

The Valley Voice

The Voices of the Columbia Valley



Jen Bewski
PHOTO CREDIT

I N S I D E T H I S E D I T I O N

FROM COUCH TO HIKING

It is easy to get caught up thinking hiking involves summits, big backpacks, being super fit and hiking mountains or super long trails.

RARE PUPPIES STOLEN

Dainya Watson, 31, died unexpectedly on June 28, 2022, in Kamloops. Her eight rare bulldog puppies were stolen from her home just hours later.

TOP 3 REASONS TO VISIT RADIUM HOT SPRINGS

This is an excerpt from an article published on June 13, 2022 by Shannon B.

EPIC SUMMER TIME AIR FRYER CHICKEN

Summer is here, along with the heat, and that can make using your oven or grill a loathsome thing to do.



The Voice of the Columbia Valley



Your voice, your valley, your magazine

LETTER FROM THE **VOLUNTEERS**

Hey hey - it's us again!

We hope you enjoy the monthly issue. We look forward to the next edition August 3rd.

What do we need?

Well, so glad you asked. Everything.

See something cool, take a picture.

Been to an event? Write us a review.

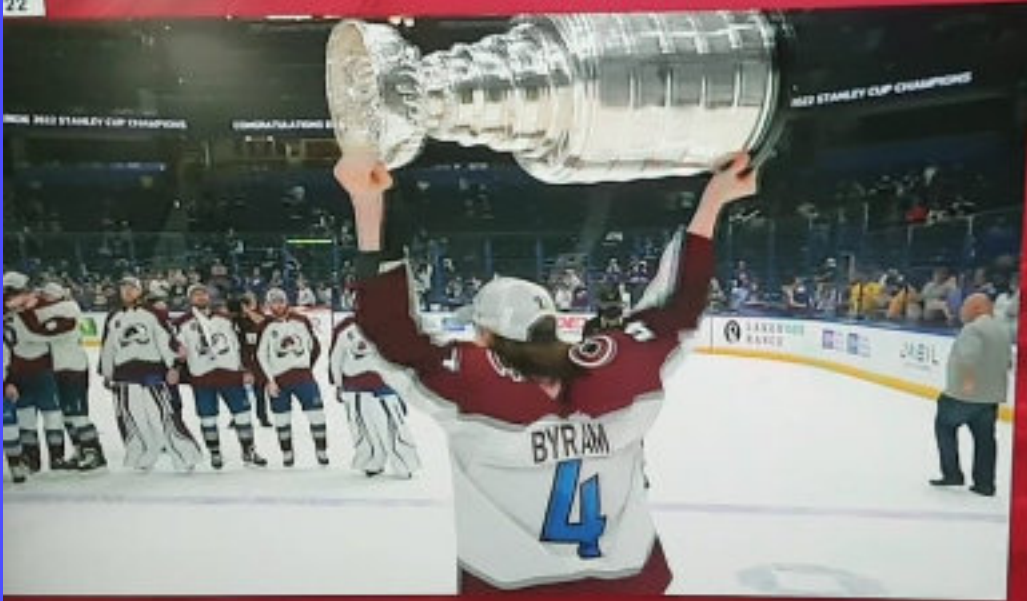
Got a bug up your arse about something?
Send in an editorial.

This publication isn't about us, it's about you, and our valley, and all the awesome things about it.

We appreciate every comment, read, share, submission, like and shout out. We truly hope we can continue to bring you enjoyable content.

The VVV

Rob Jordan
PHOTO CREDIT




COLORADO
AVALANCHE

 **2022 STANLEY CUP CHAMPIONS**

**AFTER 15 YEARS, A CRANBROOK BOY IS BRINGING THE STANLEY CUP BACK TO TOWN!
CONGRATULATIONS BOWEN BYRAM AND THE COLORADO AVALANCHE!**

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News snippets for things happening in and around our valley.

HOW ARE WE DOING?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram @thevoicecv

OR

by email to news@thevoiceca.ca

SUBMIT CONTENT

This only works if we all do. Your content is what DRIVES this publication. We need it all because we need you.

NEXT EDITION AUGUST 3, 2022.

SUBMISSION DEADLINE AUGUST 2, 2022.

WE NEED

BUSINESS ADS

Any and all businesses, organizations and entrepreneurs are welcome to submit a business ad for free. *Ads must be refreshed periodically. Once an ad is out of date or stale, we will remove it.*

LOCAL PHOTOGRAPHY

Any and all are welcome and encouraged to submit their photos. Credit given when requested. Great way to get your art out to more eyes.

PERSONAL INTEREST

Got something to say? Expert in something? Know how to handle a season with skill? Send it in! We'll edit it only if requested. We'd LOVE to publish your brilliant works.

