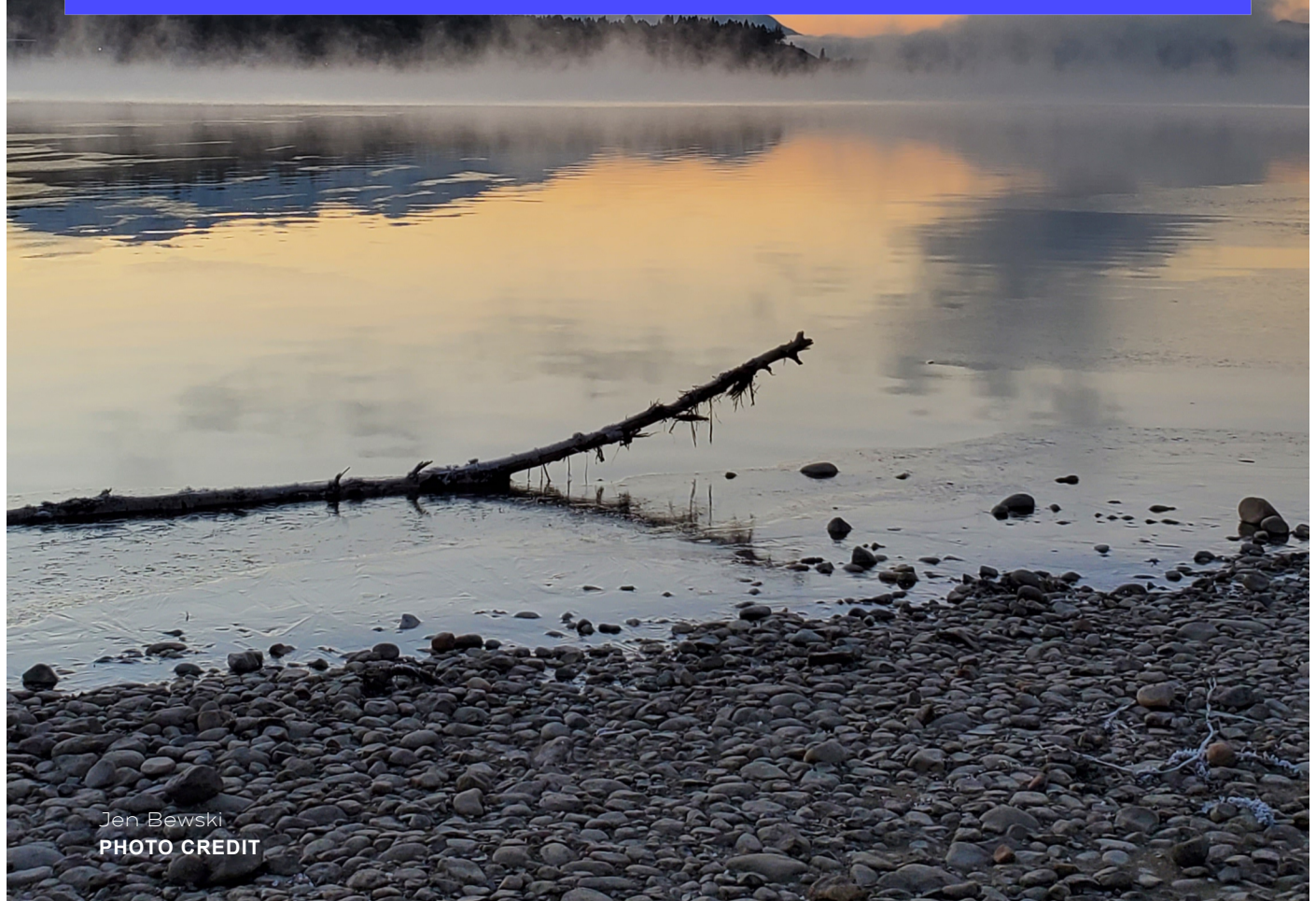


# The Valley Voice

*The Voices of the Columbia Valley*



Jen Bewski  
**PHOTO CREDIT**

## INSIDE THIS EDITION

**CANADA GOOSE ADOPTS  
KAYAKERS FOR 7-HOUR  
COLUMBIA RIVER PADDLE**

It was a wild goose chase of another kind, as a Canadian icon floated alongside a group of kayakers and paddle boarders for their entire 32-kilometre trek on the Columbia River in B.C.

**HELPING RENTERS WITH  
THE COST OF LIVING IN  
2023**

To support renters amid unusually high global inflation rates on housing, the Province is capping allowable rent increases below inflation for 2023

**10 HELPFUL TRICKS TO  
WINTERIZING YOUR HOME**

With winter just around the corner, it's important to take steps to help protect your home from the frigid cold, and your bank accounts from costly winter bills.

**EASY FALL RECIPES**

Fall is a wonderful season, we start to move into colder days and our meals start to transition from cold to hot. Today, I want to share a few easy fall meals your family will rave about.

# The Voice of the Columbia Valley



Your voice, your valley, your magazine

## LETTER FROM THE VOLUNTEERS

Boo - it's Spooktober!

We have a HUGE issue this month, and this is what we're aiming to provide each month going forward.

This month we have articles, personal interest pieces, reviews and recipes. It's a cornucopia of local awesomeness.

If you like what we're putting out, can you let us know? Leave us a comment on a social media post, send us an email, heck we even accept carrier pigeons!

Know what you like and love will only help us to keep serving you amazing local content.

Looking forward to seeing what we come up with next month? Make sure to subscribe to our email list, and follow us on [Facebook](#) and [Instagram!](#)

The VVV



# HALLOWEEN PARTY WITH A MURDER MOST FOUL

SUNDAY, OCTOBER 30th, AT THE LEGION

Doors open at 5.30pm

Three Course Dinner at 6.30pm

Prize for Best Costume

Music to Sing a Long with and Dance to  
and

Solve a Murder Most Foul

\$35 pp

reservations

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max 50 ghosts, goblins and witches

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HOW ARE WE DOING?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram @thevoicecv

OR

by email to [news@thevoiceca.ca](mailto:news@thevoiceca.ca)

# SUBMIT CONTENT

This only works if we all do. Your content is what DRIVES this publication. We need it all because we need you.

NEXT EDITION AUGUST 3, 2022.

SUBMISSION DEADLINE AUGUST 2, 2022.

## WE NEED

### BUSINESS ADS

Any and all businesses, organizations and entrepreneurs are welcome to submit a business ad for free. \*Ads must be refreshed periodically. Once an ad is out of date or stale, we will remove it.\*

### LOCAL PHOTOGRAPHY

Any and all are welcome and encouraged to submit their photos. Credit given when requested. Great way to get your art out to more eyes.

### PERSONAL INTEREST

Got something to say? Expert in something? Know how to handle a season with skill? Send it in! We'll edit it only if requested. We'd LOVE to publish your brilliant works.

### NEWS

Did you hear about it or see it? We could use your help! Snap a photo and send a blurb/article and we'll make sure it get included.

### BECOME A VOLUNTEER!

We are always looking for content curators, liaisons, photographers, and promoters.

Want to get involved?

