

The Valley Voice

The Voices of the Columbia Valley



Justin Sain
PHOTO CREDIT

INSIDE THIS EDITION

THE DANDELION

Evil Weed or Nature's Medicine?

THE COLUMBIA VALLEY CHAMBER OF COMMERCE

Empowering Business and
Fostering Growth

NAKED (DEBARKED) TREES

You've all likely noticed the
naked trees around the
valley.

BUSINESS REVIEWS

Blooming World Invermere
and The British Columbia
Conservation Foundation
(BCCF)



LETTER FROM THE VOLUNTEERS

Happy Pride Month from all of us at The Valley Voice! 🌈🏳️‍🌈

As volunteers, we stand together in celebration and support of the LGBTQ+ community. Pride Month is a time to honor the progress we've made, recognize the ongoing fight for equality, and spread love and acceptance.

We believe in a world where everyone can be their authentic selves, free from discrimination and prejudice. It's a time to embrace diversity, champion inclusivity, and amplify the voices of those who have been marginalized.

Let's celebrate the incredible achievements and contributions of the LGBTQ+ community,

both past and present. We honor the bravery and resilience of those who have fought and continue to fight for equality, visibility, and acceptance.

This month, let's come together in solidarity and show our unwavering support. Whether you identify as LGBTQ+ or as an ally, we invite you to join us in fostering a more inclusive society where love knows no boundaries.

Wishing you a joyful and empowering Pride Month! 🌈❤️💛💚💜

The WV

Justin Sain
PHOTO CREDIT



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HOW ARE WE DOING?

The Volunteers of the Columbia Valley Voices Online Magazine are dedicated to providing content that is generated and supported by our valley residents.

We welcome and encourage all communication - we want to know how we're doing!

Send us a note on Facebook or Instagram [@thevoicecv_official](https://www.instagram.com/thevoicecv_official)

OR

by email to news@thevoiceca.ca

SUBMIT CONTENT

This only works if we all do. Your content is what DRIVES this publication. We need it all because we need you.

NEXT EDITION July 5, 2023

SUBMISSION DEADLINE July 3, 2023.

WE NEED

BUSINESS ADS

Any and all businesses, organizations and entrepreneurs are welcome to submit a business ad for free. *Ads must be refreshed periodically. Once an ad is out of date or stale, we will remove it.*

LOCAL PHOTOGRAPHY

Any and all are welcome and encouraged to submit their photos. Credit given when requested. Great way to get your art out to more eyes.

PERSONAL INTEREST

Got something to say? Expert in something? Know how to handle a season with skill? Send it in! We'll edit it only if requested. We'd LOVE to publish your brilliant works.

NEWS

Did you hear about it or see it? We could use your help! Snap a photo and send a blurb/article and we'll make sure it get included.

BECOME A VOLUNTEER!

We are always looking for content curators, liaisons, photographers, and promoters.

Want to get involved?

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8th ANNUAL SRL K2 Ranch
Walk & Hike
for Hospice

Sunday June 25th

Historic K2 Ranch on Westside Rd
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From Fairmont: West on Hwy 93/95;
then north 13.3 km on Westside Rd



9:00 am Register & Check-in
10:00 am Barn Tour
10:30 am Hike & Walk Starts

\$30 / Adult, \$5 / Child (12 and under)

Or register online at HospiceSocietyCV.com

Register Online:
HospiceSocietyCV.com

Walk in Memory

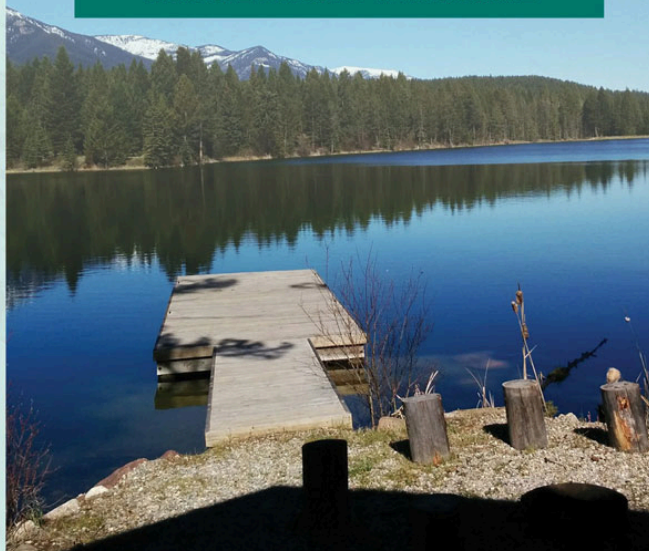


Walk in Support

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Special Thanks to ranch owners Bob & Barb Shaunessy for inviting us to hike at K2 Ranch

For More Info Please Contact the Hospice Office at 778 526 5143

Justin Sain
PHOTO CREDIT



THE DANDELION

Evil Weed or Nature's Medicine?

"If dandelions were hard to grow, they would be most welcome on any lawn." Andrew Mason

Dandelions are a flowering plant from the Asteraceae family, native to Eurasia and North America. Blooming from March to October, the flowers are composite, consisting of many small flowers packed together. Each dandelion flower head can produce up to 200 seeds dispersed by the wind, travel up to 8 km from their original location, and grow a deep taproot up to 30cm long. Some consider them health-giving plants, while others believe them weeds to be eradicated.

They hold a rich folklore history and are connected to various beliefs and superstitions. Blowing on a dandelion clock is believed to fulfill wishes, where the number of puffs corresponds to the years until the wish comes true. In traditional herbal medicine, dandelions have been used to address digestive disorders, skin conditions, and even cancer. These resilient flowers were also associated with the sun, symbolizing warmth and vitality. Carrying a dandelion root was believed to ward off negative energy and evil spirits.

Dandelions boast an impressive nutritional profile, containing vitamins A, C, and K, as well as minerals like calcium and potassium. The diuretic properties of dandelion leaves make them beneficial in increasing urine production and eliminating excess water and toxins from the body. Consequently, they can be helpful in managing conditions such as high blood pressure, edema, and liver problems. Dandelion root contains sesquiterpene lactones, compounds with anti-inflammatory properties that aid in the treatment of inflammatory diseases, including arthritis.