NEWS

Did you hear about it or see it? We could use your help! Snap a photo and send a blurb/article and we'll make sure it get included.

BECOME A VOLUNTEER!

We are always looking for content curators, liaisons, photographers, and promoters.

Want to get involved?

Email us at news@thevoicecv.ca

VISIT US ONLINE
thevoicecv.ca

VISIT US ON SOCIAL
[@thevoicecv](https://www.instagram.com/thevoicecv)

2022 RESULTS

**GRAND CHAMPION:
BRISKET BUTTS**

**RESERVE CHAMPION:
SMELLAQUE**



BRISKET

- 1ST: HOGPARTS SCHOOL OF SMOKECRAFT AND BREW'ERY**
- 2ND: BRISKET BUTTS**
- 3RD: MOOSE KNUCKLE BBQ**
- 4TH: BK BBQ**
- 5TH: NOTORIOUS P.I.G.**
- 6TH: SMOKEHOUSE 93**
- 7TH: SMELLAQUE**
- 8TH: HOME COOKIN' BBQ**
- 9TH: PORKY FATSTACKS BBQ AND SOCIAL CLUB**
- 10TH: THE SPICE ALCHEMIST**

RIBS

- 1ST: BRISKET BUTTS**
- 2ND: NOTORIOUS P.I.G.**
- 3RD: HOME COOKIN' BBQ**
- 4TH: SMOKEHOUSE 93**
- 5TH: MOOSE KNUCKLE BBQ**
- 6TH: PORKY FATSTACKS BBQ AND SOCIAL CLUB**
- 7TH: SMELLAQUE**
- 8TH: HOGPARTS SCHOOL OF SMOKECRAFT AND BREW'ERY**
- 9TH: THE SPICE ALCHEMIST**
- 10TH: BK BBQ**

CHICKEN

- 1ST: BRISKET BUTTS**
- 2ND: SMELLAQUE**
- 3RD: HOGPARTS SCHOOL OF SMOKECRAFT AND BREW'ERY**
- 4TH: NOTORIOUS P.I.G.**
- 5TH: PORKY FATSTACKS BBQ AND SOCIAL CLUB**
- 6TH: HOME COOKIN' BBQ**
- 7TH: BLAZING BBQ**
- 8TH: SMOKEHOUSE 93**
- 9TH: MOOSE KNUCKLE BBQ**
- 10TH: BK BBQ**

PORK

- 1ST: SMELLAQUE**
- 2ND: BRISKET BUTTS**
- 3RD: HOGPARTS SCHOOL OF SMOKECRAFT AND BREW'ERY**
- 4TH: NOTORIOUS P.I.G.**
- 5TH: MOOSE KNUCKLE BBQ**
- 6TH: PORKY FATSTACKS BBQ AND SOCIAL CLUB**
- 7TH: HOME COOKIN' BBQ**
- 8TH: SMOKEHOUSE 93**
- 9TH: BK BBQ**
- 10TH: BLAZING BBQ**



FROM COUCH TO HIKING

It is easy to get caught up thinking hiking involves summits, big backpacks, being super fit and hiking mountains or super long trails. Hiking is so much more than that, especially here in Columbia Valley.

There are hiking trails for various abilities and ages; They are suitable for those who are new and for those who just like to get outdoors but are not into summit trails or have a full day to devote to adventuring.

If you're tired of your usual walk, it is time to start exploring all your local

area has to offer. The Columbia Valley has so much to see and do, so much to experience. If you're bit lost on where to go or what to see, here are some great references tools to get you started. The lists provided are just a sampling intended to get you going and that were helpful for my family's adventures.

GETTING STARTED

If you intend to explore the Kootenay National Park trails, get an annual pass. The pass takes the pressure off thinking you must complete an abundance of trails in a day or set time. The pass is also good for any National Park in Canada.

The Kootenay National Park Visitor guide has lots of useful information on trails and do not forget to check parksCanada.gc.ca/kootenaytrails for trail conditions. Do not just assume because it is summer weather in the Valley that the park trails will be.

For Columbia Valley trail conditions check out the local Facebook groups that are focused on hiking such as Columbia Valley Hikes.

Be wildlife smart and brush up on tips that are easily available online. Regardless of trail, you never know what you might encounter.

Wear comfortable shoes, not everyone has hiking footwear but a comfortable pair of runners with non-slippery soles is recommended. If you want to be more adventurous, investing in a pair of hiking shoes/boots will be worth it. I have worn both and without proper traction, some of the more challenging hikes would be a lot harder.

Dress in layers and be prepared for the changes in weather, we have started in warm conditions and then ended up in 5c and rain in the park.

