summer Student will assist with the planning, promotion, and delivery of the annual Summer Reading Club Program and other children's activities. The BC Summer Reading Club encourages children to build their reading and literacy skills through the summer months.

## **PRIMARY QUALIFICATIONS**

- Experience working with children
- Able to work individually and as part of a team
- Possess strong leadership and interpersonal skills
- Enjoy reading, arts, crafts, and storytelling
- Reliable and dependable
- Highly motivated

- Technologically adept – comfortable using online tools for delivery and promotion of services (Facebook, Zoom, Canva, Instagram, etc.)

This position is for students ages 15-30. We thank all applicants for their interest. Only those selected for an interview will be contacted

\*Vulnerable Sector Criminal Record Check Required for those 18+

Application Deadline: June 15, 2022

Please visit our website to view the full job posting. Please submit a resume and cover letter to director@radium.bclibrary.ca









#### Every Tuesday 9:30-11:30am

Starting May 17th we would like to invite seniors to the farm every Tuesday between the hours of 9:30-11:30am. During this time you will have the opportunity to visit farm animals, have tea or coffee, enjoy the garden and its different stages throughout the season.

Visit Farm Animals \* Seniors social with tea or coffee \* Enjoy the outdoors



By Donation

# VALLEY PROMOTIONS

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BREAKING

## COLUMBIA LAKE MANAGEMENT PLAN

The final draft of the Columbia Lake Management Plan will be presented to the RDEK Board of Directors for consideration and adoption this week. The plan will also be presented to the Village of Canal Flats Council during its June 27th Council meeting.

Full news release at: http://ow.ly/9tSn50JrF2U

### WOODCARVER PARK UPDATE

NEWS

UPDATE: Our application to the federal government is still in process, MP Rob Morrison, MP has been in communication specifically regarding Woodcarver Park AND the Canada Community Revitalization Fund (\$400,000.00) is still being considered! A big Thank You  $\bigwedge$  to the Village of Radium, Columbia Valley Chamber of Commerce, Columbia Valley Community Foundation, Tourism Radium Hot Springs and Rotary of Radium Hot Springs for their full support. Rolf Heer, Radium Hot Springs, Canada





### HIKING TRAILS STILL UNSAFE

Stay safe, stay aware and come prepared.

Although seasons are beginning to change there are still areas in National Parks that are covered in snow and deemed unsafe to hikers.

Check current national park trail conditions here https://bit.ly/3MIRemd Katie Goldie

#### A BIG THANK YOU

Columbia Valley Food Bank issues a big thank you to Sobeys and their customers for the donation of \$4,101.11 in gift cards. This was collected during the '21 Holiday Drive campaign along with multiple bags of groceries that customers purchased to donate to CVFB. These will help us to support those folks in need in our Valley.

Ric and Brayden make the presentation to Janel Seier 😌





Did you know that physical activity levels are strongly linked with mental and physical health benefits to over 35 chronic health conditions, including depression!?

Think you might benefit from an evidence-based, supportive and accessible online program to help you to engage in more exercise?

Consider joining our study! You'll have the opportunity to work towards better health while providing information to University of Victoria researchers with the aim of benefiting future health promotion and mental health care programs!

Please contact Aleah, the research coordinator, privately at rossa382@uvic.ca in order to maintain your privacy. The Principal Investigator for this study is Dr. Ryan Rhodes, PhD and Director of the Behaviour Medicine Lab at University of Victoria.

This study is made possible thanks to additional support from Foundry Victoria Youth Clinic and GROW Island Community Mental Health.

## CONSIDER JOINING AN ONLINE PHYSICAL ACTIVITY STUDY!

Currently seeking participants who:

- identify with experience of low mood or mild to moderate depression
- not meeting physical activity guidelines
- live in British Columbia
- age 19-30
- english speaking, AND
- have access to a device with internet

## Interested in joining a supportive, asynchronous, and free 10-week online physical activity intervention trial.

For more information, contact: Aleah Ross (Coordinator) rossa382@uvic.ca





Coaches Ashley and Christian have a combined 17 years experience. We offer both adult and kids Brazilian Jiu jitsu programs, as well as women's options for both Brazilian Jiu Jitsu and self defense.