Tea made from the flower offers a range of healing benefits for liver, digestive, immune, and skin health. Acting as a natural diuretic, it promotes urine production, facilitating the elimination of toxins from the liver and kidneys. Moreover, its mild laxative effect stimulates digestion and enhances nutrient absorption. Topically, dandelion tea can be used to address skin conditions like acne or eczema, promoting a clear complexion. Dandelion flowers also possess a hidden treasure beyond their vibrant appearance and medicinal qualities. These resilient blossoms can be transformed into a unique golden-hued wine with subtle floral notes, a touch of sweetness, and a crisp finish.

Dandelions provide benefits to not only humans but also numerous animals. Squirrels eat dandelion leaves and flowers, while bees and other pollinators rely on dandelions as

an essential source of nectar and pollen. Some bird species, such as goldfinches, eat dandelion seeds. Rabbits have dandelions as a staple food, particularly in the spring when other plants are unavailable. Groundhogs eat dandelions throughout the summer, and deer and bears, particularly in areas where other vegetation may be scarce, eat them as well.

Dandelions are a versatile and beneficial plant with a long history in folklore and traditional medicine. While they can be invasive and unsightly to some, their benefits make them worth considering as natural remedies for a healthy lifestyle.

Mark Twain once said, "A weed is a plant that has mastered every survival skill except for learning how to grow in rows."





Please join us in celebrating:

NATIONAL INDIGENOUS PEOPLE'S DAY

1 PM - 4 PM
JUNE 21, 2023
JAMES CHABOT PARK

WILL HAVE:

- **INDIGENOUS CRAFT VENDORS**
- **FOOD VENDORS**
- **HAMBURGERS**
- **POP CORN**
- **NDN TACOS**
- **T-SHIRTS FOR SALE.**
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- **POW WOW PERFORMANCES STARTING AT 1-4**



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VOA 1K2
PH: 250-341-3678

VALLEY PROMOTIONS

FIRST FRIDAYS Art Walk

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OF EVERY MONTH

5-8 PM

INVERMERE

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CHECK OUT OUR ONLINE CALENDAR FOR
FRIDAY EVENTS AND FUN WITH THE ART SPOTS





THE COLUMBIA VALLEY CHAMBER OF COMMERCE: EMPOWERING BUSINESS

In the beautiful and thriving region of the Columbia Valley, an organization stands at the forefront of driving economic development, promoting local businesses, and creating a prosperous community. The Columbia Valley Chamber of Commerce (CVCC) has been instrumental in supporting and empowering businesses across the valley. In this feature article, we will explore the vital role of the CVCC in fostering growth, facilitating connections, and advocating for the vibrant business community it serves.

A Catalyst for Economic Development: At the heart of the Columbia Valley's economic progress lies the CVCC, actively spearheading initiatives to drive sustainable growth. Through collaborations with local businesses, government agencies, and community stakeholders, the chamber plays a pivotal role in developing strategies, promoting investment, and creating job opportunities. By providing valuable resources and fostering a supportive environment, the CVCC empowers businesses to flourish and contribute to the economic vitality of the region.

Business Support and Networking: The CVCC recognizes the importance of building a strong network and facilitating connections among businesses. Through regular networking events, workshops, and educational programs, the chamber provides invaluable opportunities for entrepreneurs to expand their knowledge, build relationships, and promote their products and services. The CVCC's commitment to fostering a sense of community and collaboration ensures that local businesses have the tools and support necessary to thrive in a competitive market.

Advocacy and Representation: As the voice of the business community, the CVCC actively advocates for the needs and interests of its members. By liaising with government entities, the chamber ensures that local businesses have a say in shaping policies and regulations that impact their operations. The CVCC acts as a unified force, voicing concerns, and championing the interests of businesses, ultimately creating a more favorable business environment and contributing to the overall well-being of the community.

Resources and Education: Recognizing the importance of continuous learning and skill development, the CVCC offers a range of resources and educational programs tailored to the needs of businesses. From seminars on marketing and finance to mentorship opportunities and access to business tools, the chamber equips its members with the knowledge and support required to adapt to an ever-changing marketplace. Through these initiatives, the CVCC empowers businesses to thrive and stay competitive in the modern business landscape.

Tourism Promotion and Collaboration: The Columbia Valley is renowned for its breathtaking landscapes and tourist attractions. The CVCC plays an active role in promoting tourism, both within the

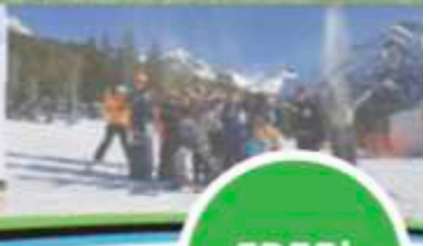
valley and beyond. By collaborating with tourism organizations, the chamber works to showcase the region's unique offerings, attract visitors, and support local businesses in the tourism sector. Through strategic marketing campaigns and community events, the CVCC contributes to the growth and sustainability of the valley's tourism industry.

The Columbia Valley Chamber of Commerce serves as a vital catalyst for economic development, a hub for business support and networking, and a steadfast advocate for the local business community. Through its tireless efforts, the chamber empowers businesses, fosters growth, and cultivates a prosperous and resilient community. As the Columbia Valley continues to thrive, the CVCC's commitment to collaboration, representation, and innovation will undoubtedly play a pivotal role in shaping a vibrant and prosperous future for businesses in the region.





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Physical Activity & Recreation Council



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12:30pm to 6:30 pm
On Ice and Dryland
Training



Western Financial Place
1777 2nd St. N.
Cranbrook



Registration Link:

<https://isparcbc.wuloo.com/forms/m3ats34f0y3y01/>



Deadline to register:



August 18th 2023



OPEN TO ALL YOUTH!



Camp will Feature Skill Development
Ice Times will be Determined.
Full Hockey Equipment Required

Please Bring Water Bottle, Running Shoes and Peanut Free Snacks

EVENT INQUIRIES:

Deborah Peters
Sport & Physical Activity
Coordinator, Interior Region
dpeters@isparc.ca
250-568-0868

Amy Cross
Cross Cultural Connections
Metis Cultural Facilitator and Consultant
250-581-2111
amyconnochie@hotmail.com

PARTNER AGENCIES



VALLEY PROMOTIONS

Our Museum Needs You

We are struggling to keep up with the rising operational costs and expenses for the Windermere Valley Museum. One example is an increase in insurance coverage from \$900.00 to \$5410.00. We are doing a Membership and Donation drive to help with these expenses.