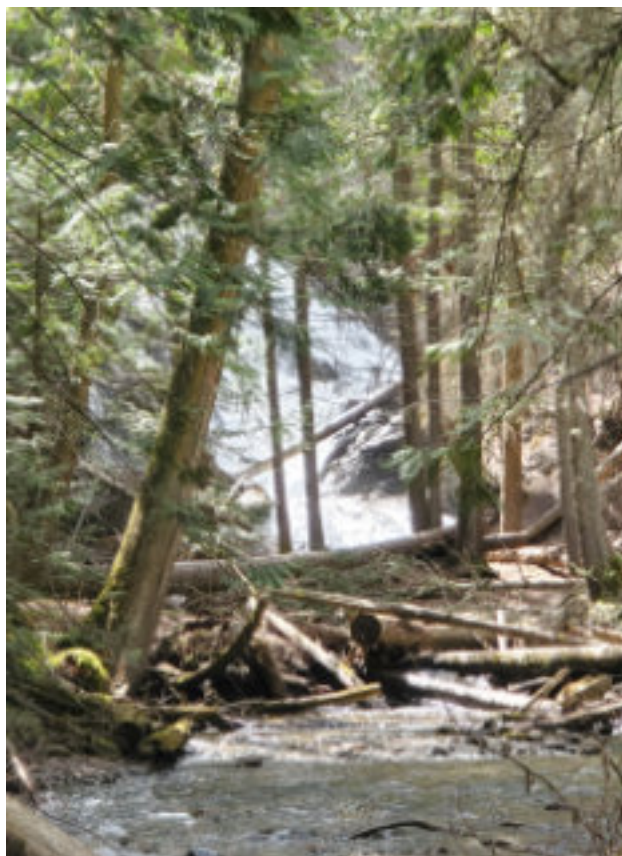
We usually don't do the super long hikes but still take along our bear spray, water, sunscreen, emergency snack in a small backpack. Or a compass. Lesson learned the other day as we ventured out on a backwoods adventure was that sometimes, even on the easy trails, if you are off the beaten path and in dense bush there is a reason a compass is recommended. While we figured the situation out, it was a good reminder, and I will be adding a compass to the just in case needed list along. The books referenced give good ideas of how to prepare. Usually

we only need the water, but we like to be prepared for the unexpected and in case we change trail options. Some people find trekking poles useful.

Be realistic. While it is good to challenge yourself, do not overestimate your abilities and head straight to the Moderate or Hard rated trails if you're just starting out even though they may look more interesting. While it might be a great experience, not everyone will have that experience, and I recommend for a successful outing start out in a comfortable range then if you feel ready for more, look for a more challenging trail. If you're in a group, it is also important to remember not everyone will be the same speed or have the same agility.

Allow more time than you read in the guides. This will allow you to stop and enjoy the surroundings, watch a bird or any interesting sights you find along the way.

One more thing - Always pack out what you pack in.



REFERENCE MATERIAL

Our go-to references:

1. The All Trails app (screenshot the key information and maps, internet access is not guaranteed and not available in the Kootenay Park)
2. Hikes around the Columbia Valley by Stefanie McLellan & Corinna Strauss. Recently there was a post on Columbia Valley Hikes that the book is now available at Four Points Books, Revolutions Gear, Bighorn Café, Radium Visitor Center, Purple Cow Giftshop, Beeland, Bacchus Books and Purcells Outdoors
3. Waterfall Hikes in Southern British Columbia by Steve Tersmette (found my copy on Amazon)
4. The Kootenay Visitor Guide (ask at the park entrance or ask at Visitor Centers if they have copy)
5. Word of mouth from friends or people you meet



Sometimes it is good to pull information from several sources and combine. I often will take a picture of maps found at the start of trails or from the books for easy reference.

There are also the Visitor Centers to check out and follow on the socials.

If you want to get more adventurous

but not sure how, there are companies with the valley that offer guided tours. Not all the tours involve overnight hiking, they also have day or half day options.

Check out websites and Instagram accounts for Columbia Valley Hikes and Playwest Mountain Experience.



TRAILS IN THE VALLEY

Some favourite trails to start with

1. Findlay Falls (just north of Canal Flats)
2. Hoodoos (off westside Road by Fairmont)
3. Johnson Junior (off Toby Creek Road)
4. The Valley Trail (Panorama)
5. Old Coach Trail (between Radium & Invermere)
6. Sinclair Creek (Radium)
7. Brisco Falls- follow the instructions you find carefully, there is no need to go up the narrow winding road
8. Olive Lake (Kootenay Park)
9. Marble Canyon (Kootenay Park)



If you just want more of a walk, check out the paths around Kinsmen Beach and Dorothy Lake to see the Turtles or around James Chabot Beach in Invermere or the streets of Radium Hot Springs if you want to see Wild Turkeys, Bighorn Sheep and Deer.