Email us at [news@thevoicecv.ca](mailto:news@thevoicecv.ca)

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[thevoicecv.ca](http://thevoicecv.ca)

**VISIT US ON SOCIAL**  
[@thevoicecv](https://www.instagram.com/thevoicecv)



**Save the Date!! Family Fun  
Day Vendor Market November  
12th from 10am to 3pm at  
the Eagles Hall 715 Kootenay  
Street North.**

**Featuring a 50/50 Draw,  
Concession, Photo Ops and  
Door Prizes!**

**We look forward  
to seeing you  
there!!**





A Canada goose joined a group of kayakers and paddle boarders for an August float on the Columbia River southeast of Golden, B.C.

## CANADA GOOSE ADOPTS FLOCK OF KAYAKERS FOR ENTIRE 7-HOUR COLUMBIA RIVER PADDLE

It was a wild goose chase of another kind, as a Canadian icon floated alongside a group of kayakers and paddle boarders for their entire 32kilometre trek on the Columbia River in B.C.

Justin Sain, a professional stunt performer who has appeared in television and film, was among the paddlers who set out on the trip from Parson to Nicholson in August.

The group of four had prepared for a river journey lasting several hours in the hours southeast of Golden, but never expected a feathered fifth member would soon tag along.

"We hop into our kayaks and, all of a sudden, this goose appears out of nowhere," Sain told CTV News of the

bird they dubbed 'Zeke'. "We weren't sure if it was going to attack us or not.

"We took off and left the goose behind, but we looked back and it was following us at a rapid pace. So we waited for it and it caught up and it just stuck with us for the entire day."

For seven hours, the fowl followed along, floating and honking with the group.



When the four paddlers would get too far apart on the river, Sain said the goose would honk at them until they all grouped up again.

When the kayakers would come ashore for rest breaks, so too would the goose. As they neared their destination, they soon realized their time together with Zeke was coming to an end.

"We all wanted to take him with us. We all fell in love with him."

Sain says the end of their river trip, and their time with Zeke, proved to be the start of the bird's new life.

"He got adopted by a local woman

and now hangs out with her chickens and she takes him down to the river quite often.

"It sounds like quite the goose life."

Sain says he's made the trip down the river many times, but the paddle with Zeke the feathered river guide was by far his favourite and most memorable.

"Every time I hear a goose honk, I think of that (day) and it puts a smile on my face."

---

## JUSTIN SAIN

Author and Kayaker



**THE DISTRICT OF INVERMERE  
PRESENTS**

# THE GREAT SCARECROW COMPETITION & TOUR

**OCTOBER 7TH- 21ST, 2022**

**BUILD A SCARECROW, TOUR AROUND  
TOWN TO VIEW SCARECROWS &  
VOTE FOR YOUR FAVOURITES!**




## SPOOKY CRAFTERNOONS

AT THE INVERMERE LIBRARY

Friday Oct. 14, 21 & 28  
2:00-3:00 pm



Supplies & instructions will be out for Halloween-themed crafts suitable for ages 5-12.

Oct. 14: Not a supervised program  
Blair will be in the mezzanine on the 21st & 28





250-342-6416  
publiclibrary@invermere.net  
invermere.bc.libraries.coop

**CVYN**  
COLUMBIA VALLEY YOUTH NETWORK

Come on out to Pottery Playground for our fun youth pottery class!

For youth grades 10-12  
\$5 registration fee




# Pottery Workshop

Thursdays Oct 6 & 13, 4-6pm

This is a two week pottery class, both classes need to be attended to finish this fun pottery project.

Limited space available. Please Register by emailing  
columbiavalleyyouthnetwork@hotmail.com



# VALLEY PROMOTIONS




*Visit us at the Food Expo!*

**PUBLIC MARKET PLACE - COLUMBIA VALLEY CENTRE**  
**WEDNESDAY, OCT. 5**  
**2PM-8PM**



**ENTER A DRAW TO WIN OUR  
 JELLY AND  
 CHARCUTERIE BOXES!**

~ SAUNDERSFAMILYFARM.CA ~




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 Aquatics and  
 Skating**

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 FRIDAY CAMP**

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 11:30 am - 12:30 pm: Lunch and Games  
 12:30 to 1:30 pm: Ice time/Skating  
 1:30 - 3:00 pm: Movie and Snacks

Oct. 21 and Nov. 25, 2022  
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**GAME  
 DAY**



**Monday Oct 3**  
**7:00pm**



**VS**



**Kimberley Civic Centre**

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# 10 Rules for the Highly Effective House Husband Part 3



I would like to start with a quote by a great man.

“Human progress is neither automatic nor inevitable... Every step toward the goal of justice requires sacrifice, suffering, and struggle; the tireless exertions and passionate concern of dedicated individuals.”

Martin Luther King, Jr.

“Human Progress is neither automatic nor inevitable” I love this. From my understanding of King’s quote, we as human beings are not destined for great things, we are not entitled to change. Progress is, in fact, only made by those of us willing to put in the time and effort. You can not expect positive change to happen in life if you as an individual are not doing anything to

guide it.

The Journey of becoming a master house husband never ends. How could it, life and the world around us is always changing and progressing. A true master never stops being a student.

Let's recap the rules so far.



## RECAP FROM LAST ISSUE

### 1. Focus

Taking care of a household is no easy task. There are a million things to do at any given time, and any number of these things can have another possible million interruptions. That right there is why the number one trait any house husband must master is focus.

### 2. Cherish your loved ones and family members

Let's face it, without a family and loved ones, there would be no need for house husbands. Cherishing your partner and dependents is the whole base of our existence, the pride we take in our work and the exhaustion we overcome is all in the name of the ones we love.

### 3. Communication

Communication is the pillar of any healthy and respectful relationship. As the home maintenance expert, communication on your part will be key to your success.

## 5. PROGRESS

As an adult and a house husband, you will notice the days and weeks just fly by. Often you will wonder where the time as gone. It's easy to get caught up and worn out by the day-to-day events of life. Add a kid or two into that mix and, life can feel like it's on fast-forward. For that reason alone, it is important to take the time to stop and reflect, Specifically on your own personal progress / growth.

You will notice, as time goes on, you will change and evolve. Your skills around

There are going to be a lot of areas that will require concise and prompt communication.

The clearer and more concise you can be with your family members about household needs, the better. Also, staying on top of the day-to-day life requirements of the family unit will add to the overall harmony of the household.

### 4. Consistency

As the house husband, you will need to be able to plan and execute daily tasks. It's important to understand what your duties are and ensure that you are consistent with them. The others in your life deserve only your best.

the house will refine, and you will find easier ways of doing things. There are going to be ups and downs. You will fight with your partner and you will make up. You will learn from your mistakes and hopefully flourish from them. Which is why it's mission-critical to track your progress! Even if you are just doing metal check ins, you want to know if you are improving in the right ways for both your family and yourself. It's a balancing act, but with dedication it can be done.



## 6. STAY CLAM, AND JUST ROLL WITH IT.

Being the care taker of your home and several taking on other life related responsibilities can be extremely stressful. It can often feel like an uphill battle and your work, just like the money earner in the household, is never done. There will be times you fall behind and times when you might just be squeaking ahead. Life is crazy and often things will not go as planned. Being able to roll with what life throws at you is mission-critical. Not only is it important to keep your cool and calm for your own personal health but for the lives of others around you. If you're anything like me and prone to frustration and feeding into it, now is the time to stop!