We can be contacted via: e mail @ journeybjj2020@gmail.com phone @ 250-421-7886 Facebook @ Journey Brazilian Jiu Jitsu Instagram @ journeybrazilianjiujitsu



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# VALLEY PROMOTIONS

# CANADA DAY "COMMUNITY LOVE"

# "COMMUNITY LOVE" CANADA DA **JLY 1ST 2022** DOWNTOWN PARADE IIam **Pothole Park, along Main Street** (7th Ave) to 13th St. Finishing at the Arena. **POTHOLE PARK** FOOD, MUSIC & GAMES 12:30pm-2pm Live music featuring Fairwater 54 **COMMUNITY PAINTING EVENT** With CVYN and Black Star Studios The Home Legion

## The theme of the day is "Community Love." The 2022 Canada Day event reflects the HEARTS, spirit, and experience of a community.

Canada Day festivities are put on as acts of love, service and to celebrate diversity in our community.

While there are many things to celebrate with pride about Canada, we acknowledge the actions that have taken place in this country have done immense harm to Indigenous peoples spanning across generations. Through this event and other actions, we hope to create a safe space for everyone to come together to celebrate how fortunate we are to live in a country that is growing, evolving, and learning from our past history.

We look forward to your participation celebrating our community.

Thursday June 30th-Kinsmen Club Fireworks.The fireworks will be launching from below the Eddie Mountain Memorial Arena and will start around midnight after CPR has cleared the rail tracks.

Friday July 1st- Parade in downtown Invermere.

To help with the parade entries we

ask that you register your entry, via email to

invermerecanadadayparade@gmail .com alerting us as to youth, club, group, business name, estimated number of persons participating.

We will form up on 9th Avenue beside Pothole Park at 10:00 a.m. Please attend the Registration Table by the Washroom building to register your entry. The parade will start from 5A Street at 11:00 a.m. through the main street of Invermere, to 13th St and finishing at the Eddie Mountain Memorial Arena.

July 1st:

Live music in Pothole Park featuring Fairwater 54 from 12:30pm-2:00pm with food vendors and activities for everyone to enjoy! Community Art Event with Blackstar Studios and the Columbia Valley Youth Network from noon until 3pm.

Stay tuned for more event details as they unfold!



Hosted by the District of Invermere

Follow the <u>Facebook Event</u> for more information.



## June 10th, 2022 from 3:00-5:00 Pothole Park (community Centre if raining)

## 639 7th Avenue,

## Invermere



Pre-schoolers aged three to five and their parents/caregivers are invited to attend Ready, Set, Learn! Ready, Set, Learn is a Ministry of Education and Child Care funded fun, family-oriented event. Families who attend will be able to walk around and receive information about FREE early learning programming and services available to you and your child. Families will also receive a FREE gift bag with books and activities to take home. Come visit us outside for this community event!

## FREE ACTIVITIES!

FOR FAMILIES WITH PRE-SCHOOL CHILDREN 3-5 YEARS OLD







Ministry of Education



# VALLEY PROMOTIONS











In the summer of 2022, First Nations' Emergency Services Society of BC (FNESS) will be launching our new website and introducing our new logo. We are looking for First Nation artists to submit their artwork that reflects our work, our values and the four pillars of emergency management.

The submitted works will be selected by a FNESS committee. Once the final selection is purchased it will become the sole property of FNESS for use on advertising posters, flyers, websites, printed materials and various promotional materials. The artwork must translate well into poster format, printed material and promotional material, including clothing. Submission rules below.