There are too many trails to list but if you start digging through the reference material and researching

you will find more. The ones listed are doable for families and suitable for those who are not able to do the more intense trails. The best part they will get you out in the fresh air exploring nature.

Happy Trails!

Jen Bewski
Writer and Photographer



radium hot springs
PUBLIC LIBRARY

RADIUM SUMMER READING CLUB 2022

**EVERY
FRIDAY
July 8 -
August 19**



Theme: All Together Now

**A FREE weekly program with fun crafts and activities for ages 5+
- Registration Required!**

BC Summer Reading Club is a free literacy program that encourages reading throughout the summer and engages children (ages 5-12 years old) with their local public library. (5 year-olds must be finished Kindergarten)

This year we will be offering a weekly drop-off program at the Radium Library that will run for seven weeks beginning July 8th, 2022.

**Scan the QR code
to register!**



**Radium SRC
Program Schedule**

Fridays:
July 8, July 15, July 22, July 29, Aug 5, 12 & 19

Age 5-8: 10:30am-12:00pm
Age 9-12: 1:00pm-2:30pm

info@radium.bclibrary.ca | 250-347-2434 radium.bc.libraries.coop/for-you/kids/programs/summer-reading-club/

Edgewater Summer Reading Club 2022

All Together Now

With the Invermere and Radium Public Libraries



Track your summer reading, win prizes, join in on games, crafts & activities on club days--all FREE & FUN

July

Thurs. July 7
Tues. July 12
Thurs. July 21
Tues. July 26

August

Thurs. Aug. 4
Thurs. Aug. 11
Tues. Aug. 16
Thurs. Aug 25



Summer Reading Club runs from 11:15 am-12:30 pm at the Edgewater Community Park. For ages 5-12 (5 year-olds must be finished Kindergarten). One-time registration required & opens June 21 on Invermere & Radium Libraries websites.

Join us for preschool storytime in the park at 10:30 am on all of the above dates

250-342-6416
publiclibrary@invermere.net
invermere.bc.libraries.coop
bcsrc.ca



radium hot springs
PUBLIC LIBRARY

(250) 347-2434
info@radium.bclibrary.ca
radium.bc.libraries.coop

SCAN ME



Scan to register

RARE PUPPIES STOLEN



Dainya Watson, 31, died unexpectedly on June 28, 2022, in Kamloops. Her eight rare bulldog puppies were stolen from her home just hours later.

The loss of a family member is hard enough to deal with, no one should have to deal with this as well.

Kamloops RCMP and medical

professionals arrived at Watson's Brocklehurst home early on June 28, where she was pronounced dead at 3:30 a.m.



Her death was sudden and unexpected, Watson's sister, Kearston Burton-Weatherhead said.

"Her children are coping the best they can," she said. "Our family is absolutely devastated."

Roommates of Watson, 31, were on premis at he shared location on the 2500-block of Tranquille Road. The attending officers did offer to have animal control pick up Watson's eight puppies but the roommates stated they would contact the family instead.

The police left the residence around 5am, and the seven-week-old Alapaha Blue Blood Bulldog pups were gone with an hour.

The puppies were taken from the front yard. The roommates allegedly heard a commotion and went outside to investigate in time to see a "blackish'grey" van speeding away, with the puppies no where to be seen.

The family indicated that Watson was breeding and selling the pups as a business as this rare breed can fetch up to \$3,500 each. Three of the missing puppies had already been sold to new, loving families.

That's why everyone is hopeful the puppies will be found and returned soon. RCMP searched both Watson's home and another related to the investigation, she said.

"We want her to be laid to rest peacefully and without any issues," Kearston said.

Anyone with information about the stolen puppies can contact Burton-Weatherhead through her Facebook page or Kamloops RCMP at 250-828-3000.

Original story [here](#).



903 10th Street South
Cranbrook BC V1C 1S9
theleash@telus.net
www.theleashicando.com
250.581.2169



THE THERAPY DOG TRAINING

Location: TBD as weather permits

Mondays 6:00 - 7:00pm

July 18 - August 22, 2022



This six week program will introduce you to the skills required to certify you and your dog as a therapy team. (Please note that this program is NOT the prerequisite for Service Dogs.)

The program will be aligned with skills required by Therapeutic Paws of Canada (TPOC), which has a chapter in both Cranbrook and Kimberley.

I am a past member and evaluator for TPOC and have participated with one of my dogs as a therapy team.

This class is for dogs over one (1) year of age and is not suitable for reactive dogs.

***The Leash I Can Do is not affiliated with Therapeutic Paws of Canada and the requirements for certification are available to the public on their website.