Before you can learn to roll with it, you have to identify what situations frustrate you and what influences in your life and leave you prone to anger.

Next you are going to need to learn to let go. IE. I own a cat that never stops asking for food it drives me crazy... The fact of the matter is there is no reason

to buy in. Often I find myself arguing with the cat which is just absurd. It's an animal, it has zero idea of the words coming out of my mouth or why I'm frustrated and she just knows that she wants food. What I am learning is if something frustrates me, the only factor in my anger or reactions is me. We are in charge and in control of our reactions. That being said, does it not make more sense to ignore and move on, to roll with it?

Don't let life get the better of you. Change is inevitable, your circumstance is not finite.

Come back next month for the next two rules of the highly effective house husband.

Signed,

**H.H.**

radium hot springs  
PUBLIC LIBRARY

# *Calling All Seniors*

Please join us

*for*

An afternoon of  
fun and creativity

*at*

The Radium Library

*on*

**October 5th**

*from*

**2:00 pm to 4:00 pm**

**Create a Table Centerpiece or Halloween  
Window Decoration**

All supplies provided; extra material appreciated.



# BREAKING

# NEWS

## CITY COUNCIL APPROVES PERMIT FOR PROPOSED CRANBROOK STREET NORTH DEVELOPMENT

Cranbrook's city council approved a development variance permit (DVP) which will pave the way for a new commercial building along Cranbrook Street North.

According to council documents, the new building is planned for 800 Cranbrook Street North if it gets approved. It will go up in the lot of the former Legion building that burned down two years ago.

See full article [here](#).



## CANFOR ANNOUNCES REDUCED PRODUCTION FOR B.C. MILLS

Officials said production capacity will be reduced through a two-week curtailment starting next Monday (Sept. 26th) at most of the company's solid wood mills across the province.

They will then resume production at a reduced capacity for the rest of 2022.

Canfor has two mills in the East Kootenay, one in Elko and Radium Hot Springs.

See full article [here](#).



## THE INVERMERE TERRY FOX RUN, ORGANIZED BY TERRI LIGHTFOOT

This year's Invermere Terry Fox Run took place the morning of Sept. 18 at J.A. Laird Elementary. Those who choose to participate were not be limited to running but could walk, cycle, or even rollerblade; whatever they prefer.

Participants choose their own distance of one, three, five or even 10 kilometers (km), whatever they are comfortable doing."

Learn more about the Terry Fox Run [here](#).



## BC FERRIES ROUTE WILL ALLOW PETS ON OUTSIDE DECKS UNDER NEW PILOT PROGRAM

BC Ferries is allowing passengers to take their pets onto outer upper decks under a new pilot program on one of its smaller routes.

Dogs and cats will be allowed on the Sunshine Coast (Earls Cove) - Powell River (Saltery Bay) route for the next three months under the pilot program.

See full article [here](#).







# Helping renters with the cost of living in 2023

To support renters amid unusually high global inflation rates on housing, the Province is capping allowable rent increases below inflation for 2023.

The maximum allowable rent increase for 2023 is capped at 2%, to help keep more money in the pockets of tenants faced with rising cost issues.

Capping the annual allowable rent increase at 2% instead of the rate of inflation will provide most renters with significant savings.

For example, a renter paying \$2,000 in rent will save up to \$816 next year. Savings will be higher for people with higher existing rent.

If landlords choose to raise rental fees, **they must provide a full three months' notice to tenants using the correct notice-of-rent increase form.** This means the earliest tenants could see an increase in rent is **Jan. 1, 2023.**

The 2023 maximum increase for manufactured home park tenancies

will be 2%, plus a proportional amount for the change in local government levies and regulated utility fees.

The annual allowable rent increase supports repairs and upgrades to maintain safe housing, while ensuring renters do not face excessive or unpredictable rent increases.

Additional supports are available to help renters with the cost of living, including:

Interest-free loans through the BC Rent Bank.

Renters with low to middle income facing a temporary financial crisis and at risk of eviction or essential-utility disconnection, may be eligible for an interest-free loan to help them maintain their housing.

In December 2021, B.C. became the first province in Canada with province wide rent-bank coverage.

Renters can start the application process online: <https://bcrentbank.ca/apply/>

Rent supplements for low-income families and seniors renting in the private market: BC Housing's Rental Assistance Program (RAP) and Shelter Aid for Elderly Renters Program (SAFER) cover part of the difference between a household's rent and 30% of that household's income.

The programs operate on a sliding scale, providing the most funding to those with the least income.

Applications are available online:  
 RAP: [Visit Website](#)  
 SAFER: [Visit Website](#)

Information sourced from: [More support to help people with rising cost of living | BC Gov News](#)

# Cost of Living in BRITISH COLUMBIA

### SALARY


**4,201.51 C\$**

The average salary after tax-per month

**3.57%**


20 Years Fixed-Rate/  
Mortgage Interest Rate

### LIVING EXPENSES




**\$2,060.07**

Rent 1 bedroom apartment




**\$3,759.90**

Rent 3 bedroom apartment



**\$300 000-  
\$600 000**


Average cost of buying a home



**\$300-\$400**

Groceries, per person in a month

### TRANSPORTATION



**\$98.00**

Monthly Pass (Regular Price)


**\$3.00**

A single-pass fare costs around

**\$1.42**


Gasoline in the region per litre

### LEISURE



**\$18.00**

Eating Out at an inexpensive restaurant



**\$80.00**

Eating out for two at a mid-range restaurant with a three-course meal

### UTILITIES

**\$250 and \$257**

Phone Bills


**\$86.47**

Basic (Electricity, Heating, Cooling, Water, Garbage) for 85m2 Apartment

**\$77.44**

Internet (60 Mbps or More, Unlimited Data, Cable/ADSL)