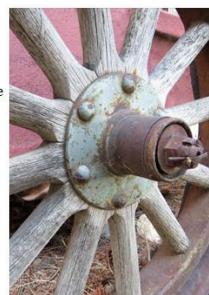
Here's how you can help:

Become a Member of the Museum

The purchase of a membership for a mere \$20, includes: a quarterly Newsletter, bimonthly gatherings, Old Time Movie nights, access to an Historical library, research opportunities, and guided tours of our Archives.

Make a tax-deductible Donation

The generous support of individuals like you makes it possible for our Museum to exist, to continue with the restoration of our Heritage Buildings, and to preserve the history of people and places in our Valley.



The Spiral Path presents..
**The 2nd Annual
 Witches Market**

*Apply Now on our
 Website!*

*Friday,
 June 9th*

**STRICTLY
 RECREATIONAL**
 Spinning Vinyl
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 DJ PACHECO & DJ MYTH

*Starting at
 8pm*

*Free
 Entry*

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 - Vancouver Guardian

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 SHOW AT 7:30PM • COLUMBIA VALLEY EVENTS CENTRE • 646 4 STREET

AS SEEN ON

TICKETS \$25 AT WWW.ALEXTELLSJOKES.COM

Naked (Debarked) Trees

You've all likely noticed the naked trees around the valley. The debarking of these conifers (mostly Douglas Fir trees) is likely caused by the wood borer beetle. This beetle normally attacks dead wood, but experts suspect they are now feeding on trees weakened by drought stress. The last few years of very hot weather and limited moisture has decreased our native tree's ability to protect themselves from these pests.

When wood borers move in, feeding just below the bark, they eventually kill the tree. Woodpeckers love these bugs! They'll debark most of the tree as they excavate for the woodborers

and their larvae. By the time you notice that the tree has died (needles are red) the insects have moved on. Currently there isn't an effective management strategy in place, but foresters are working on it. In the meantime, we have some happy well-fed woodpeckers and an increase in available firewood.

Submitted by:

Wildsight Invermere



Outdoor Water Use

Water Restriction Stages



Activity	Stages			
	1	2	3	4
<p>Outdoor water use days and times are to be followed according to the water uses listed below.</p> <p>✓ indicates permitted X indicates not permitted</p>	<p>Normal Regulations 5 am - 10 am & 8 pm - 11 pm</p> <p>THREE days per week: Even # address: Mon • Thurs • Sat Odd # address: Tues • Fri • Sun</p>	<p>5 am - 10 am & 8 pm - 11 pm</p> <p>TWO days per week: Even # address: Monday • Thursday Odd # address: Tuesday • Friday</p>	<p>6 am - 8 am & 8 pm - 10 pm</p> <p>ONE days per week: Even # address: Thursday Odd # address: Tuesday</p>	X
<p>Watering:</p> <ul style="list-style-type: none"> vegetable gardens edible plants 	✓	✓	✓	X
<p>Watering with a hose with a shut-off nozzle, or irrigation system:</p> <ul style="list-style-type: none"> lawns trees and shrubs flower gardens 	✓	✓	✓	X
<p>Watering using a sprinkler:</p> <ul style="list-style-type: none"> lawns trees and shrubs flower gardens 	✓	✓	X	X
<p>* Washing outdoor surfaces:</p> <ul style="list-style-type: none"> sidewalks driveways parking lots, building surfaces windows 	✓ with a handheld shut-off nozzle	✓ with a handheld shut-off nozzle	X	X
<p>** Washing: personal vehicles</p>	✓ with a handheld shut-off nozzle	✓ with a handheld shut-off nozzle	X	X
<p>Filling of residential:</p> <ul style="list-style-type: none"> fountains pools hot tubs garden ponds 	✓	✓	X	X
<p>*** Watering:</p> <ul style="list-style-type: none"> new sod seed grass outside of the permitted restrictions 	PERMIT REQUIRED	PERMIT REQUIRED	X	X

* Permitted from stage 1 to 3 for applying product such as paint, preservative and stucco, preparing a surface prior to paving or repointing bricks. Permitted to stage 4 only if required to comply with health or safety regulations,

** Commercial carwash permitted from stage 1 to 3.

*** Permits can be acquired by contacting the Engineering and Development Services by calling 311.



Radium Hot Springs Public Library

2023-2028 - Strategic Plan

The Radium Hot Springs Public Library is integral to the social infrastructure of the Columbia Valley. We are committed to our values, and recognize our role in facilitating community engagement, while ensuring equitable access to information and services.

VISION

To be a welcoming and inclusive community meeting place for all ages, and a vital community hub for connecting with others.

MANDATE

The Radium Hot Springs Public Library will strive to offer programs and materials that reflect the needs and interests of the community and its service area. The Library will promote services and programs that support literacy, education, diversity, inclusion, equity and reconciliation, and community relationships.

VALUES

- All Library patrons, staff and volunteers
- Involvement and innovation in our community
- Intellectual freedom
- Literacy, lifelong learning, and personal growth
- Sustainability for the future and minimizing environmental impact
- Equity, Diversity, Inclusion, and Indigeneity
- Supporting Truth and Reconciliation



Radium Hot Springs Public Library

4863 Stanley St | Radium Hot Springs, British Columbia V0A 1M0 | 250-347-2434 | <https://radium.bc.libraries.coop/>

VALLEY PROMOTIONS

WEDNESDAY FARMERS MARKET



OPPOSITE “COPPER POINT RESORT”

Come and enjoy this quality
LOCAL farmers market.

WEDNESDAYS 3pm-6.30pm



BBQ & LIVE MUSIC

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salads; local meat; eggs; and honey.

Chefs, craftsmen and bakers
come to sell their goods in the
historic barn. Hwy93/95

facebook @agriparkfarmers / wdfi.ca

Here are five refreshing summer cocktail recipes for you to enjoy:

WATERMELON MARGARITA

Ingredients

1. 2 ounces (60 ml) silver tequila
2. 1 ounce (30 ml) lime juice
3. 2 ounces (60 ml) watermelon juice (freshly squeezed or store-bought)
4. 1/2 ounce (15 ml) triple sec
5. Salt for rimming (optional)
6. Lime wedge for garnish
7. Ice cubes



Instructions

1. Rim a glass with salt (optional) by running a lime wedge along the rim and dipping it into salt.
2. In a cocktail shaker, combine tequila, lime juice, watermelon juice, and triple sec.
3. Add ice cubes to the shaker and shake well.
4. Strain the mixture into the prepared glass filled with ice.
5. Garnish with a lime wedge.