RECURVE

COMPOUND

LONG BOW

CROSSBOW

**LAKE WINDERMERE
DISTRICT ROD & GUN CLUB**



RADIUM HOT SPRINGS, BC
FOR MORE INFORMATION, EMAIL:
bighornshoot@gmail.com

START TIME:
8:30 am both days
Off course by 3 pm Sunday
Prizes to follow Sunday

WEEKEND RATES:
Adult \$40 • Family \$70 • Youth - 18 and under \$20
Members \$30 • Member Family \$60 • Children - 6 and under FREE

RAIN OR SHINE • DRY CAMPING AVAILABLE

At the Radium Hot Springs round about, proceed west on Foresters Landing Road, just prior to the Canfor Sawmill. Turn left onto the Horsethief Creek Forest Service Road (gravel). Cross the railway tracks and keep proceeding west along the Columbia River, crossing two bridges. Remain on the main gravel road, starting up the hill and stay straight and up the hill at the 2.8 km marker on the Horsethief Creek FSR. Keep driving on this gravel road until the 5 km marker. Keep driving straight 200 meters and you will see the Rod and Gun shooting facility entrance and signage on your left. Welcome!

**3 COURSES
TO SHOOT!**
ALL DAY CONCESSION AVAILABLE
**50/50 • RAFFLE
FUN SHOTS**

JULY 9th & 10th • 2022

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radiumhotsprings.com • columbiavalley.com



TOP 3 REASONS TO VISIT RADIUM HOT SPRINGS

This is an excerpt from an article published on June 13, 2022 by Shannon B.

To read all 10 tips as written, please visit [THE ARTICLE HERE.](#)

The village of Radium Hot Springs is located 3 hours from Calgary, Alberta just outside Kootenay National Park in beautiful British Columbia. It makes for a great weekend destination, away from the fast pace of the city.

I recently spent 3 days away exploring this beautiful area and want to share with you 10 Reasons you need to visit Radium Hot Springs this summer:

1. THE SCENIC DRIVE

The drive itself is one of the most beautiful ones you can experience in the Canadian Rockies. You'll find yourself falling in love with the sweeping mountain views, spectacular places to stop along the way and lots of opportunities to see wildlife.

Please note that there is approximately 1 hour of the trip (while on highway 93) where there is no cell service.

2. MARBLE CANYON TRAIL

Located inside Kootenay National Park - 2 hours from Calgary and 1 hour from Radium Hot Springs, this family friendly hike is the perfect way to break up the drive, stretch your legs and slow down to take in those mountain views. The trail itself is only 1.9km total (out and back) and a very gentle elevation gain of only 55 m. It

took us 1hour and 40 minutes, but that was at a toddler's pace and we stopped and enjoyed our lunch here along the hike as well.

The overall effort required is very minimal for the quality of views you'll receive. Highly recommend!

3. NUMA FALLS DAY USE AREA

If you're heading in the direction of Calgary to Radium Hot Springs, the Numa Falls parking lot is only about 5 minutes past the Marble Canyon trailhead. There are several picnic tables here and it makes for a great place to stop for lunch, or even a quick break. If you don't have time for the Marble Canyon hike, this stop is a

great option as it will quickly get you right into nature and has lots of room to spread out and eat. And of course, if you miss it on the way out, catch it on the way back to the city!

The viewpoint of the falls (a bridge) is only 300m from the parking lot.

This is an excerpt from an article published on June 13, 2022 by Shannon B.

To read all 10 tips as written, please visit [THE ARTICLE HERE.](#)

The 11th Annual Steamboat Mountain Music Fest

Edgewater, BC

www.steamboatmtnmusicfest.ca



FRIDAY JULY 8

Sequential Porch Parties around town
5:00 - 11:00 pm

SATURDAY JULY 9

Live Music on Stage >>>>>
at Edgewater Community Park
Noon - 10:00 pm
Followed by a Dance in the Hall
10:00 - Midnight

SUNDAY JULY 10

Music Workshops
at Edgewater All Saints Churchyard
11:00 am - 2:00 pm

FEATURING:

- Columbia River Dancers from Shuswap Band
- A-Muse Troupe
- Kootenay Lately
- Broke Down Trucks
- The Wardens
- Tiller's Folly
- Shred Kelly
- Tennyson King
- Fairwater 54
- Patty D, Emily Rawbon & the Postmistress
- Rockinmix

And MORE

Early Bird Tickets available on website or at various outlets around the Valley

Image from a painting by Elizabeth Segoro



BRITISH COLUMBIA



ARNIE J. CHARBONNEAU FOUNDATION



**BRISCO TRADE DAYS - JULY 3,
AUGUST 6 &
SEPTEMBER 4. BRISCO
COMMUNITY HALL
11:00 to 3:00**

Bring your treasures and stuff and things and sell or trade with the other vendors and public visitors. Outside, \$5.00 per spot, bring your own table. Got stuff laying around you no longer need or want? It may be just what someone else is looking for. Do you make the best cookies? Come trade for farm eggs. Too many eggs? Come trade for garden tools. Got an antique you are not in love with any longer? Come trade it for yard work. Anything goes as long as it's legal!