### SCHOOLING & UNIVERSITY:



**\$1,222.60**

Preschool (or Kindergarten)-per month

**\$21,125.00**

International Primary School-per year

**\$21,589 - \$21,589**

University per year

Optimize Your Chances of Success



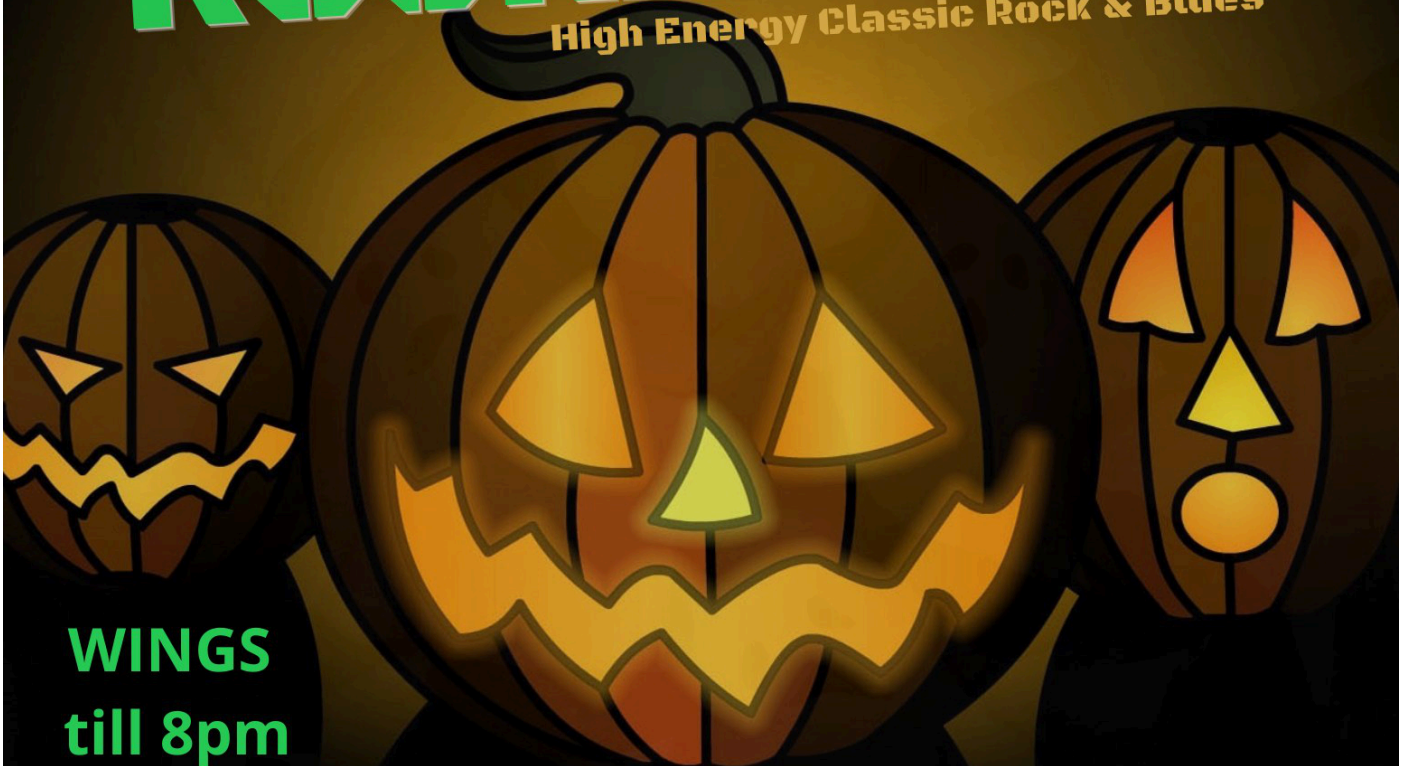


# HALLOWEEN PARTY & LIVE MUSIC

The Columbia Valley's very own:

# ROCKINOMIX

High Energy Classic Rock & Blues



**WINGS**  
till 8pm

**COSTUME PRIZES - DOOR PRIZES - SNACKS**

Edgewater Legion Branch #199

HDWA

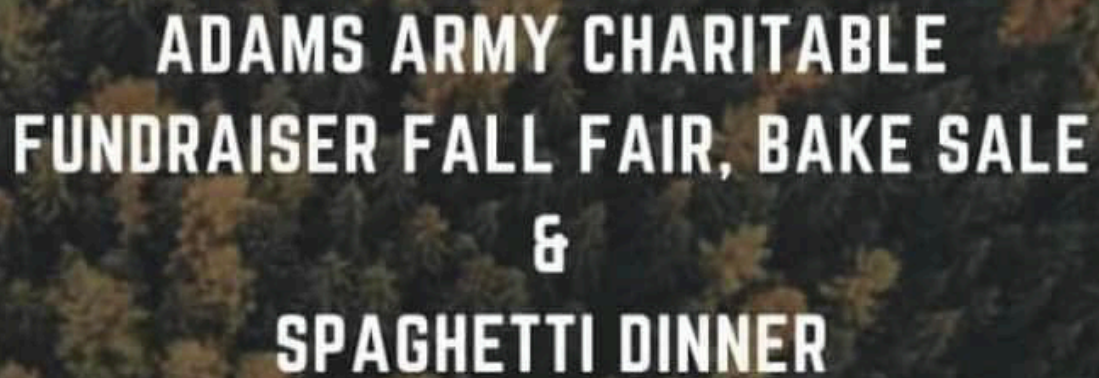


**Friday, October 28th**

Show: 7pm

**\$20**

Advance / Door tickets at the Legion  
or by emailing: [rockinomix@gmail.com](mailto:rockinomix@gmail.com)



**ADAMS ARMY CHARITABLE  
FUNDRAISER FALL FAIR, BAKE SALE  
&  
SPAGHETTI DINNER**

SATURDAY OCTOBER 22ND, 2022

WASA COMMUNITY HALL

FAIR 10 AM-4 PM

BAKING CONTEST @4PM (PIES, CAKES, CHEESE  
CAKES)

SPAGHETTI DINNER 5PM-8PM

AGES 13+ IS 15\$

12 AND UNDER 1\$ PER YEAR

TO BOOK A VENDOR TABLE OR DINNER TICKETS

CALL OR TEXT LORRIE @780-668-5977

OR

ROXANNE @250-421-2244





## 10 HELPFUL TRICKS TO WINTERIZING YOUR HOME

With winter just around the corner, it's important to take steps to help protect your home from the frigid cold, and your bank accounts from costly winter bills.

### WINDOW INSULATION FILM

It may not be the most fashion forward tip, but window insulation film can keep up to 70% of heat from leaking out of the windows. You won't mind the appearance when you're toasty warm in your house!



## DRAFT GUARDS

In a drafty room, heat escapes under the door. When winterizing your house, place draft guards by the doors to prevent heat loss. It's a simple solution that keeps your house warm and saves you from wasting energy.



## CHANGE FURNACE FILTERS

Change your furnace's air filter every two months throughout winter. A clogged, dirty filter will impede airflow and dramatically reduce the efficiency of the furnace.

And while you're at it, consider replacing a cheap disposable filter with a reusable electrostatic model. Also, be sure to have your furnace tuned up annually by a licensed HVAC contractor.



## HANG INSULATED WINDOW TREATMENTS

Even the best, tightest-sealing windows feel a bit cold in winter. To make rooms feel warmer, cover windows with insulated blinds or thick, quilted drapes.





## FIBERGLASS INSULATION

For maximum heat retention, pack fiberglass insulation around basement doors, windows in unused rooms, and window AC units. Make sure your attic floor is insulated, too. Just remember to be careful and wear gloves!



## CLEAN GUTTERS

One important tip for winterizing your home is to clean your gutters thoroughly. Blocked drains can result in the accumulation of water. This puddle can serve as a breeding ground for mold and algae, seeping into the interior walls.