PINA COLADA

Ingredients

1. 2 ounces (60 ml) white rum
2. 3 ounces (90 ml) pineapple juice
3. 2 ounces (60 ml) coconut cream
4. Pineapple wedge for garnish
5. Ice cubes



Instructions

1. In a blender, combine white rum, pineapple juice, coconut cream, and a handful of ice cubes.
2. Blend until smooth and creamy.
3. Pour the mixture into a glass and garnish with a pineapple wedge.

STRAWBERRY DAIQUIRI

Ingredients

1. 2 ounces (60 ml) white rum
2. 1 ounce (30 ml) lime juice
3. 1 ounce (30 ml) simple syrup (equal parts sugar and water dissolved together)
4. 4-5 fresh strawberries
5. Ice cubes

Instructions

1. In a blender, combine white rum, lime juice, simple syrup, and fresh strawberries.
2. Add a handful of ice cubes and blend until smooth.
3. Pour the mixture into a glass and garnish with a strawberry.



GIN AND TONIC WITH CUCUMBER AND MINT

Ingredients

1. 2 ounces (60 ml) gin
2. 4-6 ounces (120-180 ml) tonic water
3. 4-5 cucumber slices
4. 4-5 fresh mint leaves
5. Ice cubes

Instructions

1. In a glass, muddle the cucumber slices and mint leaves gently.
2. Add ice cubes to the glass.
3. Pour gin over the ice and stir gently.
4. Top it off with tonic water and give it a final stir.
5. Garnish with a cucumber slice and mint sprig.



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VALLEY PROMOTIONS

Sierra Says

HYPNOTIST ENTERTAINMENT

90 MINUTES OF FAMILY FRIENDLY FUN!

- WEDDINGS
- BACHELORETTES
- STAFF EVENT
- BARS
- ETC.

Sierra Franklin

EMAIL TO BOOK
MovingMountainsHypnotherapy@gmail.com



Lasting Memories & Big Laughs!

MOVIES IN THE MOUNTAINS

Monday Nights at Dark Pothole Park Downtown Invermere

Mon July 3- The Princess Bride
 Mon July 10- The Sandlot
 Mon July 17-Weekend at Bernie's
 Mon July 24-The Wolf and the Lion
 Mon July 31-Footloose
 Mon Aug 7- Sonic the Hedgehog
 Mon Aug 14-Free Guy
 Mon Aug 21- Luca
 Mon Aug 28- Fireheart

Presented by the
District of Invermere

Cash Concession Available
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Viewer Discretion is Advised.
May contain content that is not suitable for some audiences.




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Young Wizards Series:

A Spellbinding Journey of Magic, Adventure, and Growth

Step into a world where ordinary young individuals are bestowed with extraordinary powers, embarking on a mesmerizing journey to become the next generation of wizards.



Diane Duane's Young Wizards series takes readers on a captivating ride filled with magic, adventure, and profound themes of friendship, sacrifice, and the power of imagination. In this review, we will explore the enchanting world of Young Wizards and delve into the reasons why this beloved book series has captured the hearts of readers young and old.

Richly Imagined World: Duane's mastery lies in crafting a richly imagined world that seamlessly blends the realms of fantasy and reality. The series follows Nita and Kit, two young wizards who discover a hidden world of magic and are tasked with protecting Earth from malevolent forces. From the mysterious and sentient "Manual" that guides their spells to the vast Cosmic Court, Duane's world-building is intricate and expansive, capturing the imagination of readers and inviting them into a universe brimming with wonder and possibilities.

Complex Characters and Relatable Themes: At the heart of the Young Wizards series are its compelling characters. Nita and Kit, along with a cast of memorable supporting characters, undergo personal growth and face profound challenges throughout their wizarding journey. The exploration of themes such as identity, loss, and the power of choice adds depth and resonance to the narrative. Readers are drawn to the relatability of the characters and their struggles, forging a deep emotional connection that transcends the fantastical setting.

The Magic of Language: One of the unique aspects of the Young Wizards series is Duane's use of language as a central element of magic. The incantations and spells in the books are not mere whimsical phrases but intricate compositions that tap into the fabric of reality itself. Duane's mastery of wordplay and lyrical prose adds an extra layer of enchantment to the reading experience, immersing readers in the magic-infused world and making them feel as if they, too, could grasp the threads of the universe through the power of words.

Thought-Provoking Themes: While Young Wizards is undeniably a thrilling fantasy series, it also addresses thought-provoking themes that resonate beyond the pages. The books explore the nature of good and evil, the consequences of one's actions, and the ethical dilemmas faced by the characters. Duane's nuanced approach encourages readers to reflect on their own choices and the impact they can have on the world around them, fostering a sense of responsibility and empathy.

Enduring Relevance: Despite the series' initial publication in the 1980s, the Young Wizards series has maintained its relevance and continues to captivate new generations of readers. Its timeless themes and universal messages about the power of imagination, the importance of friendship, and the strength to face adversity resonate across time and cultures. The series stands as a testament to the enduring appeal of well-crafted storytelling and its ability to transcend age and era.

MAGIC
CARPET
BOOKS

So You Want to Be a WIZARD

"Outstanding."
—THE HORN BOOK

Diane Duane

Character Review: Nita Callahan from Young Wizards

Nita Callahan, one of the central protagonists in Diane Duane's *Young Wizards* series, is a remarkable character who captures the hearts of readers with her determination, vulnerability, and unwavering loyalty. From the moment we meet her, Nita's fierce intellect and innate curiosity shine through, making her a relatable and inspiring protagonist.