FNESS serves First Nations in developing and sustaining safer and healthier communities through emergency planning, training, response and recovery; fire training, education and prevention; forest fuel and wildfire management; and leadership and collaborative relationships.

### **Our Values**

**Courage:** Strength and curiosity while determining the most beneficial actions with communities.

Honesty: Open and transparent environments in all actions.

**Integrity:** Consistent and accountable for all actions, assessing and adapting as needed.

**Passion:** Acknowledging enthusiasm and initiative; rewarding success regularly. **Respect:** Inclusiveness and teamwork that allows fairness, balance, and harmony in all activities; appreciative of all cultural diversities.

**Trustworthiness:** Providing credible and state-of-the-art recognized services.

The relaunch of the FNESS brand will reflect First Nations' resilience and culture, FNESS values, and the four pillars of emergency management, mitigation, preparation, response and recovery.

To Make a Submission: Please submit an electronic copy or photograph of your artwork, a description of your artwork and how it represents the FNESS values and the four pillars of emergency management. Please also include a short artist biography.

The deadline for submissions is 4:00 pm on June 22, 2022. We appreciate all submissions however only the winner will be contacted.

Please send submissions to:

Jo-Anne Hales FNESS Communications Specialist jhales@fness.bc.ca

# **CONTEST ALERT**



### We'll be running an Eat Local Contest all summer long to support all things Columbia Valley Grown and Made.

This week we'll be giving two people \$100 worth of gift cards to businesses listed in our Local Food Guide!

To enter the draw:

#### 1. Follow us and like this post.

2. Tag your favourite business where Columbia Valley food and drinks are made, grown, sourced, and served and tell us your favourite product or menu item.

3. Tag a foodie friend!

Contest ends Friday June 3 at Midnight. Winners will be announced Monday June 6.



## LOW COST SPAY/ NEUTER OF CATS AVAILABLE FOR RESIDENTS OF RDEK

#### Low income families have new accessible assistance for spaying/ neurtering their beloved pets.

The program provides a low-cost spay/neuter surgeries for cats in lowincome families and feral cats throughout the Regional District of East Kootenay. This program includes a microchip and registration to the BC Pet Registry. We ask for a financial contribution of \$45 for male cats and \$55 for female cats.

## How can you take advantage of this program?

- 1. Fill in the form found <u>HERE</u>. Please include your proof of income to determine eligibility and speed up the application process.
- 2. Staff will process your information and create your spay/neuter voucher.

- 3. You will be contacted by shelter staff and given a time to pick up your voucher and pay fees (as applicable).
- 4. Pick up your voucher at the East Kootenay BC SPCA in Cranbrook with valid picture ID, proof of low income status and your financial program contribution.
- 5. BC SPCA staff will work with you to schedule your vet appointment.
- 6. At your scheduled appointment time, take your cat and the voucher to the vet clinic for your spay/neuter procedure. Be sure to follow all pre-surgical instructions from the vet clinic and bring a copy of your voucher.





## Email welcome@cvchamber.ca or call 250-342-2844



# Wanted

## Volunteers to monitor Western Painted Turtle basking logs

Turtles need safe basking sites for various life stages. Some basking logs have been installed in Radium and Columbia Lake. We need your help to see how frequently these new logs are being used by turtles.



Financial support is provided by



If you are interested in monitoring logs at either location or want more information about the project, please email us at: cvpaintedturtle@gmail.com





## THE DOE'S AND DON'TS OF FAWNING SEASON

## The increase as the first few weeks of June marks the peak of the deer fawning season.

The weather continues to improve, and you're feeling the need to wander, right? You're not alone.

When preparing to give birth, a doe will seek out an isolated locale where she feels safe, though we may not agree.

This is why, generally, fawning season can coincide with an increase in deer vehicle collisions, among other things. The increase as the first few weeks of June marks the peak of the deer fawning season.