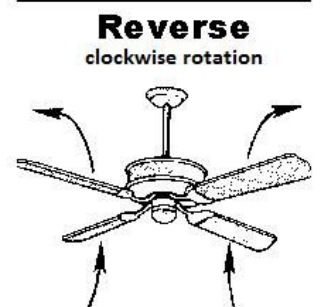
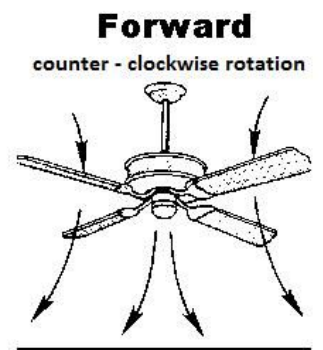
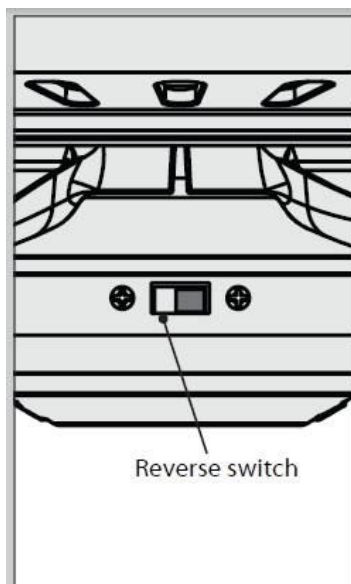
Moreover, leaves and twigs can block off the gutters during fall. When winter arrives, along with snow and rain, the blocked gutters cannot carry the water away. The blocked water can freeze over and make potentially deadly ice dams.



## REVERSE CEILING FANS

Think ceiling fans are only useful in summer? Think again. Most fans have a switch—either on the motor housing or remote control—that allows you to reverse the fan-blade rotation.

In summer, the blades rotate counterclockwise to blow down cooling breezes. But in winter, reverse the blade rotation so they blow up. That way, the fan will force warm air trapped at the ceiling down into the room.



To switch the direction of air flow, move the reverse switch to the opposite position.  
**In warm weather,** use downward air flow pattern.  
**In cold weather,** use upward air flow pattern.

## USE CHIMNEY BALLOONS

Even if the rest of your home is well-sealed, having a chimney means a big hole in the room, providing a way for the cold wind to enter your heated living space. So as much as you'd want to keep the chimney open for Santa, the most obvious solution to keep the chilled air out is to close off this space.

A chimney balloon inflates like any other balloon and acts as a barrier to prevent heat loss. In addition, it creates an airtight seal within the chimney. If your chimney does not have a damper, or if it's broken or damaged, a chimney balloon is a must-buy.



## WEATHERSTRIP TAPE

Drafts and air leaks increase your heating costs, so make sure your windows and doors are sealed tight with weatherstripping. Simple, easy, and smart.



## FLUSH THE WATER HEATER

Before winter sets in, be sure to flush your water heater or boiler system. Because water heaters remain in operational during the summer, sediment and other particles can settle in the outlets, reducing their efficiency.

Flush the drain valve at least once before winter starts to get rid of sediment. It would be best if you drained the flush valve at least once a month to remain on the safe side during winters.

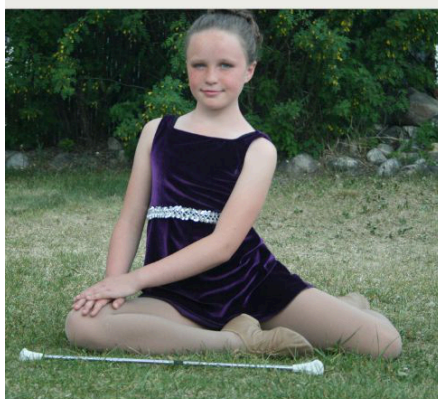
Remember, by taking a few precautions, your winter can be a warm and happy one!





# KOOTENAY BATON KONNECTION

## RECREATIONAL BATON TWIRLING PROGRAM



Offering a 10–week introduction to this safe and FUN activity to children 7 years and older.

*Registration held at Eileen Madson Primary  
Wednesday October 5th, 6pm–7:30pm.  
Classes begin Wednesday October 12th.*

**PROGRAM FEE :**  
**\$80/ Participant**

**FOR INFORMATION**  
**TEXT KAREN GRATTON 250-270-0142**



RESTAURANT

# GAIL AND WALTS SNOWBIRD FOR THE WINTER AND KARAOKE PARTY!

FRIDAY, OCTOBER 21ST  
@8PM  
FOOD, DRINKS AND  
KARAOKE!

*Free  
Entry!*



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Everyone is Welcome

**TRAVIS BOA**

Song Guide

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# New Tech Review

## 5G TECHNOLOGY

'5G', one of the fastest rising latest technology trends, has been generating a hype for almost 5 years now and since it has show up, it absolutely, like its ancestors, has created a revolution of a kind. The dawning of 5G is one of the most exciting existing technologies that are impacting businesses in 2022. Many industry experts have termed 5G as the future of communication.

"5G wireless networks will support 1,000-fold gains in capacity, connections for at least 100 billion devices and a 10 GB/s individual user experience with low latency and

response times.

The most fantastic feat of 5G is its speed, which is expected to clock at 20 GB/s.

A few goals of the 5G as one of the top upcoming technology trends include

- Increased flexibility and support Object-specific transformation with increased connectivity
- Unlimited scope for IoT enhancement under the newest technology trends
- Amplified broadband for mobile communication



## FIREFOX OS

iOS and Android are great, but they each have their own rules and policies that absolutely constrain the creative endeavor of developers. Mozilla has since chosen to build a new mobile operating system from scratch, one that will focus on true transparency, flexibility and user choice. [It's Firefox OS.](#)

Firefox OS is built on Gecko, Gonk and Gaia software layers - for the rest of us, that means it's built on open source, and it carries web technologies such as HTML5 and CSS3.

Developers can make and release web apps without the roadblock of requirements set by app stores. Users can even customize the OS based on their needs. Currently, the OS has made its debut on Android. The feedback, so far, is fantastic.





# Beautiful Places of the World

---

## LAKE WINDERMERE

One of the more popular recreation lakes in the Columbia Valley region of British Columbia, Canada. Located in the Rocky Mountain Trench of British Columbia.

Summer activities on the lake during the summer months are plentiful. The most popular are water sports like water-skiing, boating and jet skiing. However, there are lots of other activities enjoyed at the lake including swimming, canoeing, beach-combing, picnicking, wind surfing, fishing, birding, hiking, sail boarding, sailing and kayaking.



## FOREST OF KNIVES, MADAGASCAR

Razor-sharp vertical limestone formations and rocks in Madagascar. The formations are also known as Tsingy, in Malagasy. This means “the place that one cannot walk”, and its clear why!

These magical formations have been around for millions of years, a sheer shout out to mother-earth's splendor. Many forms of wildlife thrive here! Certain species of spiders, lizards, snakes, lemurs and birds have adapted to the harsh conditions and exist here.

The forest of knives is characterized by maze like corridors, humid caves and razor sharp stones on the ground. The razors stones are sharp enough to tear through equipment and flesh with ease, making the place

out of reach for most. One of the most dangerous places on the planet, it has been estimated that the forest has the largest underground cave system in the world. Which is all good if you love spelunking, but for the rest of us the walk way bridges well above the razor sharp grounds are breathtaking.



## HA LONG BAY, VIETNAM

For many, the seascape of Ha Long Bay is synonymous with Vietnam. Cruises sail emerald green waters among hundreds of exotic islands and islets, stopping at spectacular caves through which visitors can explore. You can view impressive, centuries-old formations and many more natural wonders. Ha Long Bay's mystical beauty has made it a must-see attraction within the country.