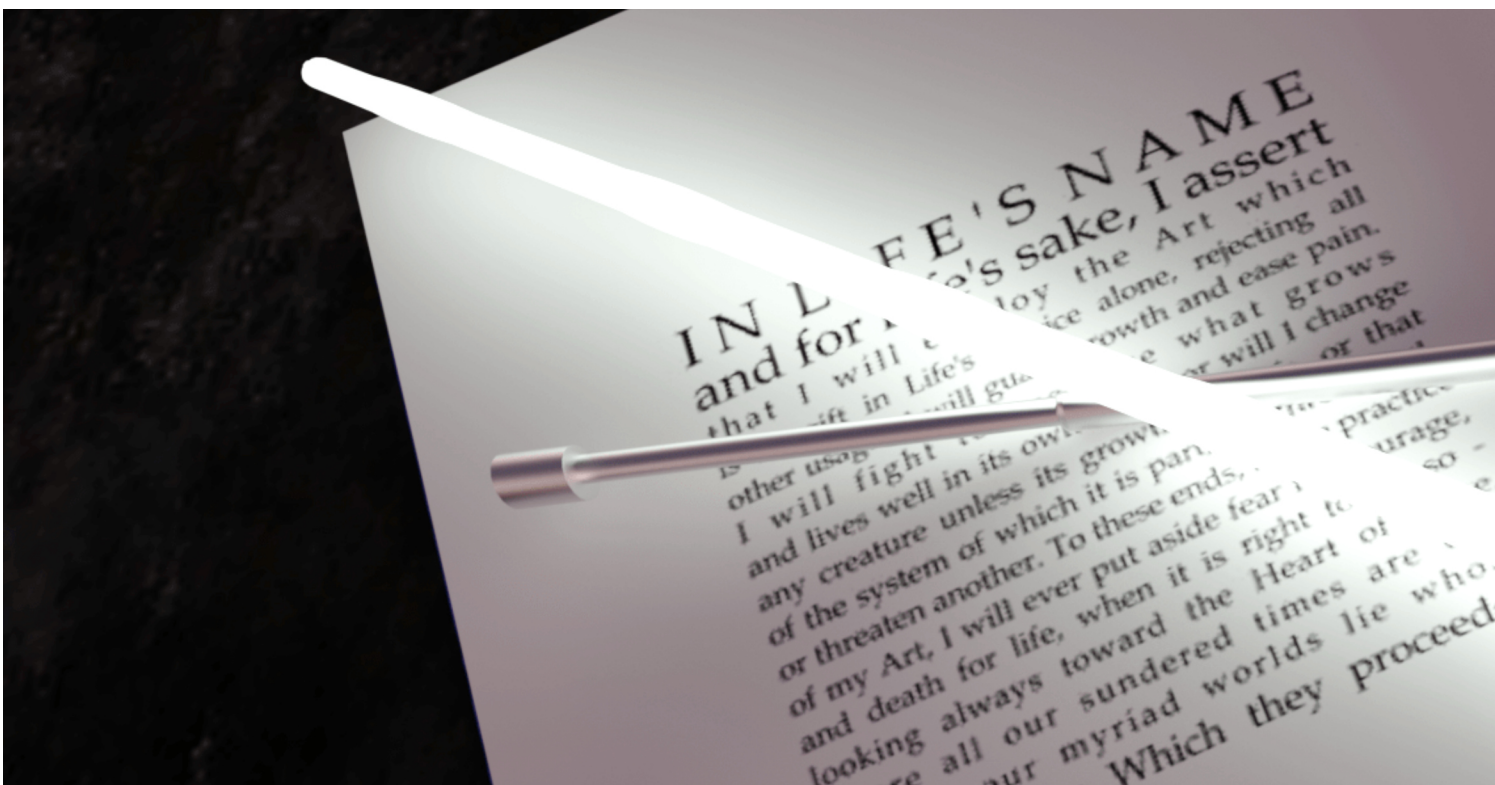
Nita's journey as a young wizard is not just about discovering her magical abilities but also navigating the complexities of life. Duane skillfully portrays her as a multidimensional character, allowing readers to witness her growth and development throughout the series. Nita's strength lies not only in her magical prowess but also in her compassion and willingness to put others before herself.

What sets Nita apart is her deep sense of responsibility. She shoulders the weight of the world, understanding the consequences of her actions and the impact she can have on those around her. Nita's vulnerability adds to her authenticity, as she grapples with self-

doubt and the pressures of her role as a guardian of the universe. Her journey is a testament to the power of resilience, as she faces daunting challenges and learns to trust in herself and her abilities.

Nita's relationships, particularly her friendship with Kit Rodriguez, highlight her capacity for empathy and unwavering support. As they navigate the trials and tribulations of their wizarding journey together, Nita's steadfast loyalty and belief in Kit become pillars of strength for both characters. Her growth as an individual is intertwined with the growth of their friendship, creating a bond that readers can't help but root for.

In summary, Nita Callahan is a captivating and relatable character whose journey as a young wizard encompasses not only magic but also the complexities of life. Her intelligence, resilience, and unwavering loyalty make her a character that readers can't help but admire and cheer on. Through her struggles and triumphs, Nita teaches us the power of empathy, self-discovery, and the indomitable spirit of a true hero.



Character Review: Kit Rodriguez from Young Wizards

Kit Rodriguez, a central character in Diane Duane's *Young Wizards* series, captivates readers with his wit, courage, and unwavering determination. From his first appearance, Kit's vibrant personality shines through, making him a memorable and lovable character in the realm of young adult fantasy. Kit's journey as a young wizard is characterized by his growth from a reluctant participant to a formidable force in the battle against darkness. Duane presents Kit as a character who thrives on intellectual challenges, using his cleverness and quick thinking to navigate the magical world. His resourcefulness and ability to think outside the box make him an invaluable asset in the face of adversity.

What makes Kit endearing is his sense of humor and lightheartedness, even in the face of danger. His quips and one-liners provide moments of levity, offering a respite from the gravity of their magical battles. Kit's charm lies in his ability to find joy in even the darkest of situations, reminding readers of the importance of maintaining a positive outlook in the face of challenges.

As Kit's friendship with Nita Callahan deepens, readers witness his unwavering loyalty and dedication. Kit's support for Nita goes beyond mere camaraderie, as he becomes her anchor in times of uncertainty. His growth as an individual is intertwined with their friendship, as they navigate the intricacies of wizardry together. Kit's devotion to Nita serves as a testament to his character, showcasing his loyalty and selflessness.

Kit's personal journey is one of self-discovery and acceptance. As he grapples with his own fears and doubts, readers witness his evolution into a confident and self-assured wizard. Kit's

The *Young Wizards* series by Diane Duane is a spellbinding journey into a world of magic, adventure, and profound exploration of themes. With its richly imagined world, complex characters, and thought-provoking narratives, the series has firmly established itself as a beloved staple of the fantasy genre. Whether you're a young reader discovering the series for the first time or an adult revisiting the magical realm of Nita and Kit, the *Young Wizards* books offer an immersive experience that will leave you enchanted and inspired long after you turn the final page.