The spindly legged newborn fawn is not without some basic survival mechanisms. They have spots to make seeing them more difficult for predators. Plus, in the first few weeks they don't move round often which helps to reduce the distance scent will travel to a predator. These natural defense are, well, their best defense.

Here are some ways you can both help, or harm, our fawny friends.

### DO

- Keep your distance drive defensively, avoid distractions, and slow down and not to veer for deer.
- Pay more attention as you drive
- Keep your pets on leash in any potentially wild areas
- Contact the Convervation Officer Service at 1-877-952-7277 if you suspect harm or injury to a fawn
- Report poachers and polluters
- Residents can also report wildlife conflict other than bear, cougar, coyote, or wolf online at WildSafeBC's Wildlife Alert Reporting Program (WARP), available at Wildsafebc.com/warp.

#### DON'T

- Never try a "rescue"
- Don't allow pets to bother or chase any mother's or fawns
- Never give food or water to injured or orphaned wildlife. Inappropriate food or feeding technique can lead to sickness or death. Fawns in particular have very sensitive stomachs and require a special diet. Cow's milk will make them sick.
- Never chase a fawn to capture it. The stress of being chased can be dangerous to a fawn. Fawns are prone to a condition called capture myopathy, which is caused by chase and stress. Capture myopathy can lead to damage to internal organs, and even death.

#### It is important to also note, picking up any wildlife is illegal under the Wildlife Act and could result in a fine.

After the fawns are born, the doe will return to fairly normal behavior - sleeping, feeding - but returning to nurse and care for the fawn.



# MOUNTAINS

MOVIES IN THE

Monday Nights at Dark Pothole Park Downtown Invermere

July 4 Godzilla vs. Kong July 11 Ghostbusters Afterlife July 18 Spiderman No Way Home July 25 Jumanji Aug 1 Honey I Shrunk the Kids Aug 8 Encanto Aug 15 The Bad Guys Aug 22 Dolittle Aug 29 Sing 2

Presented by the







Viewer Discretion is Advised. May contain content that is not suitable for some audiences.

# VALLEY PROMOTIONS



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## WANT TO HELP OUT

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We need help before, during and after the event!

### 50s & 60s Dance Update

We need your help to make Sam Steele Days the FOR ALL OF US THAT WERE BORN IN THE 50's and 60's, we will be starting at 7:00 pm lol 😝

> Hey everyone. Don't forget our 50's 60's dance coming up. This will be a great time. Prize for best costume. Everyone is welcome. No cover charge.

Sign Up HERE



## ELKFORD CLEANUP STARTS JUNE 11 24TH OPEN GARDEN DAY JULY 10

No RSVP is necessary to join in on this year's Tickets (\$10 with maps) go on sale June 16 at Top Elkford Clean Up week!

Just show up on Saturday, June 11 from 12-2 p.m. in front of Kootenay Market to enjoy a free burger, chips and a pop and get your clean up bag and gloves (while supplies last).

Crop Garden, Farm & Pet. Tickets will also be sold at Huckleberry Books (cash only).

Gardens are open from 10 a.m. to 3:30 p.m.

Proceeds from this event go toward beautification projects in our community.





## THE DISTRICT OF INVERMERE PRESENTS

## CONCEPARK 6.30<sup>PM-8<sup>PM</sup> 6.30<sup>PM-8<sup>PM</sup> 6.30<sup>PM-8<sup>PM</sup> 6.30<sup>PM-8<sup>PM</sup> 6.30<sup>PM-8<sup>PM</sup> 6.30<sup>PM-8<sup>PM</sup></sup></sup></sup></sup></sup></sup>

EVERY THURSDAY IN JULY & AUGUST! JULY 7TH- THE CAVE ARCADE

JULY 14TH-ROCKINOMIX JULY 14TH-ROCKINOMIX JULY 21ST-SMARTY PANTS JULY 28TH-USUAL SUSPECTS AUGUST 4TH-KITCHEN SINK POCKET ORCHESTRA AUGUST 11TH-WILSON & THE DISILLUDES AUGUST 18TH-LIKE FATHER LIKE SON AUGUST 25TH- ALIAS MORGAN

BRING YOUR OWN LAWN CHAIR!