Ha Long Bay is not just a UNESCO-listed site, it's also home to a number of fishing communities who have lived on the water for centuries. You can take a boat tour around a floating village for a glimpse of this rare and beautiful way of life.

There are also countless routes in the bay to keep climbing junkies

entertained. Deep water soloing is becoming increasingly popular in beautiful Ha Long Bay and Lan Ha Bay, especially on Butterfly Island.



## PAMUKKALE, TURKEY

Pamukkale, which means "cotton castle" in Turkish, is a natural site in Denizli in southwestern Turkey. The area is famous for a carbonate mineral left by the flowing water.

Throughout the ages, the hot waters of Pamukkale were always told to have some healing powers.

There is a legend that tells the story of a young, ugly girl who lived in a little village near Pamukkale. She was so ugly that nobody wanted to be with her. She became so desperate and lonely that she wanted to kill herself.

She jumped off the highest cascade, but rather than being crushed to death, she fell in to one of the water pools.

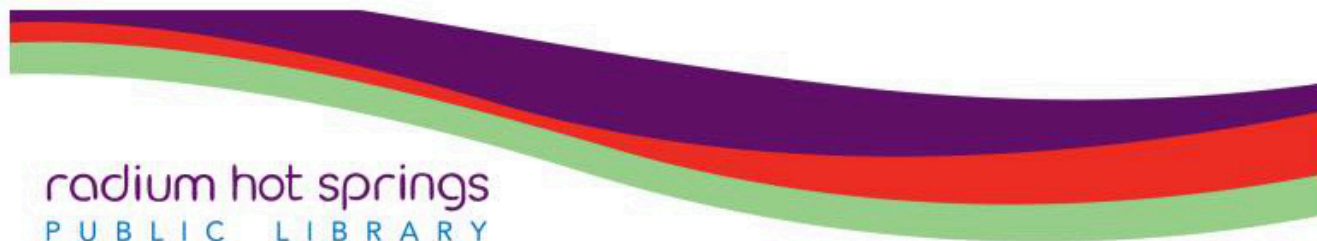
The magical powers of the water

washed away her burdens and she became beautiful beyond compare.

When she climbed out of the pool, she met the lord of Denizli and he was so taken by her beauty that he fell in love with her and asked her to marry him. They lived happily ever after.







radium hot springs  
PUBLIC LIBRARY

# Thanksgiving Storytime & Craft @ the Radium Library

Saturday, October 8  
10:30am-12:00pm



## VALLEY PROMOTIONS

I am a Vendor at



**Mystic Moon**  
**Witches Market**  
& psychic faire


Oct. 8th & 9th in Cranbrook, B.C

RADIUM BREWING

LIVE MUSIC  
6:30 - 8:30 PM

**THE MOONLIGHTERS**

Cat T - Ukulele  
Patty D - Guitar



SATURDAY  
OCT 1st 2022  
RADIUM BREWING  
Raidum Hot Springs, BC

no cover charge

SCIENCE • TECHNOLOGY • ENGINEERING • ART • MATH




**October STEAM**

at the Invermere Public Library

Wed. Oct 5th 3:30-4:30 pm  
Thurs. Oct. 20th 3:30-4:30 pm  
Wed. Oct. 26th 3:30-4:30 pm

October STEAM will be a drop-in program for open-ended play with our tech: Ozobots, Dash robots, Osmo games, Magnatiles & more!

Ages 4+

A grownup must stay with ages 6 and younger



250-342-6416  
publiclibrary@invermere.net  
invermere.bc.libraries.coop

#BringBackTheFun

**OCTOBER**



05 Trivia Night, 7pm (Every Wednesday!)

07 Fancy Friday, 5-9pm Dress your best!

28 Halloween Scavenger Hunt STARTS @ 1pm!

29 Draquarius the Lounge Singer, 6-8pm

+ Taco Tuesdays  
Trivia Wednesdays  
Caesar Sundays



(Japhy Hunt's dramatic pose captured by Katie Watt Photography.)



# EASY FALL RECIPES

Fall is a wonderful season, we start to move into colder days and our meals start to transition from cold to hot. Today, I want to share a few easy fall meals your family will rave about.

If you have any fall recipes you would like seen on the Voice please send in your content, and they will be happy to feature yours as well. [Content Submission Form - The Valley Voice \(thevoicecv.ca\)](#)

## PUMPKIN BISQUE WITH SMOKED GOUDA

### Ingredients

- 4 bacon strips, chopped
- 1 medium onion, chopped
- 3 garlic cloves, minced
- 6 cups chicken broth
- 1 can (29 ounces) solid-pack pumpkin
- 1/2 teaspoon salt
- 1/4 teaspoon ground nutmeg
- 1/8 teaspoon pepper
- 1 cup heavy whipping cream
- 1 cup shredded Gouda cheese
- 2 tablespoons minced fresh parsley
- Additional shredded Gouda cheese, optional

### Directions

#### Step 1

In a Dutch oven, cook bacon over medium heat until crisp. Remove to paper towels with a slotted spoon; drain, reserving 1 tablespoon drippings.

#### Step 2

Sauté onion in drippings until tender. Add garlic; cook 1 minute longer.

#### Step 3

Stir in the broth, pumpkin, salt, nutmeg and pepper. Bring to a boil. Reduce heat; simmer, uncovered, for 10 minutes. Cool slightly.

#### Step 4

In a blender, process soup in batches until smooth. Return all to pan. Stir in cream; heat through. Add cheese; stir until melted. Sprinkle each serving with parsley, bacon and, if desired, additional cheese.



# BREAD PUDDING

## Ingredients

- 2 tablespoons unsalted butter, softened, for baking dish
- 12 ounces brioche or challah, cut into 1-inch cubes
- 2 cups milk
- 3 cups heavy cream
- 4 large eggs, plus 1 large egg yolk
- 1 cup sugar
- 1/2 teaspoon salt
- 1 tablespoon pure vanilla extract
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1 cup boiling water, plus more for pan



## Directions

### Step 1

Butter a 9-by-13-inch baking dish; set aside. Put bread in a large bowl; set aside. Heat milk and cream in a medium saucepan over medium-high heat until just about to simmer; remove from heat.

### Step 2

Whisk eggs, yolk, sugar, salt, vanilla, cinnamon, and nutmeg in a medium bowl. Whisking constantly, pour cream mixture in a slow, steady stream into egg mixture. Pour over bread; fold to combine. Let stand 30 minutes, tossing and pressing occasionally to submerge bread.

### Step 3

Meanwhile, soak the raisins in 1 cup boiling water for 30 minutes.

### Step 4

Drain; stir raisins into bread mixture. Preheat oven to 350 degrees. With a slotted spoon, transfer bread to buttered dish; pour liquid in bowl over top. Using a spoon, turn the top layer of bread crust side up.

### Step 5

Set dish in a roasting pan; transfer to oven. Pour boiling water into the pan to reach about halfway up sides of the dish. Bake until golden brown, about 50 minutes. Let the dish cool on a rack 10 to 20 minutes.