Epic Summer Time Air Fryer Chicken



Summer is here, along with the heat, and that can make using your oven or grill a loathsome thing to do. Today, I want to bring you a fast and easy alternative to slaving over a hot, well, ANYTHING.

This crispy little chicken number is sure to feed your needs with limited cooking time needed and less expended heat energy. With its perfect outer crunch and tasty, flavorful insides, this recipe is guaranteed to be a winner with friends and kids alike.

CHICKEN BACON TWISTERS

INGREDIENTS IN TWISTER MAYO

It's all about simple, fantastic flavours. Twister Mayo is no exception. 3 simple ingredients, one epic sauce.

1. Mayo of your choice. 1/2 cup will make enough for 6 twisters.
2. Pepper! Minimum 1 tbs per 1/2cup mayo.
3. 1/2 tbs white sugar or sweetener.
4. 1/2 tbs water.

DIRECTIONS

Start by combining the sugar and water and mix until the granuals have completely disolved.

Mix the mayo and pepper, blend well.

Add the water mixture to the mayo mixture and again, blend well.

Once your Sauce is mixed place into fridge or keep cool until needed. Be warned, the longer it's sitting, the more the pepper will work it's way in. Too long means too spicy.

INGREDIENTS IN CRISPY CHICKEN

Making good crispy chicken used to be such a pain in the rump.

Until recently, you really only had two options to cook your chicken; Deep fried or oven roasted. Enter the life saving air fryer.

Since it's summer and we really want to avoid heating the already hot house using an air fryer allows faster cooking with less generated heat.

Ps. If you don't have an air fryer your not out of luck, I will provide the cook time and instructions on oven cooking as well.

DIRECTIONS

1. 2 chicken breast flayed and cut length ways in half. Each breast should give 3-4 nice useable pieces.
2. 2 large eggs.
3. 1 cup bread crumbs.
4. 1 cup flour.
5. 2/3 tbs salt.
6. 2 tbs black pepper.
7. 1/2 tbs basil.
8. 1 tbs garlic powder.
9. 1/3 tbs oregano.
10. 2 tbs paprika.
11. 1/2 tbs thyme.

Butterfly each chicken breast and then split each half again to make 4 pieces per breast. Remove extra moisture from the chicken.

Whisk your eggs together in a separate bowl and set to the side.

Place bread crumbs in a dish and set aside.

Mix flour with your spices; salt, pepper, basil, garlic powder, oregano, paprika, and thyme.

Line up your bowls eggs, flour mixture and bread crumbs. Take each strip of chicken, coat generously with egg mixture then dip them into the flour mixture and back into the eggs for a second dip. The final dip goes into the bread crumbs.

If using an air fryer, preheat to 370f and pray the lightest coating of cooking spray on the bottom to make sure your chicken pieces do not stick. The chicken can then be placed inside. Cook for 20 minutes, flipping halfway. Once complete, place them aside to allow them to cool some. If the chicken is too hot, the wrap is less enjoyable.

If using an oven, preheat to 400f and line a sheet with parchment paper and lay out the strips. Cook for 20 minutes, flipping halfway. Once complete, place them aside to allow them to cool some.



WRAP INGREDIENTS

Now we are coming to the last steps before we can tuck into this summer treat. Let's start by taking the time to make sure your bacon is prepped and or ready to go. (My wife and I prefer using Ready Crisp Bacon as it only takes 30 seconds to cook. Any bacon will do however, it's up to your preference.)

You'll also need a few veggies for this! I recommend using shredded lettuce and tomato for inside your wraps but you can prep and include whatever veggies float your boat.

Make sure you have your finished chicken and mayo out and available.

You'll also need some salt and pepper for the top.

DIRECTIONS

1. Place tortilla wrap on flat, dry surface
2. Take a spoonful of twister mayo and place a line of it from the top of the wrap farthest away from you and spread 2/3 down the wrap.
3. Place shredded lettuce on top of the sauce, adding as much as you like.
4. Place thin tomato slices, make sure to salt and pepper the tomato to taste.
5. Place the cooked chicken strips on top of the sauce, lettuce and tomatoes.
6. Place bacon on top of chicken.
7. Take the bottom part of the wrap closest to you and fold it upwards until it meets the bottom of your piece of chicken. Grab a side of the wrap and tuck it tightly over the chicken and lettuce at the bottom rolling it up.
8. Serve and eat!



INGREDIENTS IN CRISPY CHICKEN

2 chicken breasts
 2 large eggs.
 1 cup bread crumbs.
 1 cup flour.
 2/3 tbs salt.
 3 tbs black pepper.
 1/2 tbs basil.
 1 tbs garlic powder.
 1/3 tbs oregano.
 2 tbs paprika.
 1/2 tbs thyme.