**EVERY TUESDAY
EVENING
7PM - 9PM
\$5 / PLAYER**

VOLLEYBALL NIGHTS

**COLUMBIA LAKE RECREATION CENTRE
3050 HWY 93/95, WINDERMERE, BC
FRIENDS@COLUMBIALAKERECCENTRE.COM
250-342-0804**

VALLEY PROMOTIONS

Radium Hot Springs - Curbside Chipping

... is on June 20th!!

The Village of Radium Hot Springs has organized a **free FireSmart pickup day for woody material, June 20th**. Sign up to have a chipper come by and remove slash from your home at no charge to you. **Call the Village Office (250) 347-6455 ext. 1 to register.**

You can protect your home and your neighbourhood by removing and pruning (up to 8 feet from the ground) coniferous trees on your property. The chipping crew from Green Leaf Tree Services will take care of the branches.



Branch Size:

- Minimum size 3 feet, maximum size 8 feet in length. Short pieces can jam the chipper and larger pieces will be left for homeowner disposal.
- Max diameter of 10 inches (22cm).
- Stack the branches by the roadside prior to June 20th and **after you have registered** with the Village Office at 250-347-6455 ext. 1.
- There are a limited number of spots available and they are in a First Come First Served basis

Branch Piles Stacking Guidelines:

- ✓ Curbside stacking; cut-ends facing the road. Ensure the piles are accessible, and not tied
- ✓ Only put out tree branches; no root balls, no yard waste, no bark chips and no construction materials of any type, etc.
- ✓ Organized piles make for smoother and faster work
- ✓ Each pile can only be 1 cubic yard 3ft X 3ft X 3ft and each household is limited to 3 piles
- ✓ Have a look around your property and if the FireSmart clean-up is more than you can handle call Green Leaf Tree Services to help

Wildfire season will soon be here and BC will see significant wildfires. The time to protect your home is now!



Business reviews



Blooming World Invermere

Located in the heart of Invermere, BC, Blooming World is a premium cannabis retailer that prides itself on offering top-quality products and exceptional customer service. The company is dedicated to providing a safe and welcoming environment for cannabis enthusiasts, with knowledgeable staff who are passionate about the industry.

At Blooming World, customers can choose from a wide range of cannabis products, including dried flower, edibles, concentrates, and more. The store carries products from some of the most trusted and respected brands in the industry, and all products are lab-tested to ensure purity and potency.

One of the things that set Blooming World apart from other cannabis retailers is its commitment to education. The store's staff are experts in all things cannabis, and they are always happy to answer questions and provide guidance to customers. Whether you are new to cannabis or

a seasoned enthusiast, the staff at Blooming World can help you find the perfect product to meet your needs. Another thing that makes Blooming World stand out is its dedication to community involvement. The company regularly participates in local events and fundraisers, and it is committed to giving back to the Invermere community. This commitment to community involvement has earned the store a loyal following among local residents, who appreciate its dedication to making a positive impact in the area.

Overall, if you're looking for a premium cannabis retailer with exceptional customer service and a commitment to community involvement, Blooming World in Invermere is the place to go. With a wide selection of high-quality products and knowledgeable staff who are passionate about the industry, this store is a must-visit destination for cannabis enthusiasts in the area.



BRITISH COLUMBIA CONSERVATION FOUNDATION

The British Columbia Conservation Foundation (BCCF)

The British Columbia Conservation Foundation (BCCF) is a non-profit organization that has been dedicated to the protection and conservation of British Columbia's wildlife and ecosystems for over 25 years. Through its various programs and initiatives, the BCCF has made significant contributions to the preservation of the province's natural resources and the promotion of sustainable environmental practices.

One of the BCCF's primary focuses is the conservation of endangered species and their habitats. The organization works closely with government agencies, other non-profit organizations, and private landowners to develop and implement conservation strategies that help protect threatened species such as grizzly bears, salmon, and caribou.

In addition to its work on endangered species, the BCCF also works to promote sustainable resource management practices. Through its Forest Stewardship Council certification program, the organization helps forestry companies ensure that their operations are environmentally responsible and socially beneficial. The BCCF also provides educational resources and support for private landowners to help them manage their land in a way that benefits both their property and the environment.

The BCCF's efforts have not gone unnoticed. Over the years, the organization has received numerous awards and recognition for its conservation work, including the Queen Elizabeth II Diamond Jubilee Medal and the Canadian Environmental Award for Lifetime Achievement.

However, the BCCF's work is far from done. With ongoing threats to British Columbia's wildlife and ecosystems, the organization continues to expand its efforts and work towards a more sustainable and environmentally conscious future. The BCCF's success serves as a testament to the importance of conservation efforts and the positive impact that can be achieved through collaboration and dedication.

In conclusion, the British Columbia Conservation Foundation is an organization that has made significant contributions to the protection and conservation of British Columbia's wildlife and ecosystems. Through its various programs and initiatives, the BCCF has helped preserve endangered species and promote sustainable resource management practices. The organization's ongoing efforts serve as an inspiration for others to work towards a more sustainable and environmentally conscious future.



June 20

6:30 p.m.

Invermere Senior's Hall

\$300 Jackpot

All over 19 welcome

Only CASH Prizes

11 games for \$20 (6 cards)

Lucky 7 & diamond extra games \$2

Doors Open at 5:30 p.m.

VALLEY PROMOTIONS

JUST KEEP
RUNNING
WALKING
MOVING



INDOOR TRACK
MEMBERSHIP SALE
\$50 FOR THE SUMMER
JUNE, JULY, AUGUST

HOURS:
MONDAY - FRIDAY 9AM - 9PM
WEEKENDS 10AM - 4PM
OPEN TO EVERYONE!!!

QUESTIONS?
250-342-0804
FRIENDS@COLUMBIALAKERECENTRE.COM
3050 HIGHWAY 93/95

Gamer's Corner

Hogwarts Legacy: A Magical Journey into the Wizarding World



Step into the enchanting realm of magic and wonder as you embark on an unforgettable journey through the hallowed halls of Hogwartz School of Witchcraft and Wizardry.

Developed by renowned game studio Spellbound Games, "Hogwarts" is a captivating and immersive gaming experience that allows players to fulfill their lifelong dreams of attending the prestigious school of magic. In this review, we will delve into the intricate details and captivating gameplay that make "Hogwarts" a must-play for fans of the Wizarding World.

Graphics and Visuals: One of the first aspects that will catch your eye when playing "Hogwarts" is its stunning

graphics and visually enchanting world. From the grandiose architecture of the castle to the lush landscapes of the grounds, the attention to detail is extraordinary. Each room and corridor of Hogwarts School has been faithfully recreated, giving players a true sense of being immersed in J.K. Rowling's beloved universe. The vibrant colors, magical effects, and seamless animations bring the world of "Hogwarts" to life in a truly awe-inspiring manner.