# ROASTED BUTTERNUT SQUASH WITH BAY

## Ingredients

- 1 large butternut squash or 2-3 small honeynut squash (about 3 pounds total)
- 1 tablespoon olive oil
- Kosher salt, freshly ground pepper
- 1 Fresno chile, thinly sliced
- 1/4 cup pure maple syrup, preferably grade B
- 3 tablespoons unsalted butter
- 2 tablespoons apple cider vinegar
- 6-8 dried bay leaves

## Directions

### Step 1

Place a rack in upper third of oven; preheat to 425°F. Halve squash lengthwise and scoop out seeds with a large spoon. Using a peeler, remove skin and white flesh below you should see the dark orange color underneath. Rub all over with oil; season with salt and pepper. Roast in a baking dish just large enough to hold halves side by side until beginning to soften (a paring knife should easily slip in only about 1/4"), 15-18 minutes.

### Step 2

Meanwhile, bring chile, maple syrup, butter, and vinegar to a simmer in a small saucepan over medium-high, stirring occasionally and removing chile as soon as desired heat level is reached (set aside for serving), until just thick enough to coat spoon, 6-8 minutes. Reduce heat to very low and keep glaze warm.

### Step 3

Transfer squash to a cutting board and let cool slightly. Using a sharp knife, score rounded sides of squash halves crosswise, going as deep as possible but without cutting all the way through. Return squash to baking dish, scored sides up, and tuck bay leaves between a few of the slices; season with salt and pepper.

### Step 4

Roast squash, basting with glaze every 10 minutes or so and using pastry brush to lift off any glaze in dish that is browning too much, until tender and glaze forms a rich brown coating, 45-60 minutes. Serve topped with reserved chilies.







# Cranbrook Radio Club Society

We are a not for profit society located in Cranbrook BC

## About The Club

The club was designed to mentor new radio operators, on proper procedures for communication. Also to work with the community in case of an emergency like fire, flood or environmental emergency.

### Join Now

[va7kjl@cranbrookarc.ca](mailto:va7kjl@cranbrookarc.ca)

### Facebook Page

[www.facebook.com/groups/401498182023574](https://www.facebook.com/groups/401498182023574)

### For more info Call

250-919-6146  
14-9762 Ermacora Road

## Field Of Scope

- Mentorship and Training
- Financially viable projects
- Community Oriented
- Public Safety

## Club Benefits

- Participation
- Networking with public
- Helping our community
- Enjoying the Hobby



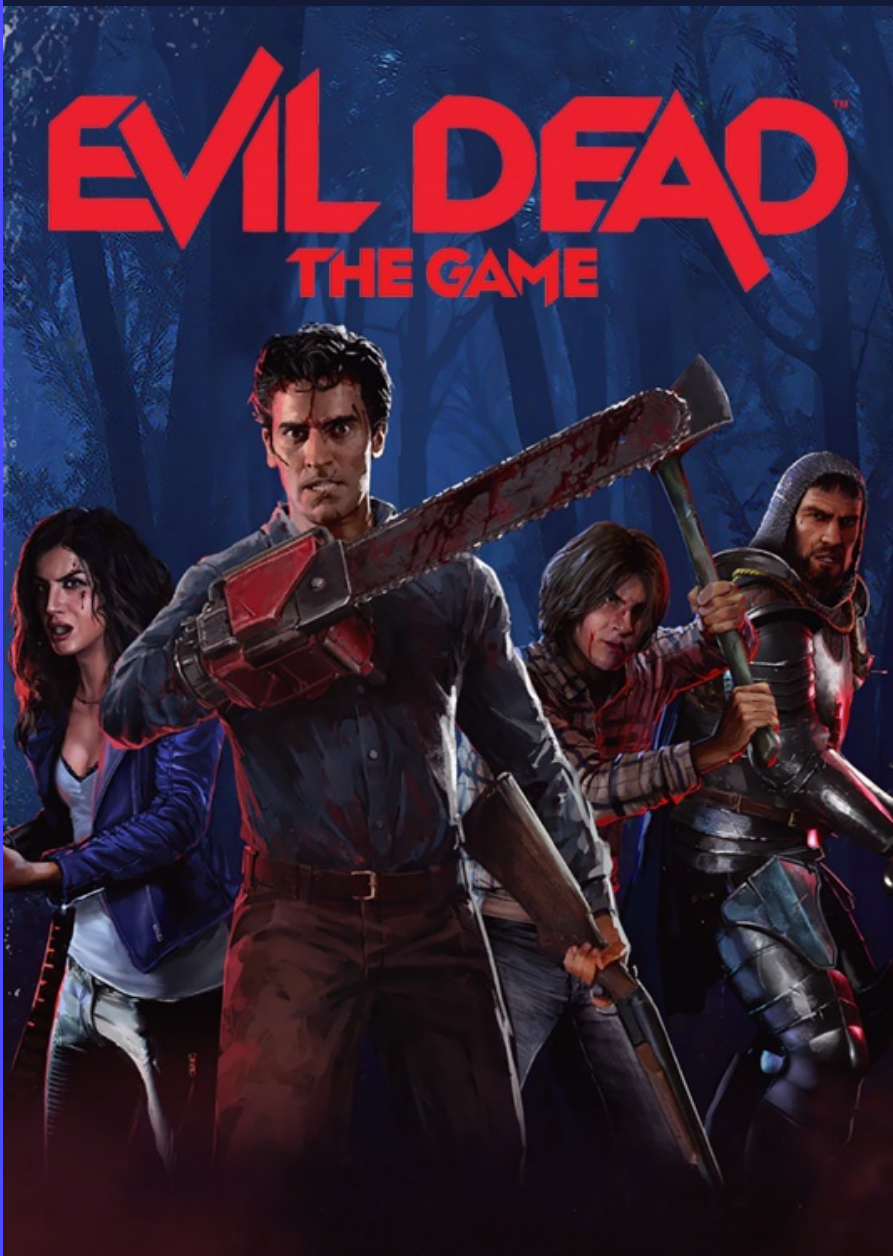
# Mansion Of Evil

Review of Evil Dead: The Game

Developer: Boss Team Games  
Platform: PlayStation 5, Xbox X/S, Nintendo Switch, PC, PlayStation 4

In 1981, Sam Raimi's The Evil Dead hit cinemas, quickly becoming a cult classic and fast tracking one of the horror genre's longest-running franchises. The Evil Dead was followed by two sequels, Evil Dead 2 and Army of Darkness. A 3 season TV series Ash vs Evil Dead expanded on the life of ash after the movies when once again evil threatens to take over the world. The Evil Dead franchise is still going strong in 2022, with Evil Dead Rise set to release on HBO Max later this year and the multiplayer horror game Evil Dead: The Game being available now.

Evil Dead the game is based on the iconic horror franchise The Evil Dead starting none other than the iconic Bruce Campbell This Game is a survival-horror multiplayer cluster f&@k that gives players the chance to play as iconic characters from the franchise. You are also able to play as the terrifying Deadites in an attempt to hunt other players down and kill one another. This cooperative horror experience is an insane battle for survival and sanity. The game offers just as many scares and horror's as it does intensely fun times.