1 package tortilla shells.
 1 head of lettuce.
 2 medium tomatoes.
 1 pack of bacon.
 1 cup of mayo.
 1/2 tbs water.
 1/2 tbs sugar.

THE DISTRICT OF
INVERMERE PRESENTS



LOCALS LIVE

CONCERT SERIES
6:30PM-8PM

POTHOLE PARK
DOWNTOWN INVERMERE

JOIN US FOR FREE MUSIC ENTERTAINMENT

EVERY THURSDAY IN
JULY & AUGUST!

JULY 7TH- THE CAVE ARCADE

JULY 14TH-ROCKINOMIX

JULY 21ST- SMARTY PANTS

JULY 28TH-USUAL SUSPECTS

AUGUST 4TH- KITCHEN SINK POCKET ORCHESTRA

AUGUST 11TH- WILSON & THE DISILLUDES

AUGUST 18TH-LIKE FATHER LIKE SON

AUGUST 25TH- ALIAS MORGAN

BRING YOUR OWN LAWN CHAIR!

STAGE PROVIDED BY:



The Summit Youth Centre Hub
Connect • Inspire

SUMMER HOURS

JULY AND AUGUST

LGBTQ+

Day	Time	Location
Monday	5:00 PM - 10:00 PM	The Youth Hub
Tuesday	2:00 PM - 10:00 PM	The Youth Hub
Wednesday	2:00 PM - 10:00 PM	The Youth Hub
Friday	2:00 PM - 10:00 PM	@ The Skate Park @ The Youth Hub

The poster includes illustrations of a surfboard, a person, a seagull, a beach umbrella, flip-flops, and a group of diverse youth at the bottom.



July 19

Aug. 16

6:30 p.m.

Invermere Senior's Hall

\$300 Jackpot

All CASH Prizes

All over 19 welcome

11 games for \$20

Lucky 7 & diamond extra games \$2

Doors Open at 5:30 p.m.

COLUMBIA BASIN TRUST

CELEBRATING 27TH BIRTHDAY

Today (July 6) in 1995 the Columbia Basin Trust Act received royal assent.

We honour those who saw an opportunity to create this unique, regional organization.

Read full article [HERE](#).

CANADA IS #1

Canada was ranked the #1 country to live in according to USNEWS.com

If you'd like to read more about WHY we are the best country, go [HERE](#).



ROGER DUBIELEWICZ RECOGNIZED FOR OUTSTANDING SERVICE

Roger Dubielewicz volunteered for the Columbia Valley Rockies for nearly 40 years before his passing in January.

Read the full article [HERE](#).

ROCKIES HIRE NEW HEAD COACH/GENERAL MANAGER

The Columbia Valley Rockies are excited to announce Emery Olason as their new Head Coach and General Manager. Emery has signed a long term contract to guide the Rockies over the coming years.

Read the full article [HERE](#).



**Kootenay Friends of REALM Fund-raiser
Saturday, July 9 from 9 a.m. to 2 p.m.**

**Drop off Bottle Drive
at
Top Crop Garden and Pet - parking lot
2101 Cranbrook St N, Cranbrook, BC**

Pop cans, beer cans, juice containers, milk jugs, wine and alcohol bottles, etc.

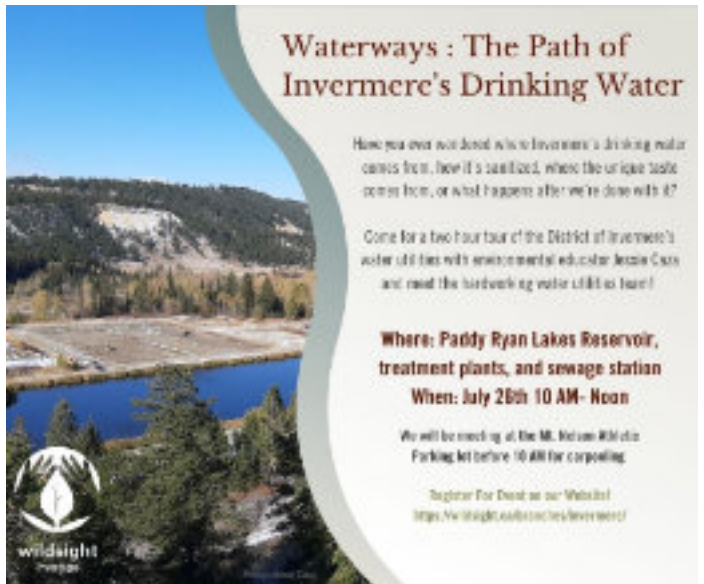


JULY FEST
— JULY 15 | 16 | 17 —

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Bocce is filling up fast
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Friday night closer: Mile High Club
Saturday night closer: Leather Apron Revival
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Waterways : The Path of Invermere's Drinking Water


Have you ever wondered where Invermere's drinking water comes from, how it is sanitized, where the unique taste comes from, or what happens after we're done with it?