Gameplay and Exploration: "Hogwarts" provides players with an open-world experience, allowing them to explore the sprawling school grounds, interact with familiar characters, and participate in a wide range of magical activities. Whether attending classes, engaging in Quidditch matches, or unraveling mysteries, the game offers a diverse set of quests and challenges that keep players engaged and eager to discover what lies around the next corner. The ability to customize your character, choose your house, and engage in spell casting duels adds depth and excitement to the gameplay, ensuring that every moment spent in the Wizarding World is filled with anticipation.

Story and Narrative: The narrative of "Hogwarts" is a true delight for fans of the original Harry Potter series. The game seamlessly weaves in familiar elements and characters, capturing the essence of the Wizarding World and its rich lore. As players progress through the game, they become part of an engaging storyline, encountering magical creatures, solving puzzles, and facing both internal and external challenges. The narrative is well-paced and filled with surprises, providing a compelling reason to continue playing and unravel the secrets hidden within the

walls of Hogwarts.

Sound Design and Music: The sound design in "Hogwarts" is nothing short of enchanting. From the creaking staircases to the whimsical tunes playing in the background, every sound effect immerses players further into the magical world. The familiar score composed by the legendary John Williams, as well as new compositions, adds an additional layer of authenticity and nostalgia. The voice acting is top-notch, with characters voiced by talented actors who bring the beloved Hogwarts residents to life, further enhancing the overall immersive experience.

"Hogwarts" is a true testament to the passion and craftsmanship of Spellbound Games. It successfully captures the spirit of the Wizarding World and allows players to live out their dreams of attending Hogwarts School of Witchcraft and Wizardry. The breathtaking visuals, immersive gameplay, compelling storyline, and remarkable sound design make this game a must-play for both die-hard Harry Potter fans and gaming enthusiasts alike. "Hogwarts" is a magical journey that will transport you to a world of wonder, friendship, and adventure like never before.





HEAL TO IGNIGHT

A SUMMER SOLSTICE EVENT

RADIUS RETREAT.BC

JUNE 21 & 22, 2023

VINYASA FLOW YOGA - MEDITATION WALK
COLD PLUNGE - FOREST BATHING - CACAO
CEREMONY - DRUM MEDITATION
THERAPEUTIC DRUM CIRCLE - YOGA + PLANT
SPIRIT PLAY - RESTORATIVE YOGA
REIKI - BREATH WORK
AND MORE



TICKETS & INFORMATION
AVAILABLE AT: [RADIUSRETREAT.COM](https://radiusretreat.com)



VALLEY PROMOTIONS




**CUISINE & CULTURE
IN SOUTHERN ITALY - ADULT ONLY TOUR
OCTOBER 17 -26, 2024**

Information and Enrollment ZOOM Meeting March 12, 2023 at 7pm	ADULT \$5,843 or \$298/ 19 mos
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Tour price includes:
Airfare & transportation, Hotels, Breakfast and Dinner daily, Entrances, Full-time Tour Director, expert local guides, Global Travel Protection Plan, Cooking Class in Rome

For more information & too request the meeting invite
Contact Jen Hegedus -Elk Valley Travel Club Tour Leader
elkvalleytravelclub@gmail.com




FLOOR HOCKEY

Drop In! ALL Ages Welcome

**MONDAY EVENINGS
5PM - 7PM
\$5 / PLAYER**

questions? 250-342-0804
friends@columbialakereccentre.com
3050 Highway 93 / 95
Windermere, BC



picking up the hoops
Short Film Premiere

Picking up the Hoops is a film following the journey of the children from Edgewater Elementary School learning about their Indigenous culture through traditional dancing and teachings. We welcome you to join us for the screening of our film with live performances from the children!



WHERE: Radium Community Center

TWO SHOWINGS: Thursday June 8 - 6:00 & 7:00 pm

Live performances from the Eagle Spirit Dance Troupe from Edgewater Elementary School along with film screenings. Entry is free of charge.

Members of the film production in attendance.

Radium Hot Springs Public Library

**STORYTIME
at the Library**

Every Wednesday at 11:15 a.m.



All ages welcome



Radium Hot Springs Public Library
4963 Stanley St
Radium Hot Springs, British Columbia V0A 1M0 | 250-347-2434
<https://radium.bc.libraries.coop/>

Mansion of Evil

5 Upcoming Horror Movies That Will Send Chills Down Your Spine



For horror enthusiasts and adrenaline junkies, the anticipation of spine-tingling movies that will keep them on the edge of their seats is an exhilarating experience.

In this feature article, we present five upcoming horror movies that are set to unleash terror and captivate audiences with their thrilling narratives, bone-chilling scares, and haunting atmospheres. Brace yourself for an unforgettable cinematic journey into the depths of fear.

1. "Dark Reflections": Directed by a rising talent in the horror genre, "Dark Reflections" delves into the terrifying realm of mirrors. As a young couple moves into a historic mansion, they soon discover an antique mirror with a malevolent presence. With each glimpse into its eerie reflections, their lives spiral into a nightmare of distorted realities and vengeful apparitions. Prepare for a mind-

bending, supernatural horror experience that challenges perceptions and leaves audiences questioning their own reflections.

2. "Whispering Shadows": "Whispering Shadows" takes viewers on a haunting exploration of an abandoned asylum. A group of urban explorers delves into the decaying corridors of the infamous institution, unaware of the malevolent forces lurking within. As the secrets of the asylum's dark past unravel, they find themselves trapped in a nightmarish reality, tormented by vengeful spirits. This atmospheric horror film promises psychological suspense, atmospheric scares, and a chilling glimpse into the darkness of the human psyche.

3. **"The Forgotten Ones"**: In this atmospheric creature feature, "The Forgotten Ones" follows a group of researchers venturing deep into an uncharted rainforest. Seeking answers about an ancient civilization, they unwittingly awaken a primordial force that unleashes an unimaginable horror upon them. As the tension rises and their numbers dwindle, the survivors must confront their deepest fears and fight to escape the clutches of an ancient evil. Get ready for heart-pounding action, primal terror, and a relentless battle for survival.