TheVoiceCV.ca

STAGE PROVIDED BY:



Homemade



#### Across

1- Bars legally; 7- Exist; 10- Low in pitch; 14- Strong cigar; 15- Blend; 16-Chills and fever; 17- Infuse; 18- Explosive sound; 19- Ready for plucking; 20- Limber; 23- Campaign tactic; 26- Noteworthy period; 27-Approaches; 28- Seemingly forever; 29- Nor. neighbor; 30- Bashful; 31-Cocktail; 33- Car club; 34- Young bear; 37- How was \_\_\_\_\_know?; 38-Oui's opposite; 39- Building annex; 40- \_\_\_\_ glance; 41- Nine-digit ID; 42-Drag; 43- Necessary; 45- Krazy \_\_\_\_; 46- Bandleader Brown; 47- Able was \_\_\_\_...; 48- Jordan's capital; 51- Anaconda; 52- Orgs.; 53-Responsibility; 56- Yes \_\_\_?; 57- Old California fort; 58- Blows one's top; 62- Phooey!; 63- Ring result; 64- Sell directly to the consumer; 65-Exclamation to express sorrow; 66- Novelist Rand; 67- Stylish;

#### Down

1- U.K. record label; 2- \_\_\_\_ Quentin; 3- NFL 6-pointers; 4- Survive longer; 5- Earlier; 6- Han \_\_\_\_ was a "Star Wars" character; 7- Current unit; 8- Spanish wine; 9- Public exhibition; 10- Fred Flintstone's best friend; 11- Heartburn; 12- Great; 13- Sows; 21- Work of one who stitches; 22- Breathe in; 23- Penultimate round; 24- Castle water pits; 25- Noted bankruptcy of 2001; 29- Muzzle; 30- Income source; 32- Upcountry; 33-Trojan War hero; 34- Sidewalk eateries; 35- Complete reversal; 36-Bundles; 44- Quarrel; 45- South African animal rug; 46- Capital of United Kingdom; 48- Greek marketplace; 49- Wall painting; 50- Devilfish; 51-Like a tree trunk or a yipping dog; 52- Broadcaster; 54- Mite; 55- Cattle group; 59- \_\_\_\_ de deux (ballet dance); 60- \_\_\_\_ the season...; 61- Foxy;

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## **GET INVOLVED**

There are MANY ways you can get involved with this awesome online publication! We hope to hear from you.

## **BUSINESS ADS**

Any and all businessess, organizations and entrepreneurs are welcome to sumbit a business ad for free. \*Ads must be refreshed periodically. Once an add is out of date or stale, we will remove it.\*

## FOR A FULL-PAGE PLACEMENT

Donate a product or service for giveaway through the Valley Voice. Help us give back to the readers and we will help place you. Though, we will likely reserve this to one per issue. Businesses can choose to host more than one giveaway through Valley Voices to obtain additional feature pages.



## FOR A FULL-PAGE FOOD WRITE UP TO GET ON THE COVER

We will ask you to provide the meal set you want tasted, at no charge, to our public food writer. (One of the front facing volunteer positions through the Valley Voice where anonymity is not always possible.) You will be notified when to expect the critic and they will introduce themselves. Once the meal has been completed, you can expect a fullpage review, complete with photography of your food, to appear in a future issue. This one is really easy... take the best photo. If the best photo has been submitted by a business, it's the business who will be credited on the front page.

## BECOME A VOLUNTEER!

We are always looking for content curators, liaisons, photographers, and promoters.

Want to get involved?

Email us at <u>news@thevoicecv.ca</u>

### VISIT US ONLINE thevoicecv.ca