Come for a two hour tour of the District of Invermere's water utility with environmental educator Jessie Cox and meet the hardworking water utility team!

Where: Paddy Ryan Lakes Reservoir, treatment plants, and sewage station
When: July 26th 10 AM- Noon

We will be meeting at the Mt. Nelson Wildlife Parking lot before 10 AM for carpooling.

Register For Details on our Website!
<https://www.wildlight.ca/locations/invermere/>



Valley Appreciation Day
Saturday July 23
9:00am-2:00pm

We are looking for dancers, artists, businesses and local Metis talent to showcase at our booth at the Valley Appreciation Day celebrations downtown Invermere.

Please contact us at 250-341-7228 or by email at info@columbiavalleymetis.ca if you are interested.

Columbia Valley Métis
Embracing Our Culture

BC GUYS CONSTRUCTION

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Requirements

- ✔ Able to lift 150 lbs
- ✔ Punctual and good time management
- ✔ Hardworking



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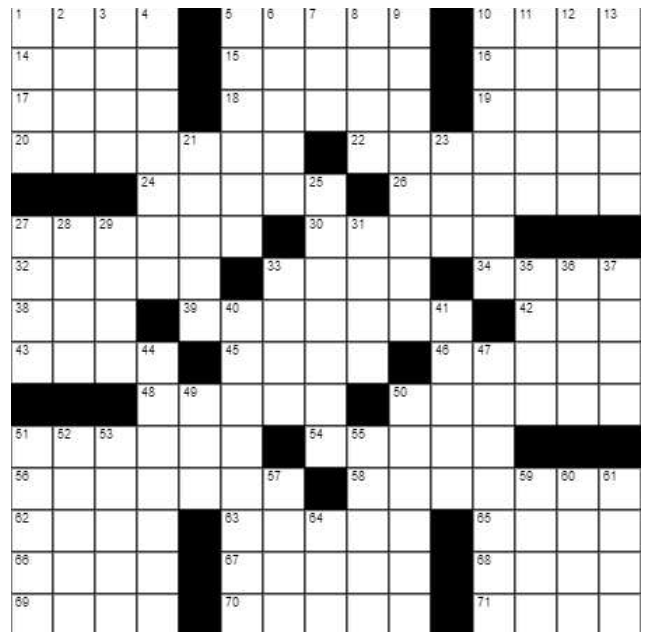
A LITTLE FUN

Across

1- Salzburg vista; 5- _____ point: where it all becomes clear; 10- Poor actors; 14- Kind; 15- Home of the Black Bears; 16- Quod _____ demonstrandum; 17- Be up and about; 18- Cost; 19- Top-notch; 20- Break; 22- Set apart; 24- Gets under control; 26- Catch in a sting; 27- Decreases; 30- Effectiveness; 32- Supple; 33- "____ Brockovich"; 34- Edible roots; 38- Monsters, ____; 39- Causes to remember; 42- Great Lakes canals; 43- Contented sighs; 45- Seedy joint; 46- Tendency; 48- Coach Rockne; 50- Establishes; 51- Zealot; 54- Rescues; 56- Dental filling; 58- Harmonious relation; 62- Churn; 63- Bent; 65- Bacchanalian cry; 66- Tackle box item; 67- Lerner's partner; 68- Raise to third power; 69- Toward the mouth; 70- Wound up; 71- Revenuers, for short;

Down

1- Helper: Abbr.; 2- Monetary unit of Lesotho; 3- Schoolmarmish; 4- Strain; 5- Public meetings; 6- Declaim; 7- Jailbird; 8- Opposed to; 9- Unfinished detail; 10- Robust; 11- Bellowing; 12- Devilfish; 13- At quite an incline; 21- Western; 23- Thunder Bay's prov.; 25- Tries hard; 27- Charles Lamb's pen name; 28- Actress Merrill; 29- Need a scratch; 31- Mozart's "____ kleine Nachtmusik"; 33- Expel gas or odor; 35- Just ____!; 36- ____ Blanc; 37- Lays down the lawn; 40- Capable of being taught; 41- Throat problem; 44- Able; 47- Esteem; 49- Pester; 50- Sidestepped; 51- Danny's daughter; 52- Love, in Paris; 53- Currency unit in Nigeria; 55- ____ having fun yet?; 57- Earth's satellite; 59- Egg cell; 60- Choir attire; 61- High schooler; 64- Tie the knot;



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