4. **"Cursed Silence"**: Combining elements of psychological horror and supernatural thrills, "Cursed Silence" explores the chilling consequences of a deadly curse. When a renowned author moves into a secluded cabin to overcome a writer's block, he unwittingly awakens a malevolent spirit that feeds on creativity. As his imagination runs wild, he descends into madness, unable to distinguish between reality and the terrifying creations of his own mind. Brace yourself for a mind-bending journey into the twisted depths of artistic torment.

5. **"The Haunting of Everwood Manor"**: In a nod to classic haunted house tales, "The Haunting of Everwood Manor" follows a young family who moves into a seemingly idyllic country estate. However, as they settle into their new home, they discover the dark secrets hidden within its walls. Eerie apparitions, malevolent spirits, and a tragic history intertwine to create a supernatural nightmare. With stunning cinematography, atmospheric scares, and a gripping narrative, this haunted house horror promises to keep audiences spellbound.

As the horror genre continues to push boundaries and explore the depths of fear, these five upcoming movies promise to leave audiences trembling in their seats. From supernatural terrors to psychological torment, each film brings a unique blend of scares, suspense, and captivating storytelling. Get ready to immerse yourself in the chilling worlds of "Dark Reflections," "Whispering Shadows," "The Forgotten Ones," "Cursed Silence," and "The Haunting of Everwood Manor" as they redefine horror and deliver unforgettable experiences for fans of the genre.



Elk Valley Travel Club

PARTNERED WITH EF TOURS

EDUCATIONAL TRAVEL OPPORTUNITIES

Youth grade 8-12

Elk Valley Travel Club provides international education travel opportunities for youth to experience travel abroad. Providing experiences that encourage critical thinking, problem solving, teamwork and a new understand of the world around them. We offer Education, Volunteer Service and Adventure tours in over 50 countries around the globe.

Students that participate on our tours are positively impacted and often return home more confident, motivated, leaders and role models in their community.

Our travel partner EF Tours are the world leaders in international education with over 55 years experience and provide exceptional safety and security while traveling abroad.

BELL'ITALIA October 17, 2023

Venice, Florence, Rome,
Sorrento Region and Capri!

Enrollment closes June 15, 2023

Visit our tour page for all the details!
<https://www.eftours.ca/2505890vf>



VALLEY PROMOTIONS

Cranbrook Radio Club Society

Cranbrook Radio Club is currently looking for a vehicle for the Charity

A Van or Small SUV would work perfectly for what we need it for. As we are a Not for Profit, our funds are limited, but would be prepared to issue a Taxable receipt for the value of the Donation.

Please Call: 250-919-9625

DONATIONS NEEDED

www.cranbrookarc.ca



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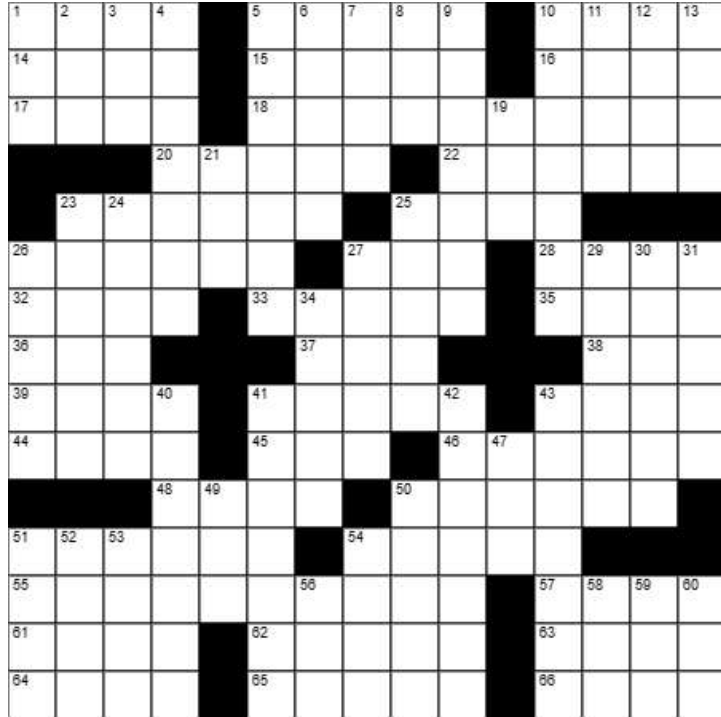


iHeartCraftyThings.com

A LITTLE FUN

Across

1- Mayberry moppet; 5- Milan's La ____;
 10- Yard tunneler; 14- ____ on first?;
 15- Provide food; 16- Hip bones; 17-
 "The Mod Squad" role; 18- Serums;
 20- Biblical brother; 22- Chant; 23-
 Flexible; 25- Biblical birthright seller;
 26- Erase; 27- Female gametes; 28-
 Cincinnati team; 32- Gaelic language
 of Ireland or Scotland; 33- Occupied;
 35- Quod ____ demonstrandum; 36-
 Fulfilled; 37- Damage; 38- Cellular
 stuff; 39- Change for a five; 41- Check
 words; 43- Quarter, e.g.; 44- Lab fluids;
 45- Nav. officer; 46- Hornless; 48-
 Radius neighbor; 50- Horrify; 51- Free;
 54- Tumults; 55- Depression from lack
 of company; 57- Lacking slack; 61-
 Kitchen addition; 62- Papal garment;
 63- Sorts; 64- Penury; 65- Scruffs; 66-
 Jazz singer Laine;



Down

1- Nocturnal bird; 2- Fraternity letter; 3-
 Charge carrier; 4- One on the run; 5-
 Bright red color; 6- Slender boat; 7-
 Env. notation; 8- Circle of flowers; 9-
 Craftsperson; 10- Batter; 11- Mixed bag;
 12- Waterfall; 13- Smooth sailing;
 19- ____ roll; 21- Appropriate; 23-
 Tranquil; 24- Northern Ireland province;
 25- Tennis champ Chris; 26- Band's
 sample tapes; 27- Rubber-stamps; 29-
 "Misty" composer Garner; 30- Hebrew
 prophet; 31- Endure; 34- Maytag brand;
 40- Pan-fried; 41- Annuity; 42- Objects;
 43- Fragmental; 47- Choose; 49-
 Like Abner; 50- Grocery lane; 51- Small
 secluded valley; 52- Routine; 53- Poker
 payment; 54- Harvest; 56- Heston's org.;
 58- Entirely; 59- Luau instrument; 60-
 General on Chinese menus;

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9	8							5
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4		9	3			2		
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		6			5	4		1
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6							5	9
	3							