## Playable Character List

There are many characters for you to be while playing Evil Dead: The Game. Your character choices will change depending on the side you're playing, with a assortment of survivors and demons for you to choose from. The characters have various roles, making them better at different things to tailor your preferred gameplay style.

Currently, there are 13 survivors to chose from

**Amanda Fisher** - Hunter  
**Annie Knowby** - Leader  
**Ash Williams (Ash vs. Evil Dead)** - Leader  
**Ash Williams (Army of Darkness)** - Warrior  
**Ash Williams (Evil Dead 2)** - Hunter  
**Ash Williams (The Evil Dead)** - Support  
**Cheryl Williams** - Support  
**Ed Getly** - Hunter  
**Henry the Red** - Warrior  
**Kelly Maxwell** - Hunter  
**Lord Arthur** - Leader  
**Pablo Simon Bolivar** - Support  
**Scotty** - Warrior

Several demons will be at your disposal, This comes in handy when trying to devour, Spite, Hex or down right maim the competition.

**Deadite** - Warlord  
**Deadite Berserker** - Puppeteer  
**Deadite Elite** - Warlord  
**Demi-Eligos** - Puppeteer  
**Eligos** - Puppeteer  
**Evil Ash** - Necromancer  
**Henrietta** - Warlord  
**Skeleton** - Necromancer  
**Skeleton Elite** - Necromancer

Evil Dead: The Game gives a very stunning first impression. The visuals are not only on point, but for a modestly produced project they deliver a full immersive experience. The gameplay is polished and fluid, Much more than a movie tie-in usually is. This is a far cry from the sloppy and poorly put together Friday the 13th: The Game.

Every version of Bruce Campbell's Ash Williams is represented with care and attention to detail, leaving true fans of the series impressed. The Game is primarily a multiplayer experience, Players can assume the role of one of four classes. Leader, Warrior, Hunter and Support.

The cool part about this, as far as Ash goes, there is a version for each role!

Every character featured in Evil Dead: The Game not only has accurate visual representation, but their classes also match their personality too. This game was clearly made with love and some serious attention to detail. There is no suspension of belief between the game characters and their movie / TV inspirations. When you pick your favorite characters, you feel like you have plucked them right off the big screen.

Once players have selected their characters, they are let loose in one of two large maps filled with Point of Interest locations that should feel like home to longtime fans. Having only two maps is a little sad, but luckily there is current DLC and future DLC to come. The Current DLC Map is Castle Kandara which was painstakingly rebuilt. The current maps sizable enough that it will still likely take a few hours of play before players have sufficiently explored them.

If you are a fan of this series or even a horror fan in general, this game is worth a play. Note that the game is truly a multiplayer experience and is intended to be played with others.

Check out the links below if you are interested in picking up this title.

[Epic Games PC](#)

[Xbox](#)

[Playstation](#)

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## Deathbutler

Gamer and Writer



Kootenay Comedy Festival Presents

# CAMP KOOTENAY COMEDY TOUR

**OCT 20. 8PM**

**Blind Pig  
CRANBROOK**

**OCT 21. 8PM**

**Arrowhead  
Brewing  
INVERMERE**

**OCT 22. 8PM**

**Royal Canadian  
Legion #36  
FERNIE**

**Eventbrite**

**"CAMP KOOTENAY  
COMEDY"**





Easy Peasy Fun



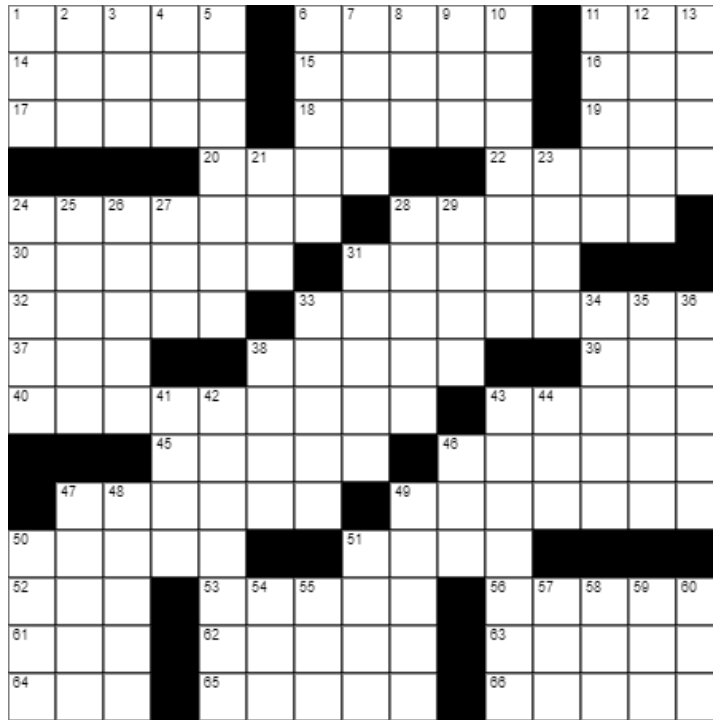
# A LITTLE FUN

## Across

1- Sports; 6- Open a tennis match; 11- Acid; 14- Extremely; 15- Thin as \_\_\_; 16- Copycat; 17- Gangster Lansky; 18- Juridical; 19- Bikini part; 20- Hwys.; 22- In the future; 24- Polite agreement; 28- Opportune; 30- Soap ingredient; 31- Kind of code; 32- Compact; 33- Gradually; 37- 911 respondent; 38- Sports area; 39- First name in Notre Dame football; 40- Obligation; 43- Outdoes; 45- Fidgety; 46- Snap; 47- Aromatic ointment; 49- Rubella; 50- Japanese three-line verse; 51- Tolerate; 52- Surgery sites, briefly; 53- Pertaining to the moon; 56- \_\_\_ Lama; 61- Voice of Bugs; 62- Son of Abraham; 63- Give a seat?; 64- Lyric poem; 65- In a fresh manner; 66- Great reviews;

## Down

1- Run smoothly; 2- Schooner fill; 3- Porcine pad; 4- Metal-bearing mineral; 5- Give an account; 6- "The Crucible" setting; 7- "\_\_\_ Tu": 1974 hit; 8- Joplin tune; 9- By way of; 10- "Cow Cow Boogie" singer Morse; 11- Trademark; 12- Atomize; 13- Like a noted Norwegian Blue parrot?; 21- \_\_\_-Bo; 23- Steering wheel; 24- Warble; 25- Fragrant resin; 26- Actress Berger; 27- Barker and Bell; 28- Itty-bitty; 29- Member of a great Peruvian people; 31- Devoutness; 33- Rainbow maker; 34- Art supporter; 35- Bandleader Shaw; 36- Wears well; 38- Neighbor of Sask.; 41- Refuse curtly; 42- Hormone of the pancreas; 43- Lodger; 44- Curvy letter; 46- Actress Thompson; 47- Exposed; 48- Grocery lane; 49- Compassion; 50- \_\_\_ sapiens; 51- False god; 54- Exercise; 55- Slangy negative; 57- According to; 58- Monetary unit of Bulgaria; 59- Hotshot; 60- T.G.I.F. part;



